



Promoting
Human Development
of the **Disadvantaged**
Communities
in **Gender**
Perspectives



Annual Report 2011

SACHET Pakistan

Society for the
Advancement of Community,
Health, Education & Training

Contributing since 1999,
to the social and economic
development of the underprivileged
communities in Pakistan

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Annual Progress Report

2011

Acknowledgement

A very special thanks to the local communities of Rawalpindi, Islamabad, Attock, Northern Areas and project areas of Chakwal District for the cooperation extended to SACHET-Pakistan for implementing programs in social and economic development. Special thanks are due to the respective local authorities, district councils, Capital Development Authority, provincial departments, our partners and donors, in particular to Plan Pakistan, Plan International, concerned federal ministries and government departments. Without their moral, technical as well as material support, it would not have been possible for SACHET family to serve the under-privileged communities.

References

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AGEHI Resource Centre, SACHET-Pakistan
Al-Babar Centre, Park Road, F-8 Markaz,
Islamabad.

Tel: +92 51 225 4933, 225 6799

Fax: +92 51 225 5053

Email: agehi@sachet.org.pk

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Mission

“Promoting human development of the underprivileged in gender perspectives”

Vision

SACHET strives, in partnership with communities, public and civil society organizations, to develop a society based on three core values of sustainable human development i.e. self esteem, freedom of choice and tolerance; a society where all have equal access to opportunities and justice irrespective of gender, color, creed, race and status.

Values

Our values commitment, dedication, empathy, tolerance, loyalty, integrity, equity, gender sensitivity and service without discrimination.



Message from President

The year 2010-2011 marks the successful completion of twelve years of sustained services by SACHET for the socio-economic amelioration of targeted under-privileged communities in Pakistan. We humbly thank Almighty Allah for the privilege to serve without consideration of colour, caste, creed or gender and for the courage to do so without fear or favour.

The poor performance of the national economy during 2010-2011 posed greater challenges for SACHET's activities. During this year the economy suffered unprecedented devastating floods, rendering people homeless and resulting in widespread problems of health and hunger. Both agriculture and industrial sectors performed lower than projected, internal and external investments declined, domestic interest rates remained unbearably high and security vulnerabilities remained unabated.

The cumulative effect of these adverse factors resulted in an inflation rate escalating to 13.7 percent in 2010-2011 against 10.1 percent a year earlier. With limited sources of income and increased socio-economic challenges, such high inflation made the tasks of SACHET even more challenging. Undeterred by increased cost, SACHET continued to deliver services in the four key areas of primary health care, education, training and livelihood. SACHET teams not only provided primary health care to 47,836 patients during the year, but also ran a number of medical camps for flood effectees and arranged for food supplies from its limited income and donations. SACHET also continued to implement reproductive health initiatives for adolescents in collaboration with Plan Pakistan.

SACHET looks forward to augmenting existing partnership programs and developing new ones in collaboration with national and international partners. Towards this end, SACHET has strengthened the AGEHI Resource Center for better planning and implementation of various programs.

I compliment the dedicated efforts of the management and the entire SACHET team for their selfless commitment and service. I would also like to thank members of the Society and the Board of Directors for their continued contribution and unremitting support.



Dr. Abdul Qadeer Khan
NI & Bar, HI

President
SACHET Pakistan

Message from Chief Executive Director

By the grace of Allah Almighty; the commitment, sincerity, hard work of SACHET's team and support of partners has made possible completing another year of SACHET's proceedings to achieve significant uplift of the unprivileged society. Health service delivery, Reproductive health awareness, promotion of gender sensitivity, promotion of education, poverty alleviation and training remained the focused areas in SACHET's set of development interventions in under-privileged communities, in year 2011.

SACHET proceeded through, intervention need assessments to assess intensity of the gaps, potential prospective results, sustainability and self dependency. This allowed SACHET to address appropriate need of deserving people and today they are living independent changed lives. SACHET made its success stories happened through implementing its programs systematically with objective oriented approach where organization's mature policies, procedures and operating standards had a major contribution.

SACHET's financial and organizational sustainability has made possible continuing its community development programs, by using its own resources, which is the sign of its increased organizational strength. SACHET has also accomplished donor funded projects successfully in the last year, and has delivered approved valued services. I would like to appreciate and acknowledge the efforts of all those who are responsible for SACHET's success.



