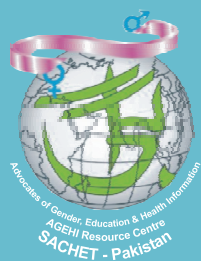




*Contributing to the social and economic development
of underprivileged communities in Pakistan since 1999*



SACHET – Pakistan



Society for the Advancement of Community, Health, Education & Training
www.sachet.org.pk

annualreport2009

SACHET – Pakistan

Society for the Advancement of Community, Health, Education & Training

Contributing to the social and economic development of underprivileged communities in Pakistan since 1999.

Without gender biases, class, creed or color divide, SACHET is disseminating awareness, extending services in primary health care, rehabilitating elementary schools, providing financial support to students; imparting skill development and extending capacity building trainings.

Annual Report 2009



SACHET – Pakistan

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References:

SACHET-Pakistan Internal Reports

Published By:

AGEHI Resource Centre, SACHET-Pakistan
Al-Babar Centre, Park Road, F-8 Markaz, Islamabad.

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Design & Layout: Kareem Muhammad

Printed at: Ideal Graphics, Islamabad.

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Acknowledgement

A very special thanks to the local communities of Rawalpindi, Islamabad, Attock, Northern Areas and Chakwal for their cooperation extended to SACHET-Pakistan for implementing programs of social and economic development. Special thanks are also due to the respective local authorities, provincial departments, concerned federal ministries and departments. Without their moral, administrative as well as material support, it would not have been possible to serve the under-privileged.

Exempted from income tax under Govt. Of Pakistan, Central Board of Revenue's Notification No. SO-III-26(288)/2001-2002-7779 Dated: 27-04-2002 and renewed dated 10-04-2006, under section 2 (36) of the income tax ordinance 2001. Exempted u/s 58(3) of the income tax ordinance 2001.

Vision

SACHET strives, in partnership with communities, public and civil society organizations, to develop a society based on three core values of sustainable human development i.e. self esteem, freedom of choice and tolerance; a society where all have equal access to opportunities and justice irrespective of gender, color, creed, race and status.

Mission

“Promoting human development of the underprivileged in gender perspectives”

Goal

Providing access to health, education and livelihood opportunities without discrimination.

Values

For SACHET-Pakistan, as an institution and for SACHET team, as individuals, the cherished values are commitment; empathy, tolerance, loyalty, integrity, peace, gender sensitivity and dedication without discrimination to keep our road sense intact in our journey.

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LIST OF ACRONYMS

AFC	Adolescent Friendly Centres
AGEHI	Advocates of Gender, Education and Health Information
AIDS	Acquired Immune Deficiency Syndrome
AJK	Azad Jammu and Kashmir
ARH	Adolescent Reproductive Health
ASRH	Adolescent Sexual Reproductive Health
BCC	Behavior Change Communication
BHU	Basic Health Unit
BoD	Board of Directors
CBO	Community Based Organization
CDA	Capital Development Authority
CEO	Chief Executive Officer
CHC	Community Health Centre
CHE	Community Health Educators
CSO	Civil Society Organization
DoSTI - YAN	Dare to Sensitize, Train & Inform - Youth Advocacy Network
DPO	District Project Office
EC	European Commission
EDO	Executive District Officer
FAD	Fight Against Dowry
FADAN	Fight Against Dowry Advocacy Network
FGD	Focal Group Discussions
GBV	Gender Based Violence
IEC	Information, Education and Communication
LHW	Lady Health Workers
LSBE	Life Skill Based Education
MDGs	Millennium Development Goals
MiRAS	Mobilization of Resources and Sustainability
MMR	Maternal Mortality Rate
MNCH	Maternal Neonatal Child Health
MOH	Ministry of Health
MoU	Memorandum of Understanding
NGO	Non Governmental Organization
PACIG	Poverty Alleviation cum Income Generation
PHC	Primary Health Care
PSU	Program Support Unit
RAH	Responsible Action for Health
RHC	Rural Health Centre
RHIA	Reproductive Health Initiatives for Adolescent
SCDP	SACHET Community Development Program
SRH	Sexual Reproductive Health
STDs	Sexually Transmitted Diseases
STIs	Sexually Transmitted Infections
TBA	Traditional Birth Attendants
TNA	Training Need Assessment
ToT	Training of Trainers
UC	Union Council
UNFPA	United Nations Population Fund

SACHET Pakistan
Society for the Advancement of Community, Health, Education & Training

annual report 2009

MESSAGE FROM THE PRESIDENT, SACHET

By the grace of Allah Almighty, SACHET Pakistan has successfully completed its first decade of community services while serving the under privileged population of Pakistan.

Pakistan entangled by various social, economic, religious, security and injustices requires unity among its inhabitants aimed at inculcating a sense of productive citizenship and social upliftment of marginalized communities. SACHET-Pakistan has been successfully impacting the lives of communities living since ages with disadvantaged socio economic conditions and deprived environment through direct services delivery as well as advocacy for their civic rights.

Through contributing towards national development since inception in 1999, SACHET-Pakistan envisaged to adopt holistic approach of community development encompassing issues related to health, education, and livelihood. It is imperative to develop the capacity of human resource to generate, mobilize and utilize the resources effectively and sustain the change. In a male dominant society, SACHET-Pakistan undertook the challenge of empowering women folks through sensitization on rights and privileges.

SACHET-Pakistan has also been effectively engaged in creating gender sensitivity at all strata by working with right holders and gatekeepers. SACHET-Pakistan strongly believes in protecting and safeguarding social norms, religious thoughts and cultural values while executing development interventions in the diversified communities.

The achievements of SACHET-Pakistan have been made possible by the vision, dedication and commitment of its highly motivated team working in Attock, Chakwal, Rawalpindi and Islamabad and volunteers working all over Pakistan as well as the support and participation of the local communities in each district, local, provincial and federal authorities, INGO's and development agencies.

I would like to sincerely thank all the colleagues and the members of the Board of Directors, our team of social development professionals, volunteers, well wishers, philanthropists and International aid and development agencies for helping us financially and morally in our achievements.

I look forward to their continued support and cooperation to keep the journey consistently moving ahead, progressively growing and expanding.

Dr. Abdul Qadeer Khan, NI & Bar, HI
President, SACHET Pakistan



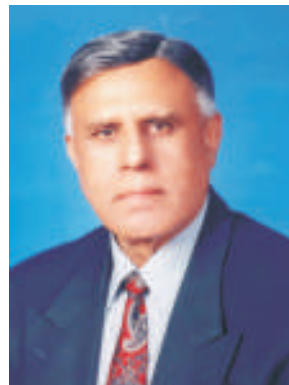
MESSAGE FROM THE CHIEF EXECUTIVE DIRECTOR

SACHET-Pakistan has successfully completed ten years of dedicated social development services to the under-served communities. The achievements in service delivery and advocacy made by SACHET-Pakistan in areas of Education, Health, Poverty Alleviation and Training during the period are meritorious and highly commendable.

Sense of ownership among the target beneficiary and continuity of our programs are some indicators of our result oriented advocacy and communication programs leading to an improved practices and behavior. This change consequently ensures compliance and adoptability of positive changes on a sustainable basis. Our interventions and programs are deeply concerned in protecting social, cultural, ethical values and religious believes.

This achievement and progress has been made possible by the guidance from President, Dr. Abdul Qadeer Khan, NI & Bar, HI and Board members of SACHET-Pakistan as well as dedication and commitment of highly motivated team of SACHET. At the end, I would like to express gratitude from myself and on behalf of organization for continued encouragement, valuable professional and intellectual and financial support offered to us by partners, local philanthropist and international aid agencies for the noble cause.

Brig. Sajawal Khan Malik, SI (M)
Chief Executive Director, SACHET Pakistan



NOTE FROM THE SECRETARY GENERAL, SACHET

During 2008-2009, significant achievements and contributions were made in improving the life standard of marginalized and under-served population. Multi-dimensional service delivery programs of SACHET, like primary health care, skill development training programs for Income generation, advocacy and awareness on social issues made discernable impact on the lives of program beneficiaries of the Rural and Urban areas of Pakistan. As the following report will indicate, during the year the dedicated coverage and extent of SACHET's services were provided to larger number of persons / communities. The first phase of RAH Islamabad and RHIA Chakwal projects focused on empowerment of adolescents through capacity building on reproductive health and life skills implemented by SACHET in partnership with Plan Pakistan was successfully implemented.

Report includes a chapter on aggregate achievements of targets over the ten years period.

The programs have been well received by the communities making a discernable impact on individuals and society around them.

All this would not have been possible without the wholehearted support of communities; munificent financial support from the generous donors, funding and support from the international development organizations as well as sustained facilitation of the President, Board directors of SACHET, management and dedicated services of employees and volunteers.

I hope that all the well wishers and supporter will continue to cooperate and join hands with us in future as well.

Muhammad Faheem, ndc
Secretary General, SACHET Pakistan





Exterior view of SACHET, Head Office in Islamabad.

INTRODUCTION

SACHET-Pakistan (Society for the Advancement of Community, Health, Education and Training) is a registered not for profit voluntary welfare cum development organization. In pursuance of strategies and programs conceptualization by the founders, SACHET-Pakistan started its work in a small but in a surefooted way by setting up in October 1999, primary health clinic at Shahdra - a rural area in Islamabad. Today four similar but more comprehensive primary health clinics, called the SCDPs are functioning at Pinyali, Ghagri, Banigala and Pather Garh.

SACHET-Pakistan is a pack of support and facilitation, working in four program areas: health, education, poverty alleviation cum income generation and trainings, through advocacy, behavior change communication (BCC), community partnerships, education, information dissemination, research, service delivery, training and youth involvement.

SACHET-Pakistan is a not donor-dependent, but a donor-friendly organization that sustains its activities through financial assistance from local and overseas Pakistani philanthropists. It accepts international assistance in the form of information exchange, thereby allowing sufficient room for networking with global support agencies and multilateral development institutes.

SACHET-Pakistan pioneered a Behavior Change Communication (BCC) advocacy TV serial for young people in 1999 for a nationwide outreach addressing reproductive health issues in the local context. SACHET-Pakistan is one of the mainstreams Civil Society Organization (CSO) which undertakes advocacy, service delivery, free health care services, training and research and focuses on the strategic development communication. The development models / programs developed by SACHET have been well received by the local, provincial and federal authorities as well as INGO's. The services of SACHET are increasingly being utilized by INGO's for implementing respective socio-economic development programs.

SACHET-Pakistan's work on various youth issues including HIV & AIDS have always incorporated indigenous

culture and local perspectives. SACHET-Pakistan views HIV&AIDS as modern reincarnation of plague, which causes unmatched psychological scare, physical maiming, stigmatization and social exclusion. Since SACHET-Pakistan's inception in 1999, it has allocated more than 20% of its resources (time, material & human resource) to the cause of HIV&AIDS by including it as an integral part of the organization's programs, policy and practices.

