

SACHET Pakistan

Society for the Advancement of Community
Health Education and Training

Promoting Human Development

ساشے پاکستان

ادارہ برائے معاشرتی ترقی، صحت، تعلیم و تربیت

انسانی ترقی کے فروغ کے لئے کوشاں

19th Annual Progress Report 2017

*Contributing to the social and economic development of the
disadvantaged communities in Pakistan since 1999*

پاکستان میں ۱۹۹۹ء سے محروم طبقوں کی
معاشری اور معاشرتی ترقی میں معاون

www.sachet.org.pk



SACHET Medical clinic at Japan Road, Gagri

Governing Body

Dr. A.Q. Khan, NI & Bar, HI	Founder, President
Lt. Gen. (R) Dr. Riaz Ahmed Chowhan, HI (M)	Member, Board of Directors
Prof. Justice Muhammad Al-Ghazali	Member, Board of Directors
Prof. Dr. Mushtaq Ahmed Khan	Member, Board of Directors
Prof. Dr. Khalida Waheed	Member, Board of Directors
Brig. (R) Sajawal Khan Malik, SI (M)	Member, Board of Directors

Executive Management

Mr. Muhammad Faheem	Secretary General
Mr. Amin Muhammad	General Manager
Mr. Aatif Nuhullah	General Manager (Acting)
Dr. Shahana Hashim	Incharge SCDP Banigala
Dr. Eshrat Ehsan	Incharge SCDP Pinyali
Dr. Kanwal Riaz	Incharge SCDP Gagri
Dr. Afsheen Nisar	Incharge SCDP Pathargarh

Legal Status

Registration Number	VSWA/ICT/306
Registration Date	May 5, 1999
National Tax Number (NTN)	2298778-9

SACHET (Society for the Advancement of Community Health Education and Training) is a Pakistani organization registered on May 05, 1999 under the Voluntary Social Welfare Agencies (Registration and Control Ordinance 1961) issued and authorized by Islamabad Capital Territory Administration, Govt. of Pakistan.

Legal Advisers

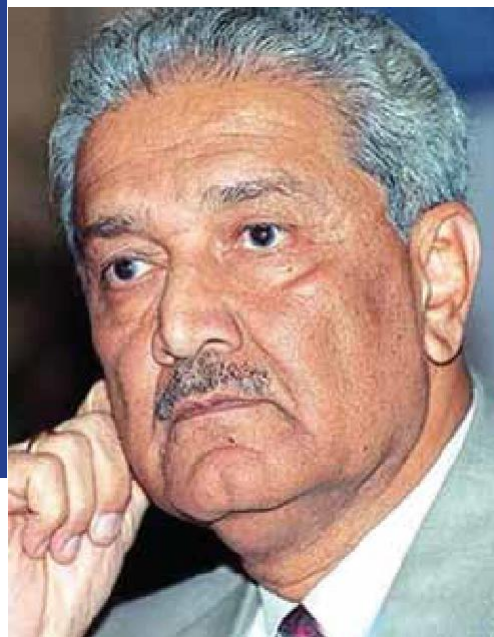
M/s Mandviwalla & Zafar Advocates, Islamabad
www.mandviwallaandzafar.com

Auditors

M/S Riaz Ahmad & Company, Chartered Accountants
www.racopk.com

Message from the President

Dr. A.Q. Khan NI & Bar HI
Founder and President



It is a matter of immense satisfaction that during the year 2016-17 Society for the Advancement of Community, Health, Education and Training-Pakistan made successful strides, in expanding its service to the rural communities.

To recount, in the thematic area of health, the medical clinics of the Society, treated 36,735 cases of communicable and non-communicable diseases, resulting in 21,546 patients receiving free medical treatment. Patients treated a year earlier i.e. during 2015-16 were 20,722.

Under education program, 104 persons (82% male & 38% female) received basic and advanced computing skills, enabling them for job as well as preparing them for further studies.

To enhance income generating capacity of rural women, 299 girls were given 6-months training in designing, cutting, stitching and embroidery. In addition, 64 women entrepreneurs were trained in beautician skills and in operating beauty salons on commercial basis.