Brig. (R) Sajawal Khan

Chief Executive Director
SACHET Pakistan

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List of Achronyms

AFC	Adolescent Friendly Centres
AGEHI	Advocates of Gender, Education and Health Information
AIDS	Acquired Immune Deficiency Syndrome
AJK	Azad Jammu and Kashmir
ARH	Adolescent Reproductive Health
ASRH	Adolescent Sexual Reproductive Health
BCC	Behavior Change Communication
BHU	Basic Health Unit
BoD	Board of Directors
CBO	Community Based Organization
CDA	Capital Development Authority
CHC	Community Health Centre
CHE	Community Health Educators
CSO	Civil Society Organization
DoSTI-YAN	Dare to Sensitize, Train & Inform- Youth Advocacy Network
EC	European Union
FAD	Fight Against Dowry
FADAN	Fight Against Dowry Advocacy Network
FGD	Focal Group Discussions
GBV	Gender Based Violence
IEC	Information, Education and Communication
LHW	Lady Health Workers
LSBE	Life Skill Based Education
MGDs	Millennium Development Goals
MiRAS	Mobilization of Resources and Sustainability
MMR	Maternal Mortality Rate
MNCH	Maternal Neonatal Child Health
MOH	Ministry of Health
MoU	Memorandum of Understanding
NGO	Non Governmental Organization
PACIG	Poverty Alleviation cum Income Generation
PHC	Primary Health Care
PSU	Program Support Unit
RAH	Responsible Action for Health
RHC	Rural Health Care
RHIA	Reproductive Health Initiatives for Adolescent
SCDP	SACHET Community Development Program
SRH	Sexual Reproductive Health
STDs	Sexually Transmitted Diseases
STIs	Sexually Transmitted Infections
TBA	Traditional Birth Attendants
TNA	Training Need Assessment
ToT	Training of Trainers
UC	Union Council
UNFPA	United Nations Population Fund

Organizational Background

SACHET (Society for the Advancement of Community, Health, Education and Training) is a registered, non-profit, charitable, voluntary social welfare and development organization. SACHET has been working in development sector since 1999 with the aim of assisting disadvantaged communities in gaining their human rights and enabling them to live with dignity and respect.

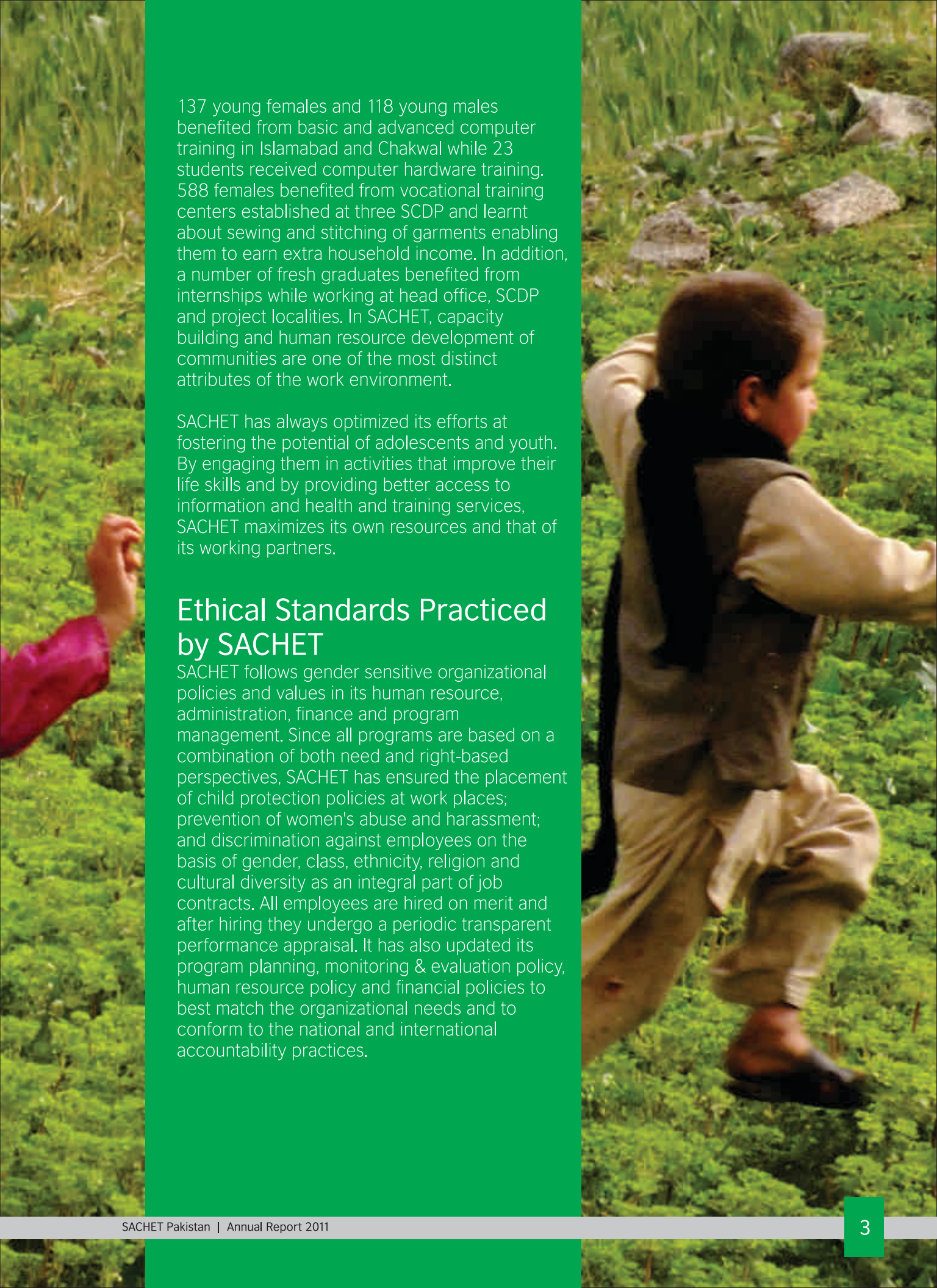
SACHET works holistically to provide necessary support and facilitation in four key program areas: health, education, livelihood and trainings by provision of essential services. Advocacy, communication, information dissemination, research and training of youth and adolescents, building up community partnerships are some of the strategies followed, for social and economic empowerment.