SACHET-Pakistan's work environment cultivates understanding and cooperation at the personal level, capacity building at the professional level and positive competition rather than rivalry at the organizational level. The office hierarchy virtually exists for the maintenance of discipline only. Working in SACHET-Pakistan is like working in a family where companionship and professionalism go hand in hand.

“Teamwork is the fuel that allows common people to attain uncommon results.”

In SACHET-Pakistan, capacity building and human resource development are one of the most distinct attributes of the work environment.

POLICY AND PRACTICES

The organization has a gender sensitive policy based on ethical values. Right from the inception, the organization has integrated clauses against harassment of women at the workplaces, discrimination against employees on the basis of gender class, ethnicity, religion, and cultural diversity as an integral part of the job contracts. All employees are hired on merit and after hiring under go a transparent performance appraisal periodically as well as annually.

MAIN THEMATIC AREAS

HEALTH – Free provision of Primary health care services, awareness and service delivery on issues effecting public health like reproductive health care, family planning, HIV and AIDS prevention, hepatitis and diarrhea.

EDUCATION – Primary and secondary formal education, computer literacy, documentation center, scholarships

TRAINING – Boys and girls vocational training centers, awareness campaigns

POVERTY ALLEVIATION – Income generating skill development programs, Shop-for-a-Cause a subsidized sales outlet for under privileged skilled workers; Sachet Art Gallery a forum for the exhibition of artisans work.

GENDER – Non-discriminating gender prospective is a cross cutting theme for all of SACHET's programs/activities.

YOUTH – Pakistani youth is the primary focus for all social investment initiatives for development.

TARGET AUDIENCE

- Children, Adolescents and Youth for health, education and training programs.
- Women, victims and survivors of violence for health, education and socio-economic empowerment programs.
- Women and girls, men and boys for interventions aimed to end gender based violence including dowry violence and addressing other gender issues



Chapter 1

SCDP- SACHET COMMUNITY DEVELOPMENT PROGRAM

Our program covers, with a holistic sensitization and awareness approach, such vital sectors as health-not merely confined to delivery of primary curative services; education not restricted to provision of free education and training which promotes human development with focus on poverty alleviation. The programs of SACHET target both individuals and community, with a bias towards younger population, without consideration of gender, color, caste or creed. SACHET strives to serve socially disadvantaged indiscriminately, belonging to any strata of the society.

IMPLEMENTATION STRATEGIES

For implementation of its programs, SACHET is following a successful three pronged strategy:

- a) delivery of tangible services like free primary health care, scholarship for academic studies, imparting of income generating skills etc;
- b) advocacy of alternate perspectives on social issues like family health, gender harmony, dowry, empowerment of the disadvantaged sections of the society and
- c) by establishing communication networks between and amongst male, female, and all segments of the community in order to enhance community welfare and community well being.

Research, training and organization of influential groups within the community to undertake capacity building opportunities extended by SACHET are main instruments of implementation strategies. The cutting edge of SACHET strategies is disseminating awareness and mainstreaming the disadvantaged, gender sensitization, fight against social retardants like over population, communicable and non communicable diseases including HIV- AIDS, violence against women, demand of dowry, poor nutrition, mother and child health and poor personal, family and community hygiene.



A rural mother and child receiving free medical examination and treatment at one of the SACHET free clinics in Pathar Garh, Hasanabdal.

A. HEALTH

Responsible Actions for Health

SACHET Health Program is packaged to promote healthy behaviors among the poor as well as to ensure access (cultural, geographical and financial) to the essential health care services especially the women and children of poor communities. Besides general health and hygiene, the health program has special emphasis on sexual and reproductive health especially of adolescents and youth.

SACHET-Pakistan at the time of inception in 1999, allocated 45% of the total budget to the Health Program. The program focused on expanding Family Planning/Reproductive Health service delivery and capacity building with a cross cutting theme of equity keeping in view advocacy cum initiatives rights based development approach. It is overwhelming to mention that the health budget was raised to 76% of the total budget of SACHET during the fiscal year 2009, which was the result of feedback from the stakeholders and situational analysis which identified the effective RAH Health Program in addressing the health needs of the rural communities. Health Program investments of SACHET now help in sustaining the need based service delivery and expands the basket of contraceptive choices, increase discourse around adolescent reproductive health.

Projects under health Programs are:

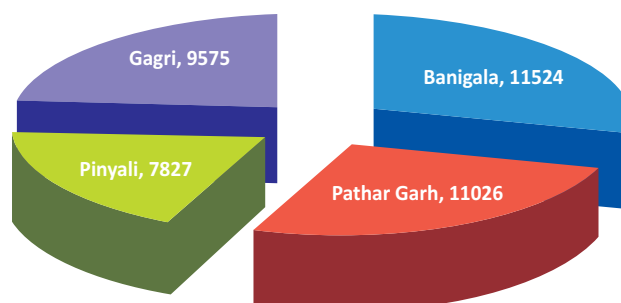
- a. SACHET Free Clinics
- b. Health Advocacy Assemblies with community (Behnan di Mehfil, Bhrawan di Mehfil)
- c. Charity Hospital Sirmik, Skardu
- d. Reproductive Health Initiatives for Adolescents (RHIA)
- e. Responsible Actions for Health (RAH)

A-1. SACHET FREE CLINICS

SACHET Free Clinics initiative comes under Health Program, the objective of this initiative is to provide free primary and reproductive health care to the disadvantaged communities facing barriers like financial, geographical or social inaccessibility to such services.

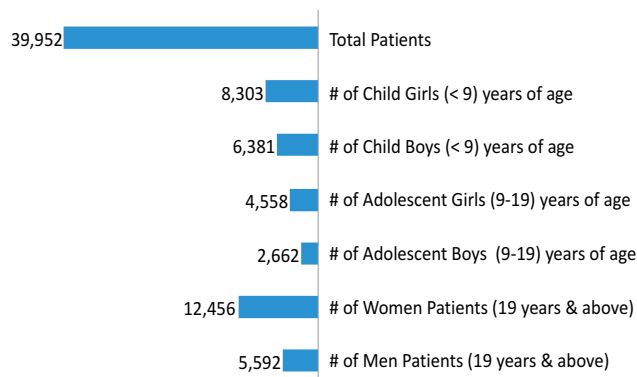
At the moment four (4) SACHET clinics offer free primary and reproductive health services (family planning counseling and services) and referral services with a provision of 153 different life-saving drugs, temporarily contraceptive products and health education to an estimated population of 100,000 of 57 villages located in Rawalpindi, Attock and Islamabad districts. The average daily turnover is 40 patients in each clinic. These four clinics provide a strong referral service for community patients requiring secondary and tertiary medical care. This aspect of health program needs augmentation by providing ambulance service at local level.

SACHET is also particularly focusing on halting the spread of HIV & AIDS by providing accurate information, dispelling taboos and discouraging attitudes and behaviors which fuel the epidemic. SACHET is also raising awareness of rights, information, education and services, through advocacy and media campaigns, theatrical performances, workshops through well-established Adolescent Friendly Centers (AFCs) and youth friendly centers (YFCs)

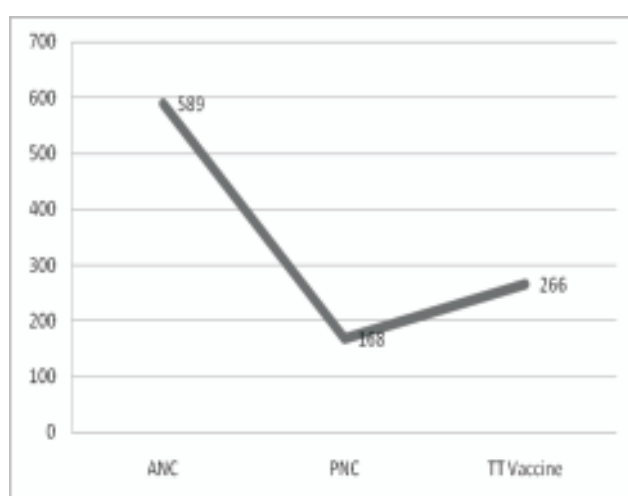


**Patients turnover SACHET Clinics
July 2008 - June 2009**

**Patients Turnover
July 2008- June 2009**



During the period (July 2008 to June 2009) medical care was provided to 39,952 patients with an average of 162 patients per day at all four clinics of SACHET. Working days for the clinics were 247 in whole year.



893 patients visited for Antenatal, Postnatal checkups and TT vaccinations during the reported period. The percentage of which is 59% ANC, 25% TT Vaccine and 16% PNC respectively.

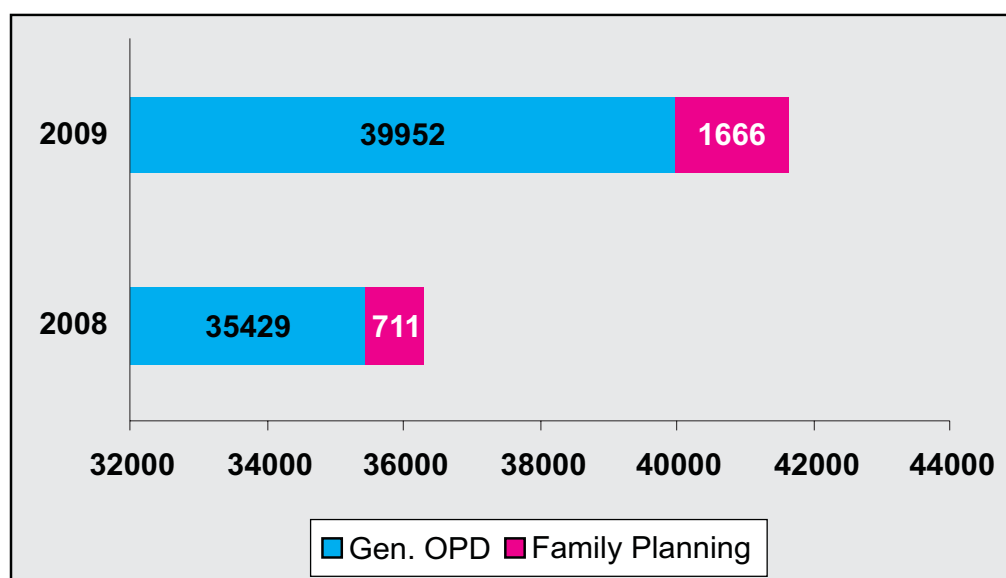


1,666 patients visited the clinics for the family planning counseling and services during the reported period. The percentage of which is 43 % and 57 % respectively