To impart lifesaving life enhancing training, awareness and skills to the under privileged, Society has been holding its popular "Behnan de Mehfil" and "Bhrawan Di Mehfil" sessions since inception. Community members keenly join these informative seminars and during the year, 1,890 persons participated.

Society also implemented two important pro-women projects in collaboration with Aurat Foundation, USAID, and Punjab Skills Development Fund (PSDF). Society encouraged young lawyers of District Bar Association of Rawalpindi in taking up pro-women cases by extending training, setting up facilitation kiosks, documentation and research of cases relevant to pro-women laws. Under a project, sponsored by the Punjab Skills Development Fund (PSDF), Society trained 336 girls in four trades of textile production and marketing. This enabled them to earn their livelihood in addition to their family income.

As the following pages of the 19th Annual Report show, Society increased its financial resources by generating its own income without reliance on cash donations. Society believes in self-reliance in carrying out all its programs.

The task of empowering communities in a social order with about thirty percent of poverty and fifty eight percent of literacy in Pakistan is enormous and requires sustained efforts by all and sundry to ameliorate the conditions of the disadvantaged. In the field of nutrition alone, about 44% of Pakistani children are estimated by the UNICEF to be suffering from malnutrition. This effects adversely the development efforts of the state, due to poor health of mothers and children. SACHET remains eager to collaborate with domestic and international organizations, like UNICEF, WHO, Global Alliance for Improved Nutrition, the US Centers for Disease Control, Nutrition International and others for including Nutrition Programs in its future efforts.

Society acknowledges with gratitude, cooperation extended by the communities served and by the Aurat Foundation, USAID, Punjab Skills Development Fund, pharmaceutical companies like Hilton Pharma & Wilson Pharmaceuticals, philanthropists like Daikin and Afzal Corporation. Society looks forward to their cooperation in future as well.

The guidance received from the members of the Board of Directors is highly appreciated. Management of the Society admirably shouldered their responsibilities within the available resources.

Introduction

SACHET-Pakistan (Society for the Advancement of Community, Health, Education and Training) is a multi-dimensional, forward looking, gender sensitive and environmental friendly welfare cum development oriented organization. As a grass root community development, non-profit organization, SACHET-Pakistan is making its contribution to the disadvantaged communities since 1999. The organization's name reveals its four key program areas i.e. health, education, livelihood, and training.

SACHET's programs are both need and right-based; with provision of free primary health care, education with emphasis on female education, trainings, skills development, poverty alleviation cum income generation, child protection, prevention of violence against women and harassment. Removal of discrimination in society on the basis of gender, class, ethnicity, religion, cultural diversity is at the heart of our programs.

Geographical Coverage

Since inception, SACHET is recognized as a leading community development organization in Pakistan and has served the communities in all four provinces including Gilgit Baltistan and Azad Jammu Kashmir through several innovative and community driven projects.

The permanent areas of intervention of SACHET's programs include districts of Islamabad, Rawalpindi and Attock through its Community Development Centers located at Banigala, Gagri, Pinyali and Pathargarh.

Thematic areas

1. Free delivery of primary health services and care to the poor and indigents on sustainable basis, in particular to the mother and children.
2. Reproductive health services and dissemination of awareness for the protection of rights of the stakeholders in this field.
3. Violence against women, girls and children, within the broader domain of reproductive health programming.
4. Skills development with focus on income generating programs for both male and female members of the community at the grass roots.
5. Formal education (primary and secondary) through strengthening public sector educational institutions.

Beneficiaries

1. Children, adolescents and youth, women and men indigents particularly for health, education and skills development training programs within the communities served.
2. Female victims and survivors of violence for health, education and socio-economic empowerment programs.
3. Women, girls, men and boys for interventions aimed at ending gender based violence, including dowry violence and other gender issues.
4. Disaster hit, underserved and underprivileged communities of rural Pakistan.
5. Community elders, local government administrators, artisans, teachers, religious leaders, lawyers, media practitioners.