Core program activities at SACHET Pakistan are assisted by donations from local and overseas Pakistani philanthropists. Though not financially dependent, SACHET is open to partnerships and cooperation with local and international partners including UN agencies, global development agencies and multilateral development institutes.

Progress highlights 2011

This year alone, from July 2010 to June 2011, a total of 47,836 patients received free medical treatment from SCDP clinics. 74% of the total number of patients who visited SACHET Community Development Program (SCDP) comprised of women and children. 1,411 women out of the total patients treated at SCDP clinics came for MNCH (Maternal Neonatal and Child Health) care, while an additional 5,126 sought counseling and FP (Family Planning) services. 16,037 individuals came with complaints associated with communicable diseases while 24,903 patients had complaints associated with non-communicable diseases and 359 patients were provided TT vaccination. A series of one day medical camps were organized in collaboration with Pak Korea Trust and 1058 patients (95% children and women) were given free consultation and medicines by Korean doctors and specialists. Through the Dr. A. Q. Khan Scholarship Programs, 13 deserving students were able to complete their respective annual academic studies.





137 young females and 118 young males benefited from basic and advanced computer training in Islamabad and Chakwal while 23 students received computer hardware training. 588 females benefited from vocational training centers established at three SCDP and learnt about sewing and stitching of garments enabling them to earn extra household income. In addition, a number of fresh graduates benefited from internships while working at head office, SCDP and project localities. In SACHET, capacity building and human resource development of communities are one of the most distinct attributes of the work environment.

SACHET has always optimized its efforts at fostering the potential of adolescents and youth. By engaging them in activities that improve their life skills and by providing better access to information and health and training services, SACHET maximizes its own resources and that of its working partners.

Ethical Standards Practiced by SACHET

SACHET follows gender sensitive organizational policies and values in its human resource, administration, finance and program management. Since all programs are based on a combination of both need and right-based perspectives, SACHET has ensured the placement of child protection policies at work places; prevention of women's abuse and harassment; and discrimination against employees on the basis of gender, class, ethnicity, religion and cultural diversity as an integral part of job contracts. All employees are hired on merit and after hiring they undergo a periodic transparent performance appraisal. It has also updated its program planning, monitoring & evaluation policy, human resource policy and financial policies to best match the organizational needs and to conform to the national and international accountability practices.

Thematic Areas of Intervention

Health

Provision of primary health care services, maternal and child health, including preventive care, family planning services, referrals with secondary and tertiary care facilities, awareness raising on HIV and AIDS and its prevention; hepatitis and its prevention, communicable diseases and prevention, health sessions and counseling in ante-natal period including nutrition.

Education

Primary and secondary formal education through school rehabilitation program, computer literacy, documentation center, scholarships for deserving students especially girls.

Training

Boys and girls vocational training centers, awareness campaigns, and capacity building of the communities, staff as well as other beneficiaries on different themes.

Livelihood

Income generating skill development programs, shop-for-a-cause subsidized sales outlet for under privileged skilled workers; SACHET Art Gallery - a forum for the exhibition of artisans work.

Youth

Pakistani youth, including children are the primary focus for all social investment initiatives for development.

Gender

Non-discriminating gender participation and empowerment is a cross cutting theme for all SACHET's programs/activities.



Beneficiaries

- Children, Adolescents and Youth particularly for health, education and training programs
- Women, victims and survivors of violence for health, education and socio-economic empowerment programs
- Women and girls, men and boys for interventions aimed to end gender based violence including dowry violence and addressing other gender issues
- Disaster-hit, underserved and underprivileged communities of rural Pakistan
- Community elders, local government administrators, teachers, religious leaders etc.

Implementation Strategies

SACHET is following a successful three pronged strategy for implementation of its programs:

- a) Direct Service Delivery i.e. Community based tangible services including free primary health care services, provision of scholarships for academic studies and arrangement of trainings on income generation skills.
- b) Result Oriented Advocacy on communal issues like sexual and reproductive health rights, school rehabilitation, gender equity, protection of women against gender based violence and girl's empowerment of the disadvantaged sections of the society.
- c) Establishing and strengthening systems and Networks between and amongst young females and other segments of the community in order to supplement the community welfare, community well being and development of linkages between community based civil society organizations, governmental and private institutions including United Nation agencies.