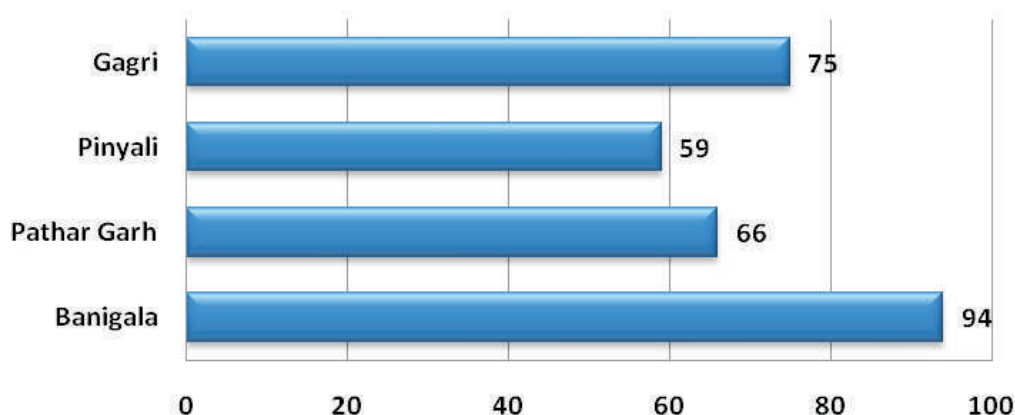
SERVICES OFFERED AT SACHET FREE CLINICS

- Primary Health Care
- Family planning counseling and services
- Sexual Reproductive Health (SRH) information, education and referral.
- Health education
- Antenatal and Postnatal care
- Growth monitoring of under 5 children
- Training of community health Committees
- Youth Specific health services
- Emergency Care

YEARLY COMPARISON OF PATIENTS AT SACHET FREE CLINICS



Patients Referred during Year July 2008 - June 09



BANIGALA CLINIC REFFERALS	
Health Facility	NO
POLICLINIC	78
Pakistan Institute of Medical Sciences	8
CDA HOSPITAL	3
Basic Health Unit	2
National Institute of Health	2
Combined Military Hospital	1

PINYALI CLINIC REFFERALS	
Health Facility	NO
Rural Health Centre SIHALA	19
Tehsil Head Quarter KAHUTA	28
Pakistan Institute of Medical Sciences	18

GAGRI CLINIC REFFERALS	
Health Facility	NO
Pakistan Institute of Medical Sciences	78
Rural Health Centre SIHALA	18
POLICLINIC	3
NOORI HOSPITAL	7
National Institute of Health	3
FOUJI FOUNDATION	2
SHIFA	2
Rawalpindi General Hospital	2

PATHAR GARH CLINIC REFFERALS	
Health Facility	NO
Tehsil Head Quarter WAH CANT	66

A-2. HEALTH ADVOCACY ASSEMBLIES

BEHNAN de MEHFIL / BHARAWAN de MEHFIL



Bharawan de Mehfil at SCDP - Banigala



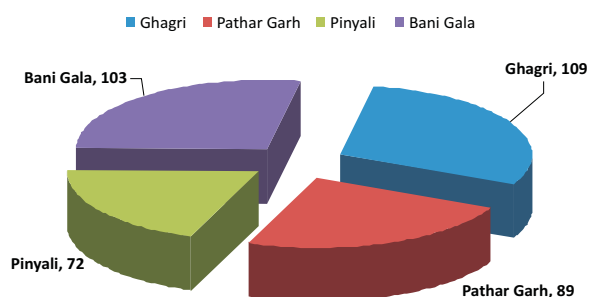
Behnan de Mehfil - Health awareness session at SCDP - Gagri

Health advocacy assemblies are widely known as Behnan di Mehfil and Bhrawan di Mehfil within the local communities. These Mehfils are regular features of SCDP under health program and used as a tool for involving and sensitizing women, men, girls and boys on health related and other social issues. These assemblies are widely acclaimed and accepted by the communities.

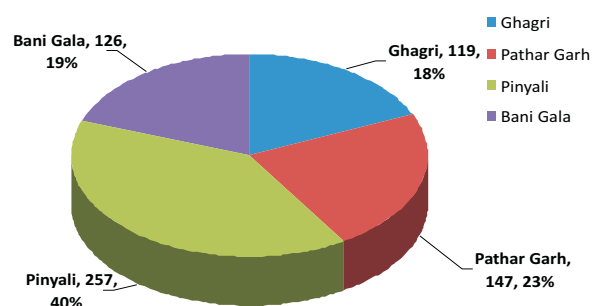
Topics discussed in these assemblies are family planning, health and hygiene, Hepatitis, HIV & AIDS, TB & Malaria, nutrition and immunization, Balance diet, exercise and healthy behaviors, awareness regarding the Gender based Violence (GBV) and Gender based issues are also provided.

The participants for these Mehfils are from different age groups of community. It includes the youth, opinion leaders and other influential from the community. Sensitizing them on these issues leads to the advocacy of the issues on the mass level in the community.

A total of 43 sessions were held in which a total number of 649 community members participated.



Turnover at Bharawan de Mehfil



Turnover in Behnan de Mehfil

A-3. CHARITY HOSPITAL

8th October 2005 earthquake shattered the North region and AJK, viewing the situation and destruction by the deadly catastrophe SACHET-Pakistan managed to provide health services to victims. SACHET-Pakistan converted Banigala Clinic into earthquake field relief hospital which started providing post-op care to children and adults. There were 3 wards comprising of 30 medical beds, an outpatient department (general OPD, MCH/Anti natal clinic), a fully equipped operation theatre, recovery room, emergency room, a minor OT, pharmacy and laundry in the hospital. Over a period of three months about 150 earthquake affected patients mostly children and women got quality medical treatment and fully recovered from this hospital.

After full recovery of earthquake affected patients from the field relief hospital Banigala in March 2006, SACHET management decided to utilize the available high quality medical equipment in another medical project in northern areas. A group of local philanthropists were identified from the remote area of Sirmik village located 75 KMs from the Skardu valley in Northern Areas who run a trust namely Zubaida Khaliq Memorial Trust. The trust is headed by renowned Surgeon Dr. Sikandar Hayat Khan who is also a native of Sirmik village. Trust provides health care and education to the people of this neglected region. SACHET supported the Trust in terms of providing complete medical equipment with a provision of 30 beds and state of the art operation theatre setup for the hospital. Currently it is a 70 bed hospital and providing free medical care.



Surgeries conducted by the renowned surgeons at Zubaida Khaleeq Memorial Trust Hospital in village Sirmik, Skardu.

According to the reports of Zubaida Khaleeq Memorial Trust, during 2008-09, 12,000 outdoor patients were treated and 600 admissions were conducted at the Trust hospital. Total number of operations were 495 including Laparactomies, Cholecystectomies, Gastrectomies, Hysterectomies, Laminectomies, Nephrectomy, Bowlsresection, Hip surgeries, Fractures, Pediatric surgeries, Hernias, Appendectomy conducted by eminent professors and assistant professors of teaching hospitals and medical colleges of Pakistan and abroad.

¹ Figures quoted from the official website of Zubaida Khaleeq Memorial Trust. Pictures courtesy-Zubaida Khaleeq Memorial Trust, Sirmik Baltistan.



Adolescents girls aged 9 to 13 years after health education session at adolescent friendly centre Chakwal.

A-4. RHIA

Reproductive Health Initiative for Adolescents

Reproductive Health Initiative for Adolescents (RHIA) is an initiative being implemented by SACHET in partnership with Plan Pakistan in the rural areas of Chakwal District. It is a project with rights based approach focused on adolescents' empowerment through their capacity building on various reproductive health issues and life skills. Adolescents falling in the age bracket of 9-19 years are key beneficiaries. Project has been further divided into three (03) sub age groups i.e. 9-13, 14-16 and 17-19 years of age in order to focus on varied needs of the adolescents called early, high energy and late adolescents respectively.

Project is being implemented at community level through focal implementation units called Adolescents Friendly Centres (AFCs) where adolescents gather and enhance their knowledge and skills. AFCs are hub of project activities being undertaken at community level.

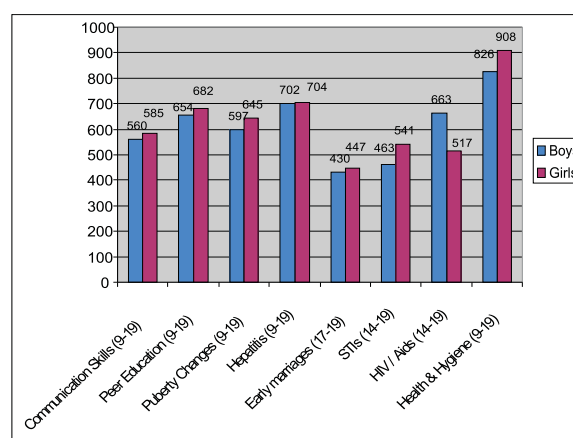
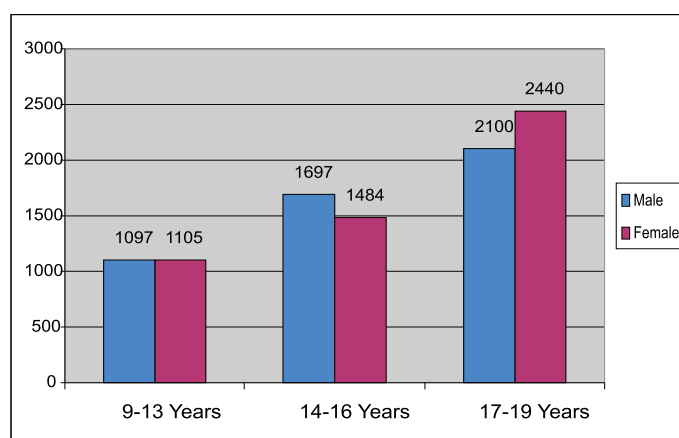
12 gender specific Adolescent Friendly Centres (AFCs) are established in the six selected villages of Chakwal District.

The project has adopted a holistic approach to ensure their empowerment; on one side it focuses on the capacity building of adolescents through improving their access to knowledge and skills and on the other side the project gives adequate importance to participation of community in ASRH programmes and enhancement of their understanding on ASRH specific issues. The RHIA project also attempts to enhance the access of services required by adolescents by building the capacity of gate keepers and right bearers through trainings and orientation sessions specially developed for Health Services Providers working at public health facilities, teachers working in schools and religious leaders and media professionals working directly with communities in target geographical locations. SACHET-Pakistan has successfully completed the pilot phase of RHIA project.

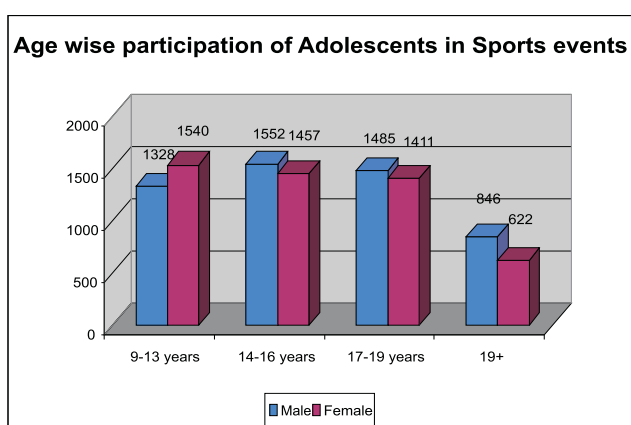
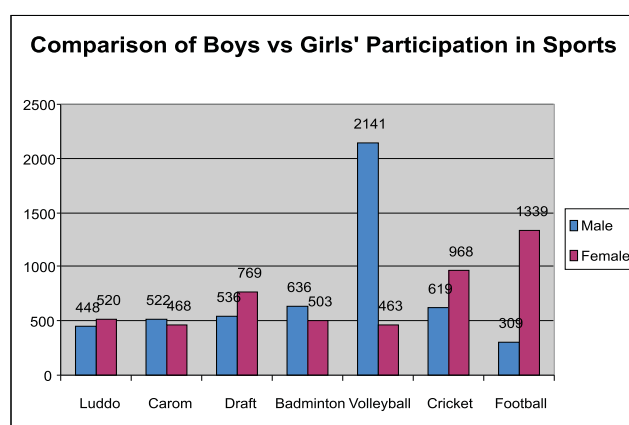
The current phase of the project covers the period between July 2008 to December 2009.