Progress Highlights 2016~17

This part of the Annual Report contains the details of services provided to communities during the financial year 2016-17 (19th year in a row), under thematic areas; namely primary health care, basic education, skills development, advocacy and awareness, implemented at SACHET Community Development Programs located at Islamabad, Rawalpindi and Attock Districts including head office of SACHET.

Helping Mothers bring up Healthy Children

Dr Kanwal Riaz attending a child patient
at SACHET Clinic Gagri

Health Program Highlights 2016~17

RAH (Responsible Actions for Health) program aims to improve the health status of marginalized segments of society in target communities by facilitating access to quality healthcare services including the preventive healthcare. During the FY (Financial Year) 2016-17, the four SCDP clinics remained open 250 working days.

36,735

Cases of Communicable
& Non-communicable
Diseases managed



21,546

Patients received
free medical care



7,575

Male Patients
treated



13,971

Female patients
treated



3,481

Zakat entitled
patients received
free health care



SACHET Clinic Pinyali



SACHET Clinic Gagri



6,386

Patients treated at
SCDP Gagri, Japan
Road Islamabad
District



5,660

Patients treated
at SCDP Banigala,
village Lakhwal,
District Islamabad

5,502

Patients treated at
SCDP Pinyali, Tehsil
Kahuta District
Rawalpindi

3,998

Patients treated at
SCDP Pathargarh,
Tehsil Hassanabdal
District Attock



3,634

Patients received
maternal health
care



3,266

Received
family planning
services



2,096

Patients received
emergency
medical care

717



Cases referred
to tertiary care

3,507



Received injectable
medication services

Morbidity data at four SCDP clinics 2016-17

S.No	Process Indicator	Pathargarh	Gagri	Banigala	Pinyali	Total
SECTION A: Patients Turnover						
1	Average turnover per day	16	35	23	22	96
2	Number of baby boy patients (0-6 weeks)	208	11	7	26	252
3	Number of baby girl patients (0-6 weeks)	158	20	24	31	233
4	Number of children patients (boy 1-9 year)	311	564	641	876	2,392
5	Number of children patients (girl 1-9 year)	322	862	766	893	2,843
6	Number of males 9-19 years Married/unmarried	174	450	399	332	1,355
7	Number of females 9-19 years Married/unmarried	378	635	619	425	2,057
8	Number of males 19-30 years Married/unmarried	246	500	531	198	1,475
9	Number of female 19-30 years Married/unmarried	732	1,008	1145	873	3,758
10	Number of male above 30 years	272	717	554	558	2,101
11	Number of female above 30 years	1,197	1,619	974	1,290	5,080
12	Total Number of Patients turnover in clinics	3,998	6,386	5,660	5,502	21,546
SECTION B: Number of Patients Categorized by Clinical Cases						
13	Number of Antenatal care beneficiaries	288	684	47	113	1,132
14	Number of Postnatal care beneficiaries	205	311	8	5	529
15	General Gynae Patients	273	756	100	119	1,248
16	General Obstetrics Patients	232	477	2	14	725
17	Total Maternal Health Care Patients	998	2,228	157	251	3,634
18	Number of ASD Patients	160	249	181	146	736
19	Stitches	37	0	2	0	39
20	Nebulizer	235	86	67	224	612
21	Number of ultra-sound Patients	30	120	0	0	150
22	Others	232	108	140	79	559
23	Total Emergencies treated at clinics	694	563	390	449	2,096
24	Number of New Family Planning clients	550	296	57	351	1254
25	Counseling	406	268	85	483	1242
26	Condoms	117	44	100	55	316
27	Pills (packet)	120	8	35	42	205
28	Injections	59	75	56	58	248
29	IUCDs	0	0	1	0	1
30	Total Family Planning Patients	1,252	691	334	989	3,266
31	Number of TT Injections administered	28	63	65	25	181
32	Number of other injectable administered	729	530	819	1248	3326
33	Total Number of Injectable Medicines	757	593	884	1,273	3,507
34	Number of Emergency referral cases	70	74	0	311	455
35	Number of Non-Emergency referral	62	156	44	0	262
36	Total Referral Cases	132	230	44	311	717
37	Others	165	2,081	3,851	2,229	8,326
38	Total of Section B	3,998	6,386	5,660	5,502	21,546
SECTION C: Diseases Reported During FY 2016-17						
39	Number of cases with communicable diseases	3,077	2,819	3,265	2,268	11,429
40	Number of cases with non-communicable diseases	10,275	6,367	2,909	5,755	25,306
41	Total Number of diseases reported	13,352	9,186	6,174	8,023	36,735
42	Total Number of Zakat patients in all SCDPs	2,265	142	0	1,074	3,481