SACHET Community Development Program

To contribute in improving health status; literacy; life skills and life standards of marginalized segments of impoverished communities

The management and program staff at SACHET focuses on the provision of tangible services in health, education, livelihood and capacity building services through an integrated model of SACHET Community Development Programs-SCDPs. Community individuals and families benefit from these programs, especially youth and marginalized segments of society.

Four community development units are working on different community development programs in the areas of Pinyali, Gagri, Banigala in the district of Rawalpindi / Islamabad and Pathargarh in Attock district.

|Health Program

SACHET considers poor health to be both a consequence and cause of poverty. We work with like mind organizations for the rights of impoverished communities to access age and sex specific clinical and preventive healthcare services and protect themselves and their families from communicable diseases. Despite limited resources, SACHET has been able to pilot and demonstrate a replicable model for providing free health care to communities, especially women and children, in a most appropriate and accessible manner. This service package is not limited to service delivery but also provides information. In addition to ensuring improved general health and hygiene, maternal and child health, the SACHET health program has been designed with special emphasis on promotion of adolescent and youth specific sexual and reproductive health.

The health program investments of SACHET now help in sustaining need based service delivery pertaining to maternal and child health; expanding the number of clients and contraceptive choices, and we are on the way to achieving significant milestones with respect to adolescents, youth health and life skills.

Projects under Health Program:

- a. SACHET Free Health Clinics
- b. Health Advocacy Assemblies
- c. Reproductive Health Initiatives with Adolescents (RHIA)
- d. Charity Hospital Sirmik, Skardu



Dr. Shahana, Senior Medical Officer attending a patient at medical camp organized for flood affectees in Mianwali

Free Health Clinics

The objective of this initiative is to provide curative and preventive primary level health services, including reproductive health care, to disadvantaged communities facing barriers like geographical or social inaccessibility and scarcity of financial resources to afford such services.

Four SACHET clinics staffed with a trained women medical officer, LHV and paramedical staff is provided with the medicines usually required at extended primary level health facilities. These clinics offer free primary level health services including diagnosis and treatment of diseases under basic health care, family planning counseling and care, antenatal care, immunization and referral. All patients, both male and female, benefit from a health session and take home key health messages. An estimated population of 100,000 from 57 localities around SCDP clinics located in Rawalpindi, Attock and Islamabad districts are direct beneficiaries of free health clinics. The average daily turnover is 33 patients per clinic. These four clinics also provide a strong referral service for needy patients requiring secondary and tertiary level care.

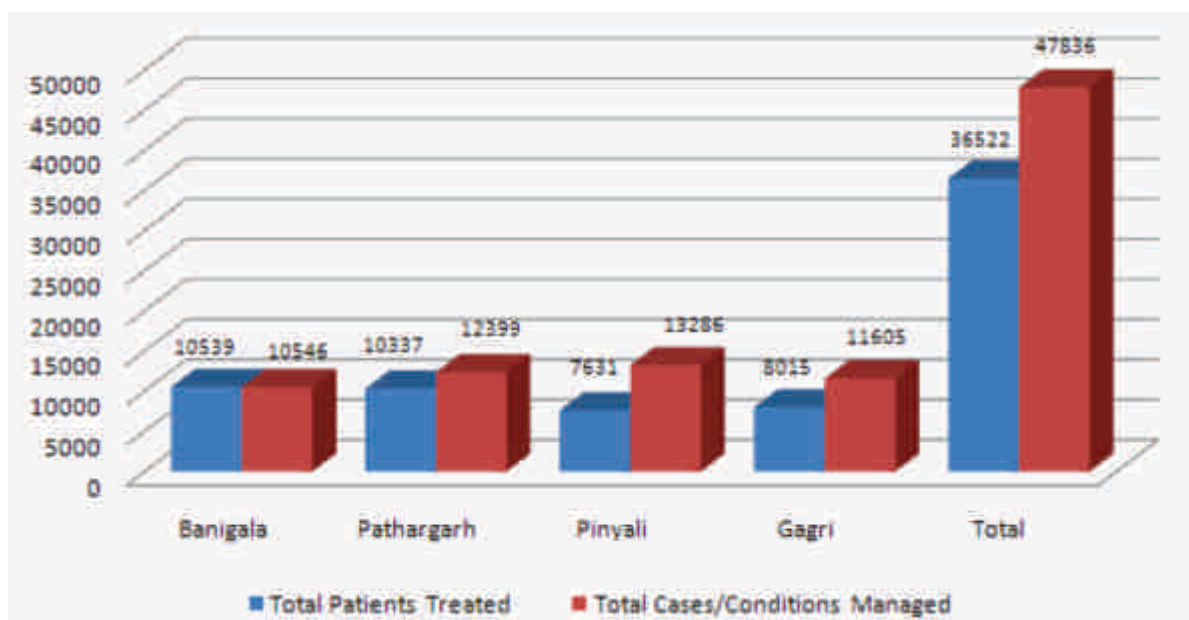
SACHET is also raising community awareness of prevention and protection related to health issues focusing on HIV & AIDS, Hepatitis, communicable diseases and seasonal epidemics like diarrhea and malaria by arranging health sessions for the general community, vulnerable groups and most at risk target groups. This has greatly helped in dispelling taboos, discouraging risky attitudes and behaviors and attainment of gradually evolving positive social change.