SERVICES PROVIDED AT AFCs

1. Sensitization & Counseling on issues:
 - Early Marriages
 - Career
 - Child Protection, RH Rights
2. Health Education Sessions
 - STIs including Hepatitis and HIV/AIDS
 - Puberty Changes
 - Family Planning
 - Health and Hygiene including Personal Hygiene
 - Life Skills
3. Sports (in door and out door)
4. Interactive Learning & Recreation (Exposure visits, Debates, Dialogue, National & International Days, Theatre, Declamation Contests, Poster competitions etc)
5. Library Services (with provision of age specific books)
6. Skill Development (Vocational Trainings, Computers, Sewing and Stitching)



PARTICIPATION OF ADOLESCENTS IN HEALTH EDUCATION SESSIONS, RHIA Chakwal



PARTICIPATION OF ADOLESCENTS IN SPORTS ACTIVITIES, RHIA Chakwal

CATEGORY & AGE	9-13	14-16	17-19	TOTAL
ADOLESCENT GIRLS	60	60	60	180
ADOLESCENT BOYS	60	60	60	180
TOTAL ADOLESCENTS (MASTER PEERS)	120	120	120	360

SUMMARY OF TRAINED MASTER PEERS ON ASRH, RHIA CHAKWAL



Adolescents making use of library services at one of the Adolescent Friendly Centre in 100 Quarters, F-6/2 established by SACHET & Plan

A-5. RAH

RESPONSIBLE ACTIONS FOR HEALTH

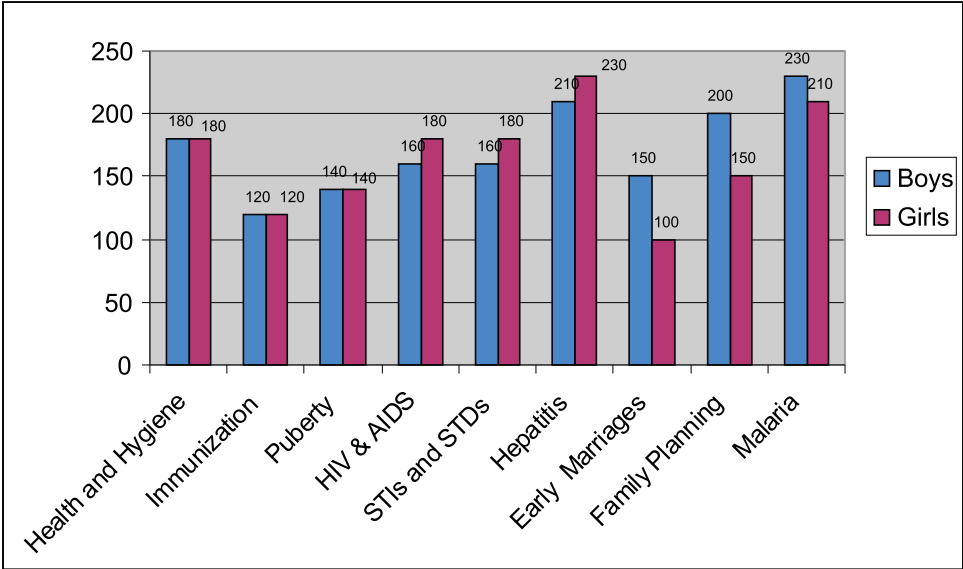
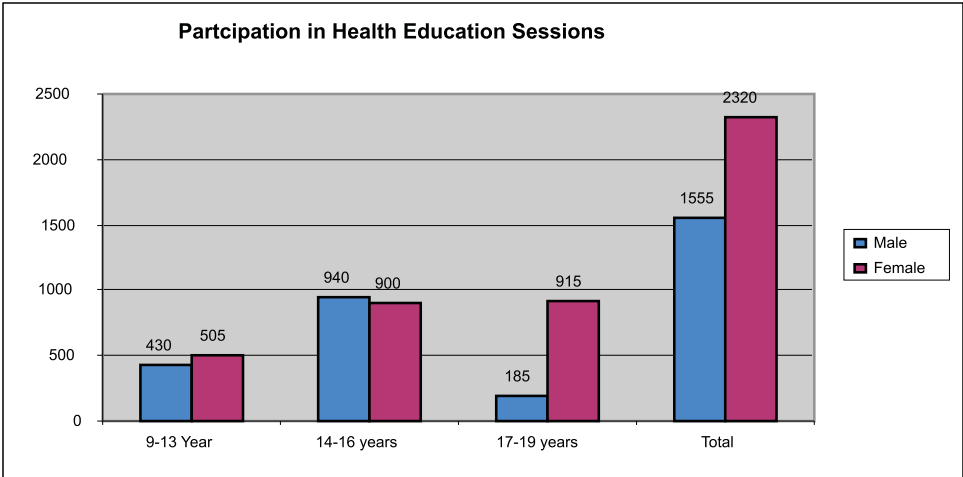
Responsible Actions for Health is another SACHET's rights based program, being implemented in partnership with PLAN-Pakistan in 8 slums areas of Islamabad, focused on improved knowledge and enhanced skills of adolescents to live a life with reduced sexual and reproductive health disease burden.

RAH aims to empower communities (especially adolescents) to take self initiatives and gain self confidence by improving access to knowledge and skills, health care services and by improving partnership among different stakeholders especially men at household, community and organizational levels, to deal with sexual reproductive health issues in a culturally appropriate and socially acceptable manner for sustainable health improvement initiatives.

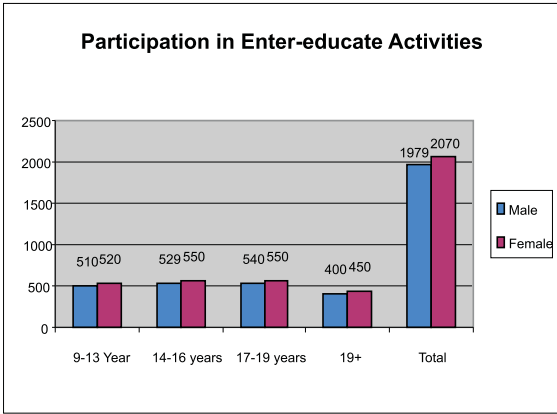
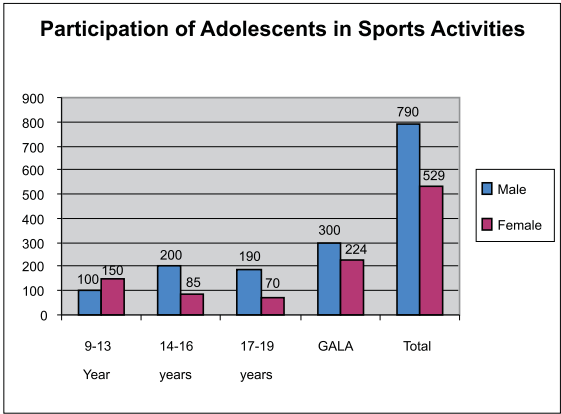
The program also provides health care services by establishing the strong referrals with Government health facilities. In addition Adolescent Friendly Centers and site services are provided in the slums. The component of primary health care includes both primary and reproductive health care. Site services are provided through free medical and de-worming camps. Eight gender specific Adolescent Friendly Centers (AFCs)-4 for girls & 4 for boys have been established in four selected target communities.

RAH empower adolescent girls and boys, women and men to take self initiatives and gain self confidence; provides access to knowledge and skills, improves access to reproductive health services including Family Planning services through referrals, and extends cooperation and understanding among all stakeholders of the selected communities. It enables adolescents to act with a sense of responsibility, assertiveness, confidence and active citizenship. This helps the communities in sustaining development through indigenous resources with maximum utilization of potential in adolescents that makes the biggest cohort of population at present in Pakistan.

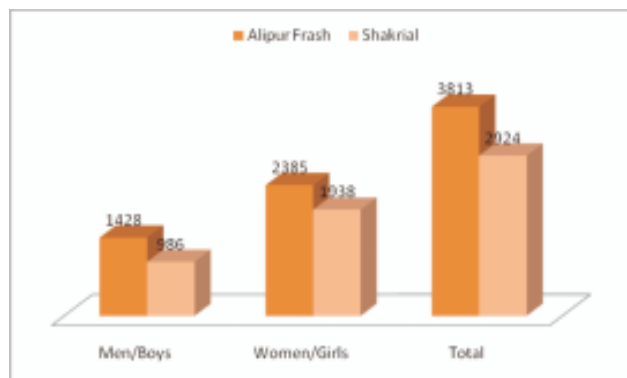
The current phase of the project covers the period between Nov 2008 to December 2009.



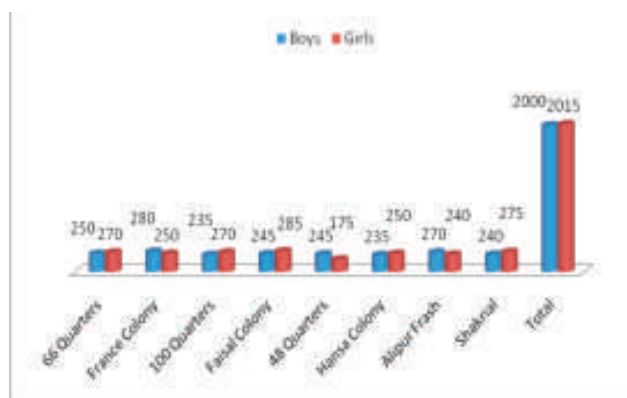
PARTICIPATION OF ADOLESCENTS IN HEALTH EDUCATION SESSIONS, RAH Islamabad



PARTICIPATION OF ADOLESCENTS IN SPORTS ACTIVITIES, RAH Islamabad



FREE MEDICAL CAMPS, RAH Islamabad



DE-WORMING CAMPS, RAH Islamabad

CATEGORY & AGE	9-13	14-16	17-19	TOTAL
ADOLESCENT GIRLS	60	80	80	220
ADOLESCENT BOYS	60	80	80	220
TOTAL ADOLESCENTS (MASTER PEERS)	120	120	120	440

SUMMARY OF TRAINED MASTER PEERS ON ASRH, RAH Islamabad



Students at Computer Training Centre (Girls) in SACHET Community Development Program Unit Panyali.