Many times one patient is diagnosed with two or more diseases, so he or she is provided free medication essentially required for all diseases keeping in view the rational use of medicine. In other words, the total number of patients visiting SCDPs may differ from total number of diseases treated. Medicine consumption reports are prepared according to the number of diseases treated in all SCDPs every month. Normally one patient who visits SCDP gets medicine for 3 days with the exception of Antibiotics which are given for a complete duration of therapy. Also all SCDPs are equipped to provide basic emergency care to the ones who need basic emergency services.

Total Number & Percentages of cases reported with Communicable Diseases									
Clinical Condition	Banigala		Pathargarh		Pinyali		Gagri		Total
	Figure	%	Figure	%	Figure	%	Figure	%	Figure
Diarrheal Diseases including Gastro-enteritis	435	19.6	468	21.1	766	34.6	547	24.7	2,216
Eye infection	192	16.1	419	35.2	156	13.1	424	35.6	1,191
Measles	7	10.2	32	46.4	20	28.9	10	14.5	69
Mumps	12	25.5	14	29.8	4	8.5	17	36.2	47
Acute Respiratory Tract Infection (ARTI)	2,564	40	1,541	24.1	810	12.7	1,486	23.2	6,401
Scabies	35	4.2	329	39	171	20.3	308	36.5	843
STDs	0	0	245	99.1	0	0	2	0.9	247
TB	1	3.8	23	88.5	0	0	2	7.7	26
Malaria (suspected)	19	4.9	6	1.5	341	87.7	23	5.9	389
Total	3,265	28.6	3,077	26.9	2,268	19.8	2819	24.7	11,429

Total Number & Percentages of cases reported with Non-Communicable Diseases									
Clinical Condition	Banigala		Pathargarh		Pinyali		Gagri		Total
	Figure	%	Figure	%	Figure	%	Figure	%	Figure
APD/Hyperacidity	405	14.9	1242	45.7	475	17.5	594	21.9	2,716
Arthritis	17	1.9	249	27.2	128	14	520	56.9	914
Asthma	80	11	426	58.2	98	13.4	128	17.4	732
Body Aches	401	10.9	1650	45	898	24.5	714	19.6	3,663
Diabetes	82	13.8	47	7.9	101	17	364	61.3	594
Ear infection	88	4.6	302	16.1	1315	70.1	172	9.2	1,877
Goiter	0	0	7	36.9	0	0	12	63.1	19
Hypertension	210	10.6	1012	51	177	8.9	585	29.5	1,984
Jaundice	0	0	40	42.6	9	9.6	45	47.8	94
Mouth & Tooth infection	214	16.1	709	53.2	235	17.6	174	13.1	1,332
Urinary Tract Infections	108	6.8	588	37.3	135	8.5	750	47.4	1,581
Wounds	169	22.9	293	39.7	144	19.5	132	17.9	738
Reproductive Track Fungal Infections	265	36	181	24.5	136	18.5	155	21	737
Skin Infections other than scabies	412	19.8	743	35.7	411	19.8	515	24.7	2,081
Anemia	104	4	1235	48.1	701	27.3	530	20.6	2,570
Others	51	4.9	20	1.9	376	35.7	605	57.5	1,052
Worms Infestations	157	13	663	55.2	174	14.5	208	17.3	1,202
Allergy	146	10.3	868	61.1	242	17.1	164	11.5	1,420
Total	2,909	11.5	10,275	40.6	5,755	22.7	6,367	25.2	25,306

Education Program Highlights 2016~17

Education is one of the program areas of SACHET committed to its mission of promotion of human development in neglected areas, with an aim to provide equal and improved opportunities of education to the disadvantaged.