Services at Clinics

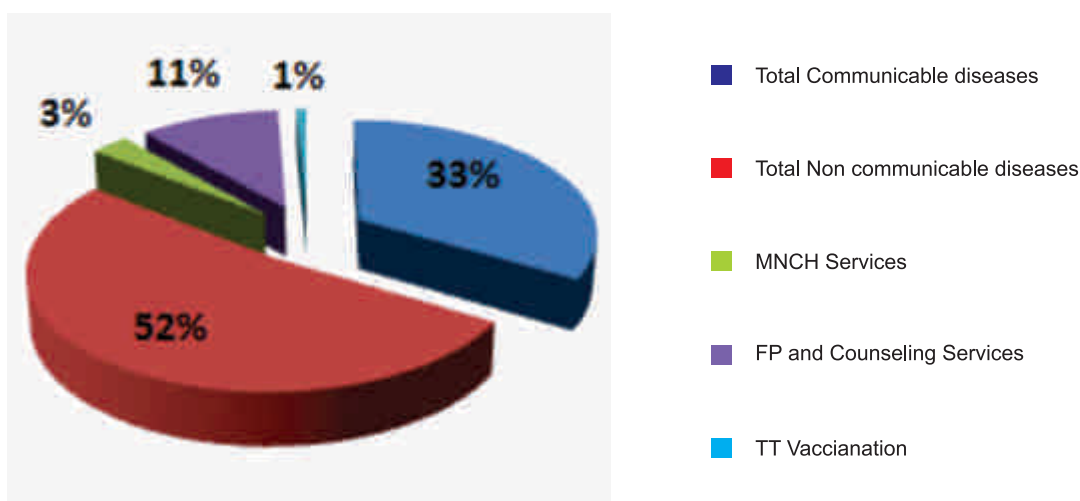
- a) Primary Health Care including maternal and child health covering diagnosis and medicines at no charge to patients,
- b) Family Planning Counseling and Services
- c) Sexual Reproductive Health (SRH) information, education and referral
- d) Preventive Healthcare through health sessions
- e) Antenatal and postnatal care
- f) Growth monitoring of under 5 children
- g) Training of community health committees
- h) Adolescents and Youth Specific health services

47,836 medical cases were reported at all four clinics out of which 16,037 cases were for communicable diseases including RTI, Diarrhea and Scabies. 24,903 patients visited for non-communicable diseases, majorly APD, Asthma and Malnutrition. 5,126 patients visited the clinics for family planning counseling services. A number of 1,411 patients visited for MNCH services during the reported period out of which 1,081 and 330 patients visited for antenatal and postnatal checkups respectively. During the period a number of 359 patients were provided TT vaccination.

Locality-wise Patient Turnover (2011)

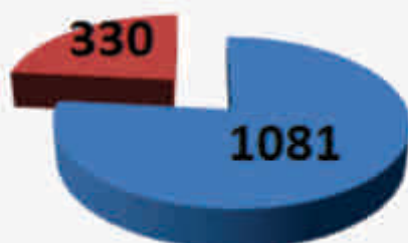


Summary of Health Services (2011)



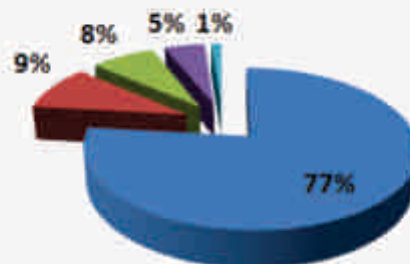
Maternal Health Care (2011)

- # of Antenatal Care patients
- # of Postnatal Care patients



Family Planning Services (2011)

- FP Counseling
- Condoms
- Pills
- Injections
- IUCDs



Summary of communicable diseases treated at SCDP Clinics in 2011

1	Diarrhea	4101
2	Eye Infection	1570
3	Measles	302
4	Mumps	119
5	RTI	8707
6	Scabies	950
7	STD	248
8	TB	40
Total Communicable diseases treated		16037

Summary of non communicable diseases treated at SCDP Clinics in 2011

1	APD/Hyperacidity	2944
2	Arthritis	800
3	Asthma	766
4	Diabetes	463
5	Ear Infection	1514
6	Goiter	219
7	Gynea general other than MNCH	1229
8	Hypertension	553
9	Jaundice	49
10	Tooth and Mouth Infections	1311
11	UTI	1432
12	Wounds	1061
13	Pelvic Inflammatory Diseases	639
14	Skin infections other than Scabies	2287
15	Anemia	403
16	Others	1750
17	Body Aches/Weakness	3976
18	Allergy	2297
19	Worms	1210
Total Non Communicable diseases treated		24903