B. EDUCATION

Education is one of the program areas of SACHET committed to its mission of promotion of human development in neglected areas, with an aim to provide equal and improved opportunities of education to the disadvantaged.

SACHET's education program focuses on the provision of functional and vocational education to Un-served and disadvantaged students in Rawalpindi, Islamabad, Attock and Chakwal districts.

There are four projects running under education program.

1. Dr. A.Q Khan Scholarship Project
2. Dr. A.Q Khan Documentation Centre
3. Computer Training Centres
4. Elementary Public Schools Rehabilitation Program

B.1 DR. A.Q. KHAN SCHOLARSHIP PROJECT

OBJECTIVES

- To provide financial aid to academically brilliant students who cannot afford to continue their studies on account of financial constraints.
- To provide financial assistance to deserving and brilliant students in the SACHET Community Development Program Areas.

The project is focused to provide financial assistance to the deserving students throughout the country irrespective of gender, religion, color, race and ethnicity for pursuing primary to higher level formal education.

Initially scholarships were given to deserving students from all over Pakistan but from 2002 onwards the scope

Between July 2008 till June 2009, an amount of Rs. 209,620/- (Pak rupees two hundred nine thousand six hundred twenty only) was disbursed for the educational needs and tuition fees of the 18 students out of which 11 awards were given to girls and 8 awards were given to boys.

of project has been limited to SACHET's Community Development Program Areas. Exceptions are made for those cases where students have been victims of gender based violence or have been orphaned.

After passing my F.Sc (Pre-Engineering) with excellent grades, I had a deep desire to continue my studies, but it was more than impossible for me due to financial constraints as my father was unable to bear the heavy expenses of my higher education, at that difficult moment, SACHET played the role like an angel and awarded merit scholarship for me to complete my studies through Dr A. Q. Khan scholarship Program and now I am studying in Computer Engineering (4th semester) from University of Engineering and Technology Taxila.



I want to study more and be the strength of my family. I feel that I can accomplish my goals with the help of Dr. A. Q. Khan scholarship and can go abroad for further studies after my Computer Engineering. I also wish to establish a welfare organization through which I can be able to support the deserving and brilliant students.

I am really thankful to SACHET and have prayers and gratitude in my heart for SACHET, I wish SACHET a great success so that it could benefit many more like me.

During my contact with SACHET, I found that SACHET's team very much honest and hardworking in achieving their objectives, I salute to the spirit and devotion of its founder Dr. A. Q. Khan.

Jahanzeib Tariq
Computer Engineering (4th semester)
UET, Taxila

B-2. DR. A.Q. KHAN DOCUMENTATION CENTRE

The objective of documentation centre is to support research and knowledge management process by collecting and recording relevant to the programs of SACHET-Pakistan wealth of books, research studies, newsletters, journals, reports, IEC Material and many other publications. These are also made available to benefit policy makers, field practitioners and communities.

Khazeeena library located at SACHET head office in Islamabad, has a collection of more than 2000 different publications on public health, medicine, HIV & AIDS, population, women studies, violence against women, English Urdu literature and trainings.

During the period July 2008 till June 2009 approximately 100 individuals benefited from the documentation centre and number of students consulted the material available in the documentation centre for their thesis and research work.

B-3. COMPUTER TRAINING CENTRES

The objective of this project is to impart cost effective and affordable computer education to rural communities for better employment and learning opportunities. Computer training centers are equipped with 70 new computers. These training centers offer web page designing, office automation, In-page, database development and hardware courses.

SACHET-Pakistan is managing 14 computer training centers to benefit youth and adolescents in rural areas of Attock, Islamabad, Rawalpindi and Chakwal.



Students at Computer Training Centre (Boys) in SACHET Community Development Program Unit Panyali.

During the period Jul 2008 till June 2009 a total of 673 students were trained in different computer courses.

Sr. #	Course Title	Course Duration			Total Students
			Boys	Girls	
01	Basic Course	3 months	326	267	593
02	Advance Course	6 months	29	20	49
03	Hardware Expertise	3 months	08	12	20
04	Web Designing	2 months	06	05	11
Total			369	304	673

SUMMARY OF COMPUTER COURSES AND ENROLLED STUDENTS DURING 2008-2009

B-4. ELEMENTARY PUBLIC SECTOR SCHOOLS REHABILITATION PROJECT

There are over 16000 public sector elementary schools, upto 8th class for boys and girls in the province of Punjab alone requiring rehabilitation, up-gradation of academic and non-academic facilities like teaching staff, repairs / addition of class rooms etc, library sports facilities, toilets etc with a view of attract all the children of school going ages to the schools.

Based on successful experience of rehabilitating some public sector schools in Islamabad Capital Territory, SACHET has called out a credible plan for the consideration of local and provincial government and development agencies to rehabilitate and run these schools on a public private partnership basis.

The program is planned to be implemented in 2009-2010.



Students at Vocational Training Centre in SACHET Community Development Program Unit Panyali.

C. PACIG

POVERTY ALLEVIATION CUM INCOME GENERATION PROGRAM

PACIG program aims to enable the disadvantaged communities to pursue for economic empowerment. SACHET believes to help reduce the burden of ill-health due to poverty, integrating provision of health services with opportunities of income generating skills development training programs to fight poverty. SACHET is operating three projects under PACIG Program

SACHET is operating three projects under PACIG Program:

1. Shop for a Cause
2. Vocational training centers
3. SACHET Gallery

C.1 SHOP FOR A CAUSE

Objectives

- To minimize the role of middlemen in order to support economic empowerment of artisans;
- To facilitate artisans and skilled persons in promotion and marketing of their crafts;
- To promote indigenous crafts and artisanship of Pakistan.

Shop for a Cause, established in 2001, is a sales and marketing outlet for the display and promotion of the products of disadvantaged artisans. It holds exhibitions to introduce and



View of Shop for a Cause, Located at F-8 Markaz Islamabad.

promote local crafts. True to its objectives, the outlet signs an agreement with the artisan whose products are displayed indicating that 80 percent sales go to the artisans while SACHET retains 20 percent, proceeds of which are contributed for medical care of deserving patients at its clinics.

Consigners from 32 districts including Northern Areas and AJK display their products for sale in Shop for a Cause. The role of middleman was eliminated by bringing home based workers' product to the Shop for a Cause which is located in the capital city, Islamabad.

By shopping articles of your choice you also support a cause – a woman victim, to fight against violence, a poor family to improve their finances.

C-2. VOCATIONAL TRAINING CENTRES

The project's main objective is to provide vocational trainings to women and girls of villages for income generation purposes. For this purpose nine vocational training centers are running in Panyali and Gagri villages of district Rawalpindi, Pathargarh village in Attock district and 6 villages of Chakwal district. These centers offer three months courses in cutting, sewing, stitching, embroidery, designing and preparation of decoration items. In addition, the students are also provided sessions on entrepreneurship and marketing skills.

During 2008-2009, 452 girls and women enrolled in the vocational centers out of which 324 completed their course while 128 will continue training during 2009-2010.

Sr.#	Course Title	Course Duration	Total Studen	Completed	process
01	Cloth Sewing, Stitching, Embroidery and Decoration Course	3 months	452	324	128

SUMMARY OF VOCATIONAL TRAININGS 2008-2009

C-3. SACHET GALLERY

SACHET Gallery situated at one of the spectacular venues of Islamabad, Al-Babar Centre, F-8 Markaz, provides an opportunity to the indigenous art and craft of emerging as well as established artists /artisans from all parts of Pakistan. The uniqueness of the gallery is that it periodically showcases the struggle of citizens' sector through diverse media and artistic expressions. Since health is the main focus of SACHET, therefore gallery offers an exclusive platform for organizations in public and private sector to display health communication material.

Events such as screening of videos on social and political economy issues, panel discussions on art, society and emerging development issues, workshops, evenings with the unsung heroes as well as movers and shakers in the areas of art, literature, theatre, music, human rights and social activism are the main features of SACHET Gallery

The Gallery is well equipped and specifically designed for exhibitions along with an auditorium having 60 persons capacity for audiovisual portfolio presentations.

During the reported period SACHET gallery organized 5 exhibitions in connection with international women day, youth day, population day, international day on violence against women and human rights day.



Training session of Adolescents and Youth from urban slums of Islamabad.

D. SURVIVAL KIT TRAINING PROGRAM

SACHET recognizes that people in organizations and businesses are important and essential assets who contribute to the development and growth, in a similar way as physical assets such as machines and money. Therefore SACHET believes that investment in human capital is not an expenditure rather it is an equity investment. The collective attitudes, skills and abilities of people make a qualitative and quantitative contribution to organizational performance and productivity. Any investment in training, development, health and support is a valuable investment. Survival Kit Training Program has three components, internship, capacity building and professional training.

The current projects in the Training Program are:

1. Internship project
2. Capacity building project
3. Professionals training project

SACHET extends capacity building for internal staff members and Professional Trainings for the government departments, CSOs, CBOs and other national, international NGOs. The program is designed as per the needs for survival in the modern times is popular and made widely use of by internal and external clients.

D-1. INTERNSHIP PROJECT

The internship project aims to train and impart relevant experience and exposure in different areas to fresh graduates, which can open up new employment opportunities for them.

During the reported year, SACHET provided opportunity for 6 fresh university graduates to work with the program team at head office, SCDP Banigala and SCDP Chakwal.

This program has been very useful for SACHET's own capacity building as well as many of the trained interns served in SACHET as a part of their on job learning.

D-2. CAPACITY BUILDING PROJECT

This project offers national and international training opportunities to SACHET staff members and local partners on development related issues, reproductive health, communication skills, organizational management and all areas relevant to the organization and its work areas.

26 Staff members (14 male, 12 Female) were provided training opportunities on national and international level. 1 staff member selected for LDM fellowship 2009.

D-3. PROFESSIONALS TRAINING PROJECT

Under this project, a series of one-day training workshops are conducted focusing on the most relevant and contemporary development issues. It is specially designed to meet the fundamental knowledge and skill gaps amongst development professionals. These trainings are open to everyone, while selections are made according to an eligibility criterion of experience and qualifications of the individual.

Under this project, 5 different trainings were conducted for local Government Officials, print media personnel and local CBO members on Media and ARH, ARH Strategic Framework and Gender based violence.



Chapter 2

AGEHI RESOURCE CENTRE

Advocates of Gender Education & Health Information

AGEHI is an acronym standing for Advocates of Gender, Education and Health Information. AGEHI itself is an Urdu word bearing meanings like Knowledge, Awareness, Perception and Insight. SACHET considers that AGEHI is a pre-requisite for any socio-economic evolution of society on positive lines.

The objective of AGEHI is to advocate for gender sensitization, education and health promotion by disseminating Information. AGEHI supports policy and social communication and advocacy on gender issues through a broad range of activities.

AGEHI Resource Center, through its publications addresses its audience on issues of socio economic importance, performance of its projects and makes available the researched data at its Dr. A. Q. Khan Documentation Centre. ARC regularly publishes a quarterly English language newsletter, AGEHI, a quarterly Community Newsletter, SACHET Nama and SACHET's Annual Report. Besides research reports, posters, calendars, greeting cards, planners and brochures are published and widely distributed among the SACHET stakeholders. Preparation and development of researched based development projects / schemes is the forte of AGEHI Resource Centre.