SACHET's education program focuses on the provision of functional and vocational education to under-served and disadvantaged student communities in Rawalpindi, Islamabad and Attock districts.

104

Received computing skills
(basic and advanced
computing, hardware
operations and
maintenance



65

Boys received
computing
skills



39

Girls received
computing
skills



Computer Training Centre SCDP Pinyali



Craft Training Centre SCDP Gagri



Beautician Training Centre SCDP Pinyali

Poverty Alleviation cum Income Generation Program (PACIG) Highlights 2016~17

PACIG Program aims to enable the disadvantaged communities especially women to pursue for economic empowerment. SACHET believes to help reduce the burden of ill-health due to poverty, integrating provisions of health services with opportunities of income generating skills through vocational trainings offered at three permanent centers established in district Islamabad, Rawalpindi & Attock.



113

Women trained at SCDP Pinyali, District Rawalpindi

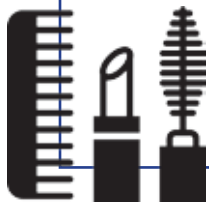
36

Women trained at SCDP Pathargarh, District Attock

150



Women trained at SCDP Gagri, District Islamabad



64

Rural women entrepreneurs trained on beautician skills and operations of beauty salon.

36

Women trained at Beautician training center SCDP Pinyali, District Rawalpindi

28

Women trained at Beautician Training Center, SCDP Gagri District Islamabad.



Women assembly at SCDP Pathargarh

“There is immense power when a group of people with similar interests gets together to work toward the same goals.”
–Idowu Koyenikan

Awareness and Advocacy Program Highlights 2016-17

SACHET has been holding gender specific advocacy gatherings known as 'Behnan di Mehfil, Bhrawan di Mehfil' in local communities of Islamabad, Rawalpindi and Attock District. Mehfls are regularly held as an appropriate mechanisms for initial sensitization, followed by active involvement and voluntary participation by women, men, girls and boys to develop healthy habits. Topic covered in these Mehfls include family planning, health and hygiene, precautionary measures to avoid diseases like HIV & AIDS, Hepatitis, Diabetes, Seasonal Diseases for adults and children and awareness regarding gender based violence.



227

Awareness raising sessions organized at four Community Development Program locations



1,890

Community members participated in the awareness and advocacy sessions



Behnan de Mehfil at SCDP Banigala



Independence Day Celebrations

To mark the occasion of Independence Day of Pakistan, SACHET organized a full day funfair for women, girls and children at SCDP (SACHET Community Development Program) Gagri located on Japan Road Sihala district Islamabad on 16th August 2016. The main objective for organizing the event was to celebrate Independence Day of Pakistan by engaging local community members especially women, girls and children of Gagri and surrounding villages.

More than 150 community members including women and children, teachers and principals of local schools, religious leaders, representatives of the local council of Gagri and adjacent villages participated in the event.





Defense Day Celebrations

A day long fun fair was held at SCDP Pinyali, located at Main Kahuta Road, District Rawalpindi on 8th September, 2016 jointly organized by SACHET head office and SCDP Pinyali team for the women, girls and children. The event was organized to commemorate Defense Day of Pakistan by engaging local community members of Pinyali and surrounding villages. Furthermore the event aimed to create local support from communities for the long term sustainability of services at SCDP Pinyali.

Around 200 community members including women and children, teachers and principals of local schools, religious leaders, representatives of the local council of Pinyali and adjacent villages participated in the event.