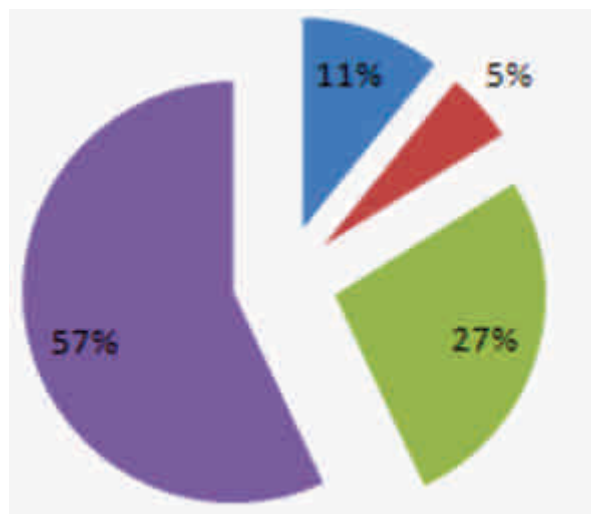
Health Advocacy Assemblies

Health promotion plays a very important part in achieving significant outcomes in any health program, and reduces the prevalence and incidence of disease among target groups. To educate communities regarding health and organize them to prioritize their health issues through a process of community mobilization, SACHET has been holding gender specific advocacy gatherings known as 'Behnan di Mehfil' and 'Bharawan di Mehfil' in local communities. Under SACHET's health program, these Mehfills and local gatherings promote social change through community mobilization. Mehfills are regularly held as appropriate mechanisms for initial sensitization, followed by active involvement and voluntary participation by women, men, girls and boys to develop healthy habits.

Topics covered in these mehfills include discussion sessions on family planning, health and hygiene, hepatitis, HIV & AIDS, TB & malaria, nutrition and immunization, balanced diet, exercise, healthy behaviors and awareness regarding gender based violence (GBV). Roles and responsibilities and all the issues related to program effectiveness and advocacy are also discussed in general meetings.

During the reported year 2010- 2011 total of 93 Awareness Program Mehfills were held. Out of which 5 were of Bharawan di Mehfil, 53 were of Behnan di Mehfil, 25 general community meetings and 25 awareness sessions were conducted. There is an increase in the number of Mehfills and other awareness sessions each year.

Awareness Program Sessions (2011)



- # of General Community Meetings held
- # of Bharawan De Mehfil
- # of Awareness sessions
- # of Behnan De Mehfil



Students participating in Volley Ball tournament organized under RHIA project in Chakwal

RHIA (Reproductive Health Initiative with Adolescents) Partnership with Plan International Pakistan

Reproductive Health Initiative with Adolescents (RHIA) is a rights based, child centered, and community based initiative focusing on adolescents. It has been implemented by SACHET in partnership with Plan Pakistan in selected communities in rural areas of district Chakwal and urban slums of Islamabad for the past four years (2006-2010).

In August 2010, the RHIA model was replicated in Bari Imam, an area comprising an indigenous population of an estimated 2300 households striving to obtain legal status of their residences and basic civic amenities. RHIA focuses on adolescents' social and economic empowerment by improving their understanding of sexual and reproductive health through capacity building on various reproductive health issues and life skills. Key beneficiaries are adolescents falling in the age bracket of 9-19 years. Project

During the reporting period in Chakwal under RHIA the registration of target adolescents reached 91 % of the total population. A total of 8260 adolescents including 3855 boys and 4405 girls of age 09-19 years were registered by the end of June 2011.

beneficiaries have been further divided into three (03) sub age groups i.e. 9-13, 14-16 and 17-19 years in order to focus and address the varied needs of the adolescents categorized as early, high energy and late adolescents respectively. RHIA project is being implemented using a child-centered community development approach. By the end of December 2010, SACHET was able to transform the RHIA model in Islamabad from a conventional project to a child-centered community development model

by enabling local communities of target localities to undertake this initiative on their own in consultation with Plan. However, in Chakwal this transition took place after a lapse of a six-month period and SACHET continues to work with Plan and target communities to enable community level stakeholders to adopt the community based model of RHIA. The model has been implemented at community level through gender specific focal implementation units called Adolescents Friendly Centers (AFCs) in Islamabad and Chakwal, where adolescents gather and enhance their knowledge and skills. AFCs are the hub of project activities being undertaken at community level. The number of target communities where AFCs were fully functional both in Chakwal and Islamabad, including Bari Imam, has risen from ten (10) in 2009 to seventeen (17) by the mid year of 2011. RHIA empowers adolescent girls and boys, women and men to take self-initiatives and gain self-confidence. It provides access to knowledge and skills, improves access to reproductive health services including family planning services through referrals, and extends cooperation and understanding amongst all stakeholders in the selected communities. Such activities enable adolescents to act with a sense of responsibility, assertiveness, confidence and active citizenship.