Spectrum of AGEHI Resource Centre revolves around:

ADVOCACY

RESEARCH

COMMUNICATION

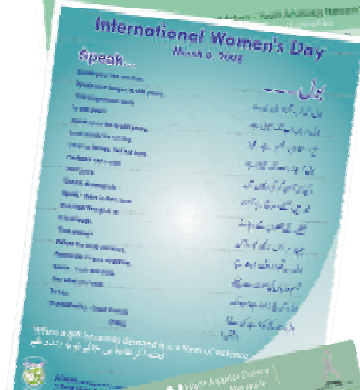
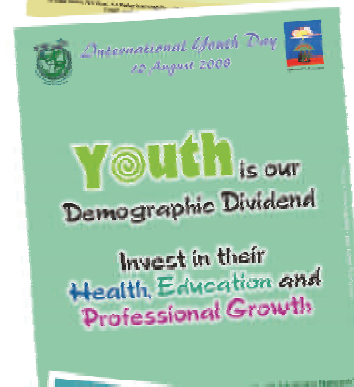
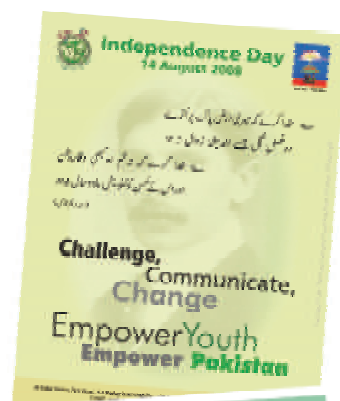
AGEHI's operational domain includes:

1. Designing and implementing of advocacy, service delivery and research projects
2. Designing and conducting trainings and workshops
3. Communication and training manuals development

4. Designing and delivering theatrical performances
5. Production of video documentaries
6. Managing SACHET's volunteer networks of FADAN (Fight against Dowry Advocacy Network) and DoSTI-YAN (Dare to Sensitize Train & Inform Youth Advocacy Network)
7. managing of SACHET's official website (www.sachet.org.pk)
8. Monitoring of SACHET's programs and Projects
9. IEC Material Development

Publications of AGEHI Resource Centre (2008-09)

- AGEHI and FADAN launched a poster highlighting poem of Perveen Shakir & Translated by Mr. Alamgir Hashmi (primarily targeting the Pakistani intellectuals, majority of whom in their various worldly capacities have repeatedly demonstrated a strong elitism and elitist consensus-that in turn is one of the many subtle faces of patriarchy, on the issues of dowry) to mark 16-days of activism 2008 against Gender Based violence with a special reference to the violence hidden in the socially and legally sanctioned institution of dowry
- AGEHI launched a poster in connection with Human Rights Day 2008 and 1st death anniversary of Shaheed Mohtarma Benazir Bhutto the twice elected Prime Minister of Pakistan who has been awarded UN HR Prize .
- Poster launched on 14th August, 08 with a theme "Challenge, Communicate Change-Empower Youth Empower Pakistan".
- Poster launched on World population Day i.e. 11th July, 08 with a theme "If you are worried about Population Shift Your concern to People".
- Poster launched on International Youth day i.e. 12th August, 08. Theme is "Youth is our demographic, dividend, Invest in their Health, Education & Professional Growth".
- AGEHI launched a poster "FADAN-Challenging the Elitist Consensus and Dowry issues including the denial by the intellectual Elites on Dowry Violence in connection with the celebration of National Women's Day on 11th Feb, 2009.
- AGEHI launched a Planner 2009 "Say no to Dowry violence" in connection with the celebration of National Women's Day on 11th Feb, 2009.
- Under FAD Project, a poster launched with a title "A Decade of Continued Struggle for promoting Gender Harmony in Pakistan with Culturally Appropriate and socially acceptable approached"
- AGEHI launched a planner 10 years of continued Committed & Credible Community Services.
- Poster launched on international women's day with a title Meray Dost Bano a poem by Kishwar Naheed and translated by Harris Khaliq
- A book "Gender Watch to FADAN published on 8th March, 09.



FAD (Fight against Dowry)

Objectives

- To identify perceptions, attitudes, practices in connection with dowry in Pakistani Society.
- To inform all stakeholders, primarily youth and students about the social, economic, psychological and health hazards of dowry and dowry violence.
- To engage mass media in promotion and dissemination of awareness against repercussions of dowry
- To lobby for various reforms with the various levels of government.
- To organize and mobilize students and parents against dowry.

FAD works with media, youth and all interested groups to highlight cost and consequences of the custom and institution of dowry. FAD took some practical steps for the cause by breaking culture of silence, promoting positive dialogue and organizing activities to involve youth in the process of advocating the message.

The key strategies to achieve these objectives include

Media Advocacy, youth involvement, working with legislators, religious leaders, opinion makers and research.

During the reported year AGEHI Resource Centre, conducted a pioneering National Study on Dowry Violence with the financial support of UNIFEM. The study report is finalized and will be published in the first quarter of 2010.

FADAN (Fight against Dowry Advocacy Network)

“When a gift becomes demand it is a form of violence.”

Based on this philosophy FADAN a national network against dowry violence was formed in 2003. One of the major achievements of the project is the formation of this national level advocacy network to strengthen partnership with the stakeholders. It aims to create and sustain a social movement against 'dowry by demand'. FADAN membership takes into its fold both individuals and organizations, with the essential prerequisite criteria of determination, commitment and devotion of the members to the network's goals and objectives. FADAN is a national network of change makers who are working against dowry violence.

Till the end of June 2009, the network had lead change makers in all four provinces of Pakistan and Pakistani administered Kashmir and nearly 250 volunteers as change makers who belong to civil society.

SILVER RIBBON

The initiative of “Silver Ribbon campaign” which was launched by FAD (Fight against Dowry) on 27th November 2004 portrayed the elements of simplicity, austerity and courage against ills of dowry on demand. Silver ribbon was decided to be the logo for FADAN at the occasion of Second National FAD workshop in July 2006.

AGEHI Theatre Group

Theatre is one of the most powerful creative and behavior change communication tools. AGEHI theatre was established in year 2001 to raise awareness and sensitivity about different social issues through theatre performances at various forums and events. AGEHI theatre comprises of amateur performers mainly young students, development activists and practitioners who have passion and belief to strive for social change through creative expression.

AGEHI theatre adopts all forms of theatre, keeping in view the subject matter, location and audience.

During the reported year AGEHI theatre mainly focused on street theatres in the rural communities. A total number of 20 street theatres were delivered in urban slums of Islamabad and 36 theatres were organized in rural areas of Chakwal district. Social issues like HIV & AIDS, Health and Hygiene, Family Planning, importance of Education were highlighted through theatres.

Network and Alliances

During the period 2008-2009, SACHET actively engaged and supported with following networks:

Sr No	Network	Status
1	Pakistan Reproductive Health Network - PRHN	Focal Point for Islamabad Chapter
2	Insani Haqooq Itihad - IHI	Member
3	Ending Violence Against Women - EVAW	Member
4	Punjab AIDS Consortium - PAC	Member
5	National AIDS Control Federation	Member
6	Population Association of Pakistan	Member
7	National Trust for Population Welfare	Member
8	South Asian Fund Raising Group	Member
9	Men-engage, National Alliance	Member
10	NGOs Management Committee, Women Crisis Centre Islamabad	Member



Meeting of the PRHN (Pakistan Reproductive Health Network) at AGEHI Resource Centre, SACHET



Chapter 3

MiRAS

Mobilization of Resources & Sustainability

Traditionally, civil society organizations rely on the goodwill and generosity of others to cover the costs of their activities through grants and donations. Today, unfortunately, civil society organizations find that such traditional funding sources are often insufficient to meet growing needs and rising costs.

In addition, restrictions imposed on many grants and donations, along with the uncertainty of these funds over time, make it difficult for civil society organizations to do long-term planning, improve their services or reach their full potential. When the costs of NGOs' core activities exceed the inflow of grants and donations, it is forced to either reduce the quantity and / or quality of its work, or to find new sources of funds to cover the difference. Reaching out to new donors with innovative fund-raising approaches is usually the first step. Redesigning program activities to include cost recovery components, whereby the beneficiaries or clients of the NGO pay part of program costs, is a second approach.

To overcome these issues SACHET-Pakistan has taken another strategic move to strengthen the existing programs and to identify new venues of funding opportunities for its geographic and programmatic expansion by initiating the concept of resource mobilization and long term financial, institutional and technical sustainability.

MiRAS also works as an umbrella for all the programs and projects of SACHET and ensures sustainability of initiatives and projects on three dimensions i.e. technical, institutional and financial sustainability.

MiRAS has been instituted with the objectives to identify means and measures for ensuring Technical, Financial and Institutional sustainability of the organization. To achieve these objectives SACHET's operational leadership

chalked out three approaches:

1. To market training and advocacy expertise of SACHET in development sector to ensure technical sustainability.
2. To reach out new donors and partners with innovative and realistic proposals keeping in view the mandated objectives of SACHET to attain institutional sustainability.
3. To generate funds for organization through media productions (TV, radio & theatre to gain financial sustainability.

During the reported year raised about 1.1 million Pak Rupees from various windows of opportunities as an endowment for the Education program of SACHET Pakistan.