Cooperation & Partnerships 2016~17

Strengthening of District Bar Association

In November 2016, SACHET, was awarded a partnership grant under cycle-11 of the Gender Equity Program (GEP) of USAID managed by Aurat Foundation, to implement a project on "Strengthening of district bar association and setting up facilitation kiosk in courts" at district court Rawalpindi. The project aimed to improve women's access to justice; expand economic opportunities for women; advocate for women's social and political empowerment; support survivors of gender-based violence; and build the capacity of government and civil society to prevent, respond to, and eliminate gender-based violence.



The objectives of the project were:

1. Enhancing gender equity by expanding women's access to justice and women's human rights across Pakistan.
2. To improve women's access to justice by capacitating and strengthening the role of District Bar Associations in GEP select districts.
3. It is envisioned to accomplish protecting women's legal rights.
4. Encouraging pro-bono services to women litigants.
5. Facilitation of information dissemination hubs for women seeking legal assistance.



Training session of women lawyers at SACHET Training Center, Islamabad



Women lawyers of Rawalpindi Bar Association during orientation and launching ceremony of project



Project was officially launched on 9th February, 2017 at Flash men's Hotel Rawalpindi, by inviting relevant district level stake holders from public and private sector, legal fraternity, media etc. It was attended by almost 200 participants. The President District Bar Association Rawalpindi, Mr. Sajjad Akbar Abbasi and Secretary General SACHET- Pakistan, Mr. Muhammad Faheem signed the Memorandum of Understanding (MoU) for the smooth execution and implementation of the project in district court Rawalpindi.

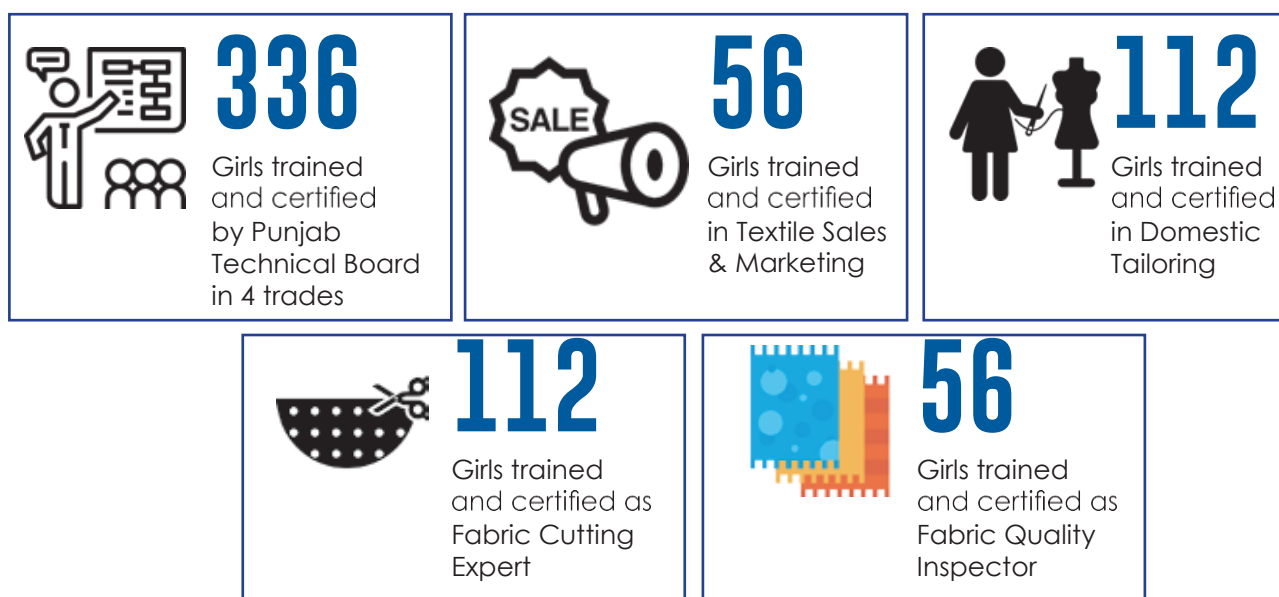
Some major milestones were achieved during the brief project period such as completion of need assessment exercise to upgrade district bar association's office, formation of district women support group, setting up of facilitation kiosks at district court Rawalpindi, training of 45 lawyers on gender friendly legal practices, documentation and monitoring of case studies on Muslim family laws, child custody laws and pro women laws. The IEC material-Booklet on Pro women Laws (both English & Urdu), Posters, Banners, Standees and other publications were designed and developed over the period of time.