Summary of Participation of Adolescents in Health Sessions in RHIA Chakwal 2010-11

Topics	Total Participation of Boys			Total Participation of Girls			Total Participation
	9-13 years	14-16 years	17-19 years	9-13 years	14-16 years	17-19 years	
Communication Skills	292	149	104	306	182	153	1186
Peer Education	186	130	64	273	80	95	828
Health & Hygiene	389	256	143	326	206	181	1501
Hepatitis	3	211	72	-	317	101	704
HIV & AIDS	16	209	185	-	331	139	880
Sexual Abuse	-	46	250	-	36	302	634
Puberty Changes	-	254	105	-	227	194	780
Early Marriage	-	10	201	-	14	313	538
STIs	-	-	174	-	0	257	431
Total	886	1265	1298	905	1393	1735	7482

Summary of Participation of Adolescents in RHIA Islamabad 2010-11

Topics	Participation of Boys			Participation of Girls			Total	
	9-13 Years	14-16 Years	17-19 Years	9-13 Years	14-16 Years	17-19 Years	Boys	Girls
Communication Skills	198	167	175	166	164	194	540	508
Peer Education	192	164	178	188	146	185	534	530
Health & Hygiene	241	165	159	256	152	171	565	580
Hepatitis	146	190	168	133	196	181	504	491
HIV & AIDS	-	229	206	4	184	231	435	439
Sexual Abuse	164	187	153	242	133	160	504	582
Puberty Changes	168	200	159	213	153	175	527	572
Early Marriage	8	35	216	-	42	214	259	251
STI's	-	71	201	-	52	216	272	272
Total	1117	1408	1615	1202	1222	1727	4140	4225



Students participating in extra curricular activities at Girls High School in Chakwal.

Education (Khazeena)

The country's commitment to achievement of EFA (Education for All) goals and education related MDG's appears elusive based on current performance. Enrollment in basic education is consistently low, characterized by high dropouts resulting from low quality education; insufficient facilities particularly in rural areas; and inadequate teacher training as well as weak academic and managerial monitoring. Ministerial and departmental inefficiency and prevalence of low learning environments is endemic and continues to rise. There are persistent gender disparities and girls continue to remain under-represented in the education system, both public and private.

In order to improve accessibility of education, particularly for girls in low income households, and to enhance enrolment in difficult environments, existing schools need to be upgraded and strengthened with the provision of necessary infrastructure especially missing facilities; capacity building of faculty and creation of a conducive environment to achieve desired outcomes. This need becomes even more compelling with the backdrop of the colossal disasters that have taken place in Pakistan in the last decade. In order to contribute effectively in achieving MDGs, education has been prioritized by SACHET as one of the important areas of intervention. SACHET is committed to its mission of promotion of human development in neglected areas; anchored with provision of equal opportunities in education with an extra focus on disadvantaged communities.

Projects under Education Program are:

- 1) Dr. A. Q. Khan Scholarship Project
- 2) Dr. A.Q. Khan Documentation Centre
- 3) SACHET Computer Training Centres
- 4) Elementary Public School Rehabilitation Project



Adolescent from Mohra Noor village SCDP Banigala, Islamabad

Dr. A. Q. Khan Scholarship Project

Objectives:

- To provide financial aid to academically brilliant students who cannot afford to continue their studies on account of financial constraints.
- To provide financial assistance to deserving and brilliant students in the SACHET Community Development Program Areas.

The scholarship project is focused on providing financial assistance to deserving students irrespective of gender, religion, color, race and ethnicity for pursuing primary to higher-level formal education. Initially scholarships were given to deserving students from all over Pakistan but from 2002 onwards, due to scarcity of funds, the scope of the project has been limited to SACHET's Community Development Program Areas. Exceptions are made for those cases where students are orphans.

Beneficiary schools/colleges and universities of Dr. A. Q. Khan Project are:

- 1) Islamabad Girls College, Barakhau Islamabad
- 2) Superior Science School, Main Street, Madina Town Barakhau
- 3) Allama Iqbal Model School, Shakrial Rawalpindi
- 4) St. Marks High School, Rasheed Colony, Sadiqabad, Rawalpindi
- 5) Islamabad College for Girls, F-6/2, Islamabad
- 6) New Model Public School & Computer Institute, Shakrial, Rawalpindi
- 7) University of Engineering & Technology, Taxila

For the period July 2010-June 2011, 7 females and 6 males i.e. a total of 12 students were provided scholarships amounting Rs. 205,370/-. 5 of the beneficiaries are getting primary, 7 secondary and 1 is getting higher education (from University of Engineering & Technology Taxila).



Students at Computer Training Center SCDP Panyali

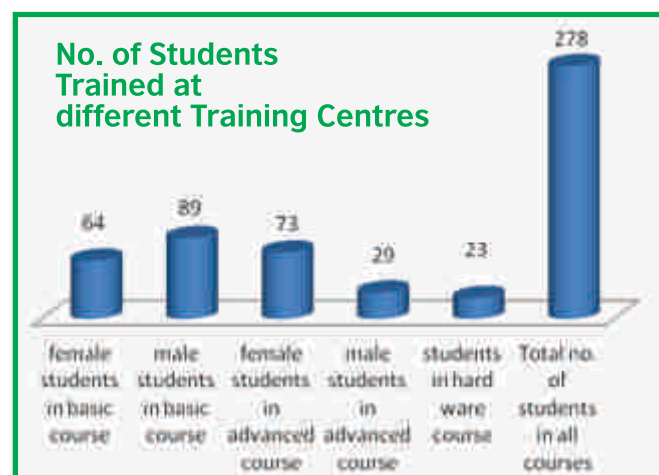
Dr. A. Q. Khan Documentation Centre

The objective of the Dr. A. Q. Khan Documentation Center is to support research and knowledge by collecting and relevant books and materials. A number of policy makers, field practitioners and communities benefit from these reports, journals, reports, IEC materials and many other publications.