Chapter 4

10 Years of Tangible Community Services in Pakistan (1999-2009)

SECTION-1

MAP OF JOURNEY

	MILESTONES
1999	<ul style="list-style-type: none"> · Inception of SACHET Pakistan (5th May 1999) · Gender Watch Pilot Series aired on PTV · SACHET Free Medical Camps Project launched · SACHET Community Development Program, Shahdra Village, Islamabad established · Women Vision Project initiated · SACHET Training Program launched · Communication Project launched
2000	<ul style="list-style-type: none"> · SACHET Community Development Program, Pinyali village, Rawalpindi established · A Manual was developed on Community health Education training · Community Health Educator's Training, Shahdra village Islamabad · SACHET Poverty Alleviation Cum Income Generation (PACIG) launched with inauguration of SACHET Gallery, Islamabad. · Community Mehfil (Assembly) Project launched · Skill Promotion Project under PACIG Program launched · SACHET Education Program formally launched with the start of Dr. A. Q. Khan Scholarship Project · AGEHI Resource Center, Established · Dare to Sensitize Train & Inform (DoSTI) Project launched
2001	<ul style="list-style-type: none"> · SACHET Community Development Program Banigala established · SACHET Computer Training Center inaugurated under SACHET Education Program , Shahdra village, Islamabad · Skill Development Project launched under PACIG Program · SACHET web site launched (www.sachet.org.pk) · Skill Development Center Shahdra village, Islamabad launched under PACIG Program · Gender Watch won 10th PTV excellence award for best private production · SMiLe (SACHET Micro Enterpriser for Life Project) Launched under PACIG Program · Inauguration, Special Children Education Project, SACHET Computer Training Center, Al-farabi Center, G-8, Islamabad · SACHET Computer Training Center, Banigala villa ge, Islamabad established · SACHET Skill Development Center, Banigala village, Islamabad under PACIG Program established · First Issue of AGEHI Newsletter published · Launching of Training Project, under PACIG · Presentation of AGEHI Resource Center's Study Report " Violence against Women in Pakistan" · Inauguration, SACHET Community Development Program Ghagri Village, Islamabad. · Nutrition Initiative campaign launched at Shahdra Village, Islamabad. · "Environmental Friendly Organization" added to SACHET's profile because of its environmental friendly initiatives. · Starting Date of FAD (Fight against Dowry) Project. · Launching of Video ' Gender & AIDS" under Gender Watch series, on the occasion of International AIDS day

2002	<ul style="list-style-type: none"> · SACHET Community Development Program, Pathargarh established. · SACHET Nama, first ever newsletter of Community launched · Participation in International Conference on Dowry, Dhaka, Bangladesh · First ever Public service message on Dowry (Spot) on TV Networks · Seminar on Gender based Violence & Dowry, Lahore with Himmat Society, British Council and UNDP · Adopt A School Project Under SACHET Education Program launched · SACHET produced a documentary "Pakistan Pakistan" on 14th August. · FAD(Fight Against Dowry) Project Research presented in 3rd Annual PAP Population Research Conference
2003	<ul style="list-style-type: none"> · FAD (Fight Against Dowry) a TV Magazine Show by AGEHI Resource Center aired on PTV · Legal Rights Awareness Sessions Initiative Launched · SACHET ICT 4 Development Initiative under AGEHI Resource Center , launched · Khazeena / Dr A Q Khan Documentation Center goes on-line · Khazeena / Dr A Q Khan Documentation Center established. · SACHET organized and facilitated a first national workshop on the issue of Dowry in collaboration with Law and Justice Commission of Pakistan by inviting justices from all four provinces and other stakeholders related to judiciary and parliament by recommending certain changes in the existing dowry law. · An International youth conference on "Youth and promotion of Human development" was held at Islamabad attended by around 100 Delegates. · YAN (youth Advocacy network) was established to advocate young people's sexual and reproductive health rights. Till now more than 200 young girls & boys are active members of YAN. · SACHET was selected through a competitive process to implement RHIYA (Reproductive Health initiative for Youth in Asia) project in Chakwal district, thus resulting in the first collaborative project with international donor agencies. · SACHET participated in the launching ceremony of RHIYA (Reproductive Health initiative for Youth in Asia) project at Bangladesh. · SACHET introduced communities to people living with HIV/AIDS by organizing a series of ten interactive theatre performances in Islamabad & Rawalpindi
2004	<ul style="list-style-type: none"> · Development & Implementation of BCC (BEHAVIOR CHANGE COMMUNICATION) Strategies & Interventions aimed at Adolescents/Youth in schools/colleges of Rawalpindi/Islamabad project, was initiated in collaboration with FHI (Family Health International) · RHIYA (Reproductive Health initiative for Youth in Asia) project's implementation started at District Chakwal. · First Youth Friendly Center (YFC) at Chakwal was established on August 01 · A platform of RHIYA youth junction was formed to provide an opportunity to the young people to come together and to share their views on reproductive health. First Junction was organized at Chakwal where 500 young boys and girls for the first time in history of Chakwal come together to highlight ASRH issues. · A Training Manual was developed on Advocacy on ASRH. · Project coordinator , RHIYA project represented Pakistan as a team leader of Pakistani delegation on International Youth summit held at Sri Lanka on November 04. · An international one month training workshop on "Communication on HIV/AIDS" held at South Africa was attended by Project coordinator-SACHET. · An international Training workshop on "Monitoring on HIV/AIDS" projects at Bangladesh was attended by SACHET representative SACHET.

2005	<ul style="list-style-type: none"> · A pilot study on street children and HIV/AIDS with UNESCO done in ten districts of Pakistan. · A project, "Towards progress: Beijing+ 10 Conference at UN, New York, USA" was done, which was funded by GEP (Gender Equity Program) and British Council. · SACHET developed advocacy packages on ASRH (adolescent Sexual and reproductive health) · PRHB (Promoting Responsible Healthy Behaviors) project at Islamabad was initiated in collaboration with PLAN Pakistan. · Successful completion of the Development & Implementation of BCC (BEHAVIOR CHANGE COMMUNICATION) Strategies & Interventions aimed at Adolescents/Youth in schools/colleges of Rawalpindi/Islamabad project. · SACHET adopted a regional training manual on HIV/AIDS for enterprise workers and facilitated a two day workshop at Islamabad. · First RHIYA (Reproductive Health initiative for Youth in Asia) Youth summit was organized. · Training Manuals were developed on "Parenting skills", "Capacity building of Community Health Committees", "Community Health Workers", "Peer Education on HIV/AIDS", "BCC Survival Kit for Health practitioners", and on "Ethics of reporting in print media" · SACHET participated in an international training workshop on "CSOs Financial Sustainability; Resource Mobilization through Business Activities" held at Bangkok, Thailand. · Third conference on ASRH (Adolescent sexual and reproductive health) held at Kuala Lumpur, Malaysia was also attended by SACHET Personnel · Participation in a consultative workshop on "HIV/AIDS & Families" at Thailand from 5-9 December on behalf of SACHET. · International Women health meeting in India was attended by SACHET representative from 18-30 September.
2006	<ul style="list-style-type: none"> · MIRAS-SACHET has added another unit on 5th May to mark the seven years of her existence. · Launch of World Bank's report, "Country Gender Assessment" in which FAD project was acknowledged as an effective advocacy effort for gender empowerment. · Managing "Women Friendly Spaces and Hammams" project, funded by UNFPA is initiated in District Mansehra. · Second national FAD (Fight against Dowry) workshop for change makers of Fight against Dowry Advocacy Network was organized on July 10. · Second RHIYA (Reproductive Health initiative for Youth in Asia) youth summit was organized from 8-11 July at Islamabad. · SACHET produced two books and brochures on seven reproductive health issues for UNFPA. · A Training Manual was developed on "Peer Education on ASRH" · SACHET got an opportunity to participate in the 17th South Asian Fund Raising Group-Workshop held in Agra, India.
2007	<ul style="list-style-type: none"> · AGEHI Resource Centre launched its own production house in January. · SACHET Successfully completed the 1st Year of PPAR - H-Pakistan Program for ARH (Adolescent Reproductive Health) in collaboration with UNFPA for Chakwal. SACHET established 20 Youth Friendly Centers (10 for Girls and 10 for Boys) in 3 Tehsils of District Chakwal. · A documentary "From Khyber to Karachi" was produced by AGEHI Resource Center for FHI (Family Health International) to address problems of the long route truck drivers; their risky behaviors and sexual practices and effects of those practices on associated population.

2007

- Third RHIYA Summit (March 2007) was organized by SACHET with the support of UNFPA to share RHIYA experiences, good practices and to promote MDGs and ARH, at Islamabad.
- Silver Ribbon movement to end dowry violence: SACHET -Pakistan observed 16 - days of activism, to end violence against women from November 25-December 10, 2007. The campaign was launched to raise awareness and sensitization among people on the issue of dowry and violence against women & girls.
- AGEHI Resource Centre in collaboration with UNFPA and Ministry of Women Development organized a two day National workshop on: "Communicating Gender in Print media" at Islamabad in December.
- SACHET – Pakistan was elected as the focal point for Islamabad chapter of Pakistan Reproductive Health Network PRHN (Pakistan Reproductive Health Network) in December.
- Youth Junction was held in District Chakwal and around 3000 people participated out of which, 1200 were young women and girls in December

2008

- Launched a poster under FADAN (Fight against Dowry Advocacy Network) -Silver Ribbon Movement to celebrate 16 Days of Activism against Gender based violence.
- Launched a poster on International Human Rights Day 2008 dedicated to Mohtarma Benazir Bhutto (Shaheed).
- Annual Christmas Gala organized for the Christian communities of 8 urban slums of Islamabad under RAH (Responsible Actions for Health) Program.
- Annual Rural Youth Summit 2008, organized in Chakwal which was attended by more than 2500 youth (1200 Girls & 1300 boys).
- Libraries project initiated in collaboration with District Management of Islamabad. Under this project three children libraries were established at Bara Kaho, Sohan & Saidpur Village in Islamabad District.
- Received organizational membership of Men-Engage National Alliance.
- AGEHI Resource Centre Initiated a pioneering national research study on the issue of dowry including gender based violence in Pakistan with financial support of UNIFEM Pakistan.
- AGEHI Resource Centre launched a poster on World Population Day 2008 titled "If you are worried about Population shift your concern to People".
- Launched two special posters dedicated to the survivors and victims of earthquake 2005.
- Launched a poster on International Youth Day 2008 with a message "Challenge, Communicate, Change - Empower youth Empower Pakistan"
- Launched a poster on Independence Day of Pakistan with a message "Youth is our Demographic dividend-Invest in their Health, Education & Professional Growth"
- Initiated extension phase of RHIA (Reproductive Health Initiative for Adolescent) project in Chakwal in partnership with Plan Pakistan by establishing 6 new Adolescent friendly Centres (3 for Girls & 3 for Boys) in 3 new union councils.
- Initiated RAH (Responsible Actions for Health) Project in the 8 urban slums of Islamabad in partnership with Plan Pakistan and established 8 Adolescent Friendly Centres (4 for Girls & 4 for Boys).
- AGEHI Resource Centre launched an indigenous initiative "alternative Perspectives on health & population-policy dialogues Initiative 2008."
- Launch of Poster on International Women day at SACHET-Gallery Islamabad reflecting the slogan "When a gift becomes demand it is a form of Violence"
- Exhibition titled "Malaria Matters" at SACHET -Gallery to promote awareness in Pakistani community about the matters related to the disease from April, 14 to 25th April, 08
- 2nd Policy dialogue Alternative perspectives on Health and Population Policy Dialogue Initiative 2008 on 24th June, 08 at SACHET-Gallery Islamabad.
- A video documentary "Rhythm of Life" produced by AGEHI Resource Centre on RHIA (Reproductive Health Initiative for Adolescent) project in Chakwal.
- AGEHI Resource Centre developed pioneering manuals regarding HIV & AIDS Care & Support material for UNAIDS on (PLWA -People Living with HIV & AIDS-Treatment Booklet, Children Booklet, NGO Booklet)

Conducted national research study on dowry violence in Pakistan in collaboration with UNIFEM.

AGEHI launched a poster “FADAN-Challenging the Elitist Consensus and Dowry issues including the denial by the intellectual Elites on Dowry Violence” in connection with the celebration of National Women’s Day on 11th Feb, 2009.

AGEHI launched a book titled “From Gender Watch to FADAN” covering the first decade of services and initiatives under Fight against Dowry advocacy project of SACHET.

Public library established in collaboration with Islamabad Capital Territory administration in the village of Saidpur.

Vocational training centre established at SACHET Community Development Program, Gagri.