Women Focused Training under Punjab Skills Development Fund (PSDF)

In December 2016, SACHET-Pakistan was selected as an implementing partner of Punjab Skills Development Fund to impart skills training for girls in Rawalpindi District. PSDF is a not-for-profit company set up under the Companies Ordinance 1984 by the Government of the Punjab in collaboration with Department for International Development UK. SACHET launched a 6 months skill oriented training program for the girls of Rawalpindi district in trades of Textile Sales and Marketing, Fabric Quality Inspector, Domestic Tailoring, Fabric Cutting Expert. The trainings were organized at three approved training facilities of SACHET located in SCDP Gagri, SCDP, Pinyali and SACHET Training Center Islamabad with collaboration of Punjab Skilled Development Fund.



The project successfully achieved its mandated objective to facilitate and ensure TEVTA (Technical Education and Vocational Training Authority) approved skills development training for the unemployed women and girls and empowering them to earn livelihood for themselves.





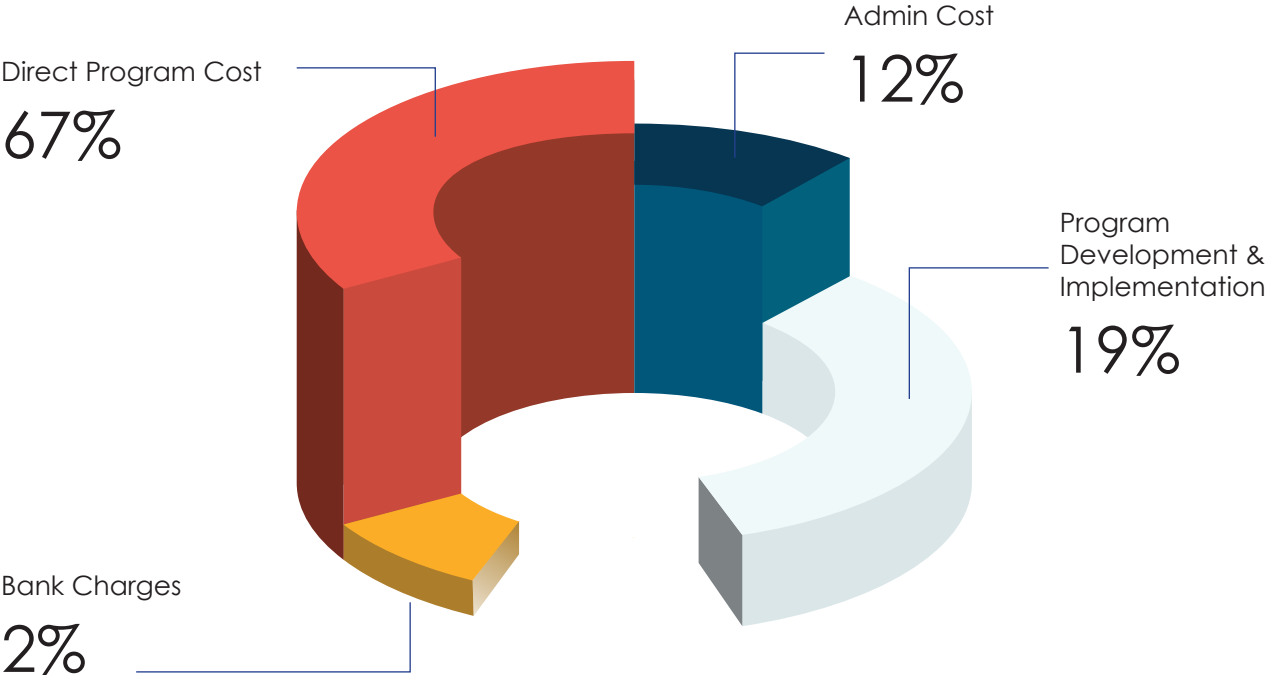
Financial Summary FY 2016~17

	2017	2016
Income	Amount in PKR	Amount in PKR
Receipt from Zakat and Ushar Committee	1,000,000	1,000,000
Amortization of Deferred Income	1,844,711	1,844,711
Income from Partnership Programs	5,840,180	300,000
Investment Income	12,274,176	12,274,176
Other Income	5,070,241	2,674,929
Total	26,029,308	18,093,816
Expenditure		
Admin Cost	3,037,977	
Program Development & Implementation Cost	4,648,054	7,569,928
Direct Program Cost	16,661,380	11,145,672
Bank Charges	46,873	4,946
Total	24,394,284	18,720,546
Endowment		
National Saving Certificates	102,350,000	102,350,000
Bank Deposits	1,732,376	687,279
Land and Immovable Property	20,819,956	17,570,159
Cash in hand	43,000	43,000

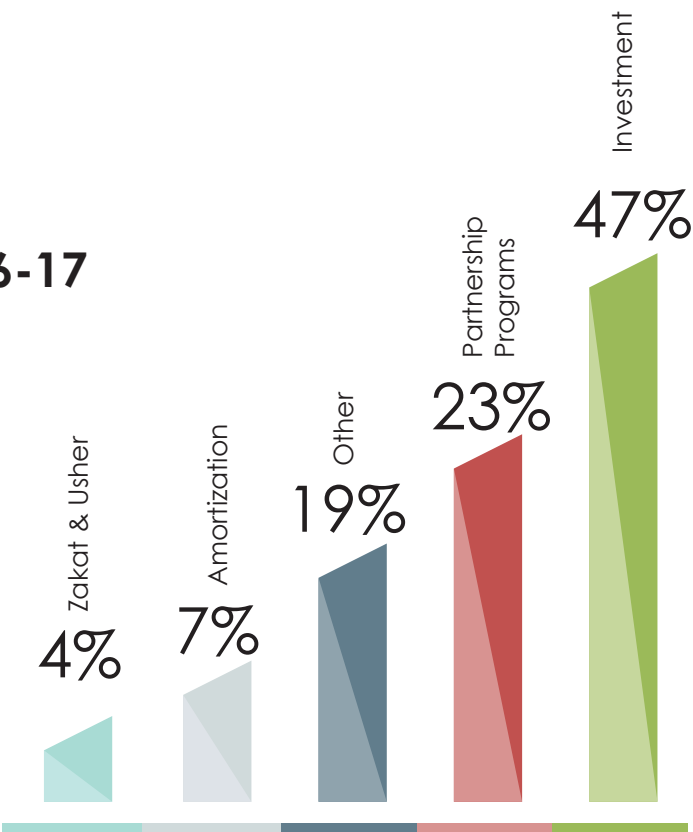
The detailed audit report for the year closing June 30 2017 can be found on SACHET's website (www.sachet.org.pk).

Accounts audited by M/s Riaz Ahmad & Company (Chartered Accountants)
www.racopk.com

Expenditure (2016-17)



Income 2016-17



Head Office

SACHET Pakistan, Al-Babar Center, Park Road, F-8 Markaz,
Islamabad Pakistan 44000

Phone: 0092-51-2254933, 2256799 **Fax:** 0092-51-2254933

Email: info@sachet.org.pk

Program Unit offices

SACHET Community Development Program Unit, Banigala Village
Mohra Noor, Near Rawal Dam Banigala, District Islamabad

Phone: 0092-51-2612629

SACHET Community Development Program Unit, Gagri Village
Gagri Japani Road, Sihala, District Islamabad

Phone: 0092-51-4485525

SACHET Community Development Program Unit, Pinyali Village
Pinyali Main Kahuta Road, District Rawalpindi

Phone: 0092-51-4980094

SACHET Community Development Program Unit, Pathar Garh
Babraki Village Pathargarh, Hassan Abdal, District Attock

Phone: 0092-51-2562416