Computer training centre established at SACHET Community Development Program, Chakwal.

Documentary film “From Khyber to Karachi” produced by AGEHI Resource centre for Family Health International and National AIDS Control Program, was selected for the screening in 38th Annual Sehsuchte Film Festival in Potsdam Germany.

SECTION-2

Summary of Community Services Extended by SACHET (1999-2009)


Sr No.	Indicators	Number of Beneficiaries
1	Total # of patients who attended the OPD	662,553
2	Total # of women who received ante-natal care	5,890
3	Total # of women who received post-natal care	4,340
4	Total # of patents treated in medical camps	33,685
5	Total # of children who received immunization	2,660
6	Total # of patients who received health education	397,531
7	Total # of Students who received stipends	124
8	Total # of girls/women who received vocational trainings	3,602
9	Total # of visitors for shop for a cause	23,760
10	Total # of exhibitions organized by shop for a cause	175
11	Total # of youth who received computer training	3,825
12	Total # of SACHET team members who received trainings at various forums/levels	139
13	Total # of trainings ¹ organized by SACHET at various levels	132
14	Total # of theatre performances by SACHET	324
15	Total # of youth joining advocacy campaigns on VAW including dowry violence	10,000
16	Total # of community committees established with the support of SACHET at village and slum level	44
17	Total # of training manuals developed by SACHET	11
18	Total # of women/girl beneficiaries in EQ affected areas in NWFP	21,455
19	Total # of documentaries developed by SACHET	40
20	Total funds received through various sources	256.86 Million PKR
21	Amount of Zakat disbursed among the needy for health care and education	7 Million PKR

² (professional training) Figures quoted for trainings having duration more than 5 days for each training.

Chapter-5

Financial Statements and Audit Report

Established Since 1947



Horwath

Horwath Hussain Chaudhury & Co.
Chartered Accountants

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Rawalpindi-46000 Pakistan
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**AUDITORS' REPORT
OF
SOCIETY FOR THE ADVANCMENT OF COMMUNITY HEALTH,
EDUCATION AND TRAINING - PAKISTAN.**

We have audited the annexed Balance Sheet of **Society for the Advancement of Community Health, Education and Training-Pakistan (SACHET) ("the Trust")** as at June 30, 2009 and related statement of income and expenditure and cash flow statement together with the notes forming part thereof, (here-in-after referred to as the financial statements for the year then ended).


It is the responsibility of the organization's management to prepare and present the above said financial statements. However, we only assisted the management to prepare the financial statements from the record maintained. Our responsibility is to express an opinion on these statements based on our audit.

We conducted our audit in accordance with the auditing standards as applicable in Pakistan. These standards require that we plan and perform the audit to obtain reasonable assurance about whether the above said statements are free of any material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the above said statements. An audit also includes assessing the accounting policies and significant estimates made by management, as well as, evaluating the overall presentation of the above said statements. We believe that our audit provides a reasonable basis for our opinion and after due verification.

In our opinion and to the best of our information and according to the explanations given to us, we have found the balance sheet of **Society for the Advancement of Community Health, Education and Training-Pakistan (SACHET) ("the Trust")** as at June 30, 2009 and related statement of income and expenditure Account for year then ended to be in order and in accordance with the record provided to us.

Place: Rawalpindi.
Dated: **09 FEB 2010**

(**HORWATH HUSSAIN CHAUDHURY & CO.**)
CHARTERED ACCOUNTANTS



AR-NGO-2010

**SACHET-PAKISTAN
SOCIETY FOR THE ADVANCEMENT OF COMMUNITY HEALTH,
EDUCATION AND TRAINING - PAKISTAN
BALANCE SHEET AS AT JUNE 30, 2009**

	Notes	2009 -----Rupees-----	2008
NON CURRENT ASSETS			
Property, plant and equipment	4	32,074,400	34,174,651
Investments	5	99,608,147	98,713,300
		131,682,547	132,887,951
CURRENT ASSETS			
Inventory	6	551,502	368,699
Loans and advances	7	23,197	16,697
Security deposits and short term prepayments	8	281,432	264,062
Other receivables	9	378,926	314,893
Accrued income	10	1,781,167	1,114,770
Withholding tax	11	810,000	810,000
Cash and bank balances	12	2,379,079	3,370,793
		6,205,303	6,259,914
TOTAL ASSETS		137,887,850	139,147,865
FUNDS AND LIABILITIES			
FUNDS			
General fund	13	111,284,293	110,322,026
DEFERRED INCOME			
	14	25,442,190	27,286,901
CURRENT LIABILITIES			
Creditors, accrued and other liabilities	15	1,161,367	1,538,938
CONTINGENCIES AND COMMITMENTS			
	16	-	-
TOTAL FUNDS AND LIABILITIES		137,887,850	139,147,865

AUDITORS' REPORT ANNEXED:

Note:- The annexed notes form an integral part of these financial statements.


PRESIDENT


CHIEF EXECUTIVE DIRECTOR


SECRETARY GENERAL

PLACE: RAWALPINDI

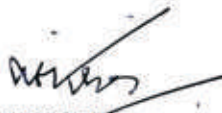
DATED: **09 FEB 2010**



SACHET-PAKISTAN
SOCIETY FOR THE ADVANCEMENT OF COMMUNITY HEALTH,
EDUCATION AND TRAINING - PAKISTAN
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED JUNE 30, 2009

	Notes	2009 -----Rupees-----	2008
INCOME			
Donations and voluntary contributions	17	1,129,618	998,747
Profit on investments	18	11,330,428	8,763,680
Amortization of deferred income		1,844,711	1,844,711
Profit on bank deposits	19	18,274	25,943
Other income	20	2,177,328	2,924,692
Income from short term projects	21	1,893,795	3,039,975
		18,394,154	17,597,748
EXPENDITURE			
Direct program cost			
Health program	22	5,756,350	4,278,917
Education program	23	407,702	666,987
AGEHI resource centre	24	1,601,453	1,134,001
SACHET Gallery-PACIG	25	957,163	553,811
Short term projects	26	331,706	2,294,132
Information technology	27	466,981	647,917
Khazeena	28	84,723	46,529
		(9,606,078)	(9,622,294)
Facilities to Executive vice president	29	1,153,334	956,212
Management and support services cost	30	6,671,076	5,230,571
		(7,824,410)	(6,186,783)
Finance cost	31	(1,399)	(6,250)
Net surplus for the year transferred to General fund		962,267	1,782,421

Note:- The annexed notes form an integral part of these financial statements.


PRESIDENT


CHIEF EXECUTIVE DIRECTOR


SECRETARY GENERAL

PLACE: RAWALPINDI

DATED: **09 FEB 2010**



SACHET Team

“Teamwork is the fuel that allows common people to attain uncommon results.”

SACHET Team - 2009 - 2010



SACHET Head Office Staff



SACHET Chakwal Office Staff



SCDP Panyali team headed by Dr. Ishrat Ehsan



SCDP Gagri team headed by Dr. Atiya Masood Baig



SCDP Pathar Garh team headed by Dr. Rehana Hadayat



SCDP Banigala team headed by Dr. Shahana Hashim



RHIA Islamabad Team

Vision Statement of SACHET - Pakistan

SACHET operates on the deep conviction that it is here to give optimism to the disadvantaged in society. Therefore Faiz's stirring; poetic salute to the socially marginalized serves as an appropriate poetically articulated vision statement for our organization.

We Shall live to see

We Shall live to see,
so it is written,
We shall live to see,
The day that's been promised,
The day that's been ordained;
The day when the mountains of oppression
Will blow away like wisps of cotton;
When the earth will dance
Beneath the feet of the once enslaved;
And heavens'll shake with thunder
Over the heads of tyrants;
And the idols in the House of God
Will be thrown out;
We the rejects of the earth,
Will be raised to a place of honour.
All crowns'll be tossed in the air,
All thrones'll be smashed,
And God's word will prevail,
He who is both present and absent
He who's beheld and is the beholder,
And truth shall ring in every ear,
Truth which is you and I,
We, the people will rule the earth
which means I, which means you.

(Faiz Ahmed Faiz)
Translated by Khalid Hassan

ہم دیکھیں گے
ہم دیکھیں گے
لازم ہے کہ ہم بھی دیکھیں گے
وہ دن کہ جس کا وعدہ ہے
جس کو آزل میں لکھا ہے
جب ظلم و ستم کے کوہِ گراں
روٹی کی طرح اڑ جائیں گے
ہم جگمگوں کے پاؤں تلے
جب دھرتی دھڑ دھڑ کے گی
اور اہل حکم کے سر اڑیں
جب بجلی کے کڑکڑ کے گی
جب ارضِ خدا کے کچے سے
سب نفع اٹھوائے جائیں گے
ہم اہلِ صفاء، مردِ وِرجم
منہ پر بٹھائے جائیں گے
سب تاج اُچھالے جائیں گے
سب تخت گرائے جائیں گے
بس نام رہے گا اللہ کا
جو غائب بھی ہے حاضر بھی
جو منظر بھی ہے ناظر بھی
اور راج کرے گی خلقِ خدا
جو میں بھی ہوں اور تم بھی ہو
(فیض احمد فیض)

"Faiz Ahmed Faiz (1911-1984) was one of the leading, if not foremost, poets of the Indian subcontinent during the greater part of the last century. Listed four times for the Nobel Prize for Poetry, he was often compared to his friend Pablo Neruda, a Chilean revolutionary poet and Nobel prize winner. Of Faiz's multifaceted talents, which led him to become, amongst other things, an activist for human rights and liberties, a famous journalist and editor of literary magazines (Urdu and others), trade unionist and film song writer, it is his poetry which will, no doubt, best survive the test of time." (Dr. Sarwat Rahman, editor and translator of 100 poems by Faiz Ahmed Faiz, 2002 [translated from Urdu]).

Vision Statement of AGEHI Resource Center

Speak

Speak-your lips are free.
 Speak-your tongue is still yours.
 This magnificent body
 Is still yours.
 Speak-your life is still yours.
 Look inside the smithy.
 Leaping flames, red-hot iron.
 Padlocks open wide
 Their jaws.
 Chains disintegrate.
 Speak - there is little time
 But little though it is
 It is enough.
 Time enough
 Before the body perishes.
 Before the tongue atrophies.
 Speak - truth still lives.
 Say what you have
 To say.

(Faiz Ahmed Faiz)

(Translated by - Daud Kamal)

بول ---

بول، کہ لب آزاد ہیں تیرے
 بول، زباں اب تک تیری ہے
 تیرا ستواں جسم ہے تیرا
 بول کہ جاں اب تک تیری ہے
 دیکھ کہ آہن گر کی دکاں میں
 شند ہیں شعلے، سرخ ہے آہن
 کھلنے لگے قفلوں کے دہانے
 پھیلا ہر اک زنجیر کا دامن
 بول، یہ تھوڑا وقت بہت ہے
 جسم و زباں کی موت سے پہلے
 بول، کہ سچ زندہ ہے اب تک
 بول، جو کچھ کہنا ہے کہہ لے!

(فیض)

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