Located at the SACHET head office in Islamabad, Khazeena library has a collection of more than 2000 different publications on public health, medicine, HIV & AIDS, population, women studies, violence against women, literature in English and Urdu and support material for trainings.

Computer Training Centers

Skilled youth can change the world. In order to divert the energies of our youth towards a purposeful life, it is important to impart livelihood specific technical and vocational trainings to adolescents and youth living in target areas. Such education can help to prevent them from being vulnerable to social evils including drug addiction and thefts. Students are provided with a platform to unleash their potential and



compete in a learning environment. The objective of this project is to impart cost effective and affordable computer education to youth in rural communities with the aim of enabling them to acquire better employment. Computer training centers are equipped with standard computers with all essential software and hardware. These training centers offer courses in basic programming, web page designing, office automation, In-page, database development and basic hardware courses. During 2010-2011 SACHET managed four computer training centers in rural areas of Attock, Islamabad, Rawalpindi and Chakwal.



Poverty Alleviation and Income Generation Program/ Livelihood

Addressing prevalent poverty within communities is a priority area of focus for SACHET. More provision of financial assistance is neither feasible nor the ultimate solution for poverty reduction. SACHET has envisaged providing platforms which build on and develop professional and technical capabilities of disadvantaged segments of communities living in target localities. The Livelihood Program aims to enable disadvantaged communities to pursue economic empowerment. SACHET believes in helping to reduce the burden of ill health caused by poverty by integrating provision of health services with opportunities of income generating and skills development training programs.

SACHET is operating three projects under livelihood Program:

Shop for a Cause

Shop for a Cause, established in 2001, is a sales outlet purposefully built for marketing, display and promotion of the products made by disadvantaged artisans. Regular customized exhibitions are held to introduce and promote local crafts. True to its objectives, the outlet signs an agreement with the artisans whose products are displayed, whereby 80 percent of the sales price goes to the artisans while SACHET retains 20 percent. This 20 percent is used towards medical care of deserving patients at SACHET clinics. Currently, there are 28 consignors associated with SACHET's Shop for a Cause. These consignors belong to urban, and rural communities, as well as different organizations. The number of female consignors is 15, while there are 7 males and 6 organizations. Geographical distribution includes Punjab, Sindh, Baluchistan, KP, FATA, GB, ICT and AJK. Items on sale includes: hand made cards, hanging wooden frames, glass frames, bed sheets, towels, cushion sets, tea pot covers, candle pots, dish stands, cup stands, bracelets, key chains of different kinds, door bells, mobile covers, handmade mirrors, table mats, purses, clutches, passport covers, bangles, jewelry boxes, FAD badges, silver ribbon bags, T-shirts, SACHET Bags, painted & embroidered frames, pots & vases of different kinds, mehndi tray, candle basket, flower baskets and bed sheets etc. A total consignment worth Rs. 220,662/- was available at SACHET's Shop for a Cause and sales of Rs. 62,398/- were made during the period June 2010-July 2011.

Details of exhibitions in which Shop for a Cause participated during this period are:

1. Winter Grassroots Bazaar held on Saturday, December 04, 2010 arranged by Ms. Allana McConnon through her Gallery IMAGES by Allana.
2. Islamabad Capital Territory (ICT) District Administration Women's Development Programme in partnership with a consortium of Civil Society & UN organizations organized a Mega Event to celebrate 100th year of International Women's day on 17th March 2011 at Potohari Arts and Crafts Village near Shakarparian, Islamabad.



SACHET Gallery

SACHET Gallery provides an opportunity to display the indigenous hand-made arts and crafts made by young, amateur as well as professional artists/artisans from all over Pakistan. The Gallery is well equipped and specifically designed for exhibitions. In addition, an auditorium with capacity for 60 persons is available for audiovisual portfolio presentations. The auditorium also periodically showcases the struggle of Pakistani citizens through diverse media and artistic expressions. Since SACHET's main focus is health, the Gallery offers an exclusive platform for organizations in both public and private sectors to display health communication material, launch health advocacy workshops and display publications and posters aimed at advocacy in education and human rights. Other events such as screening of videos on social and political issues, panel discussions on art, society and emerging development issues, workshops and evenings with experts in the areas of art, literature, theatre, music, human rights and social activism also take place at SACHET Gallery.

SACHET Craft Centers

The main objective of SACHET Craft Centers is to provide opportunities to local communities by enabling them to access vocational training with the ultimate goal of securing opportunities to generate household incomes. For this purpose three vocational training centers have been established in Pinyali and Gagri villages of district Rawalpindi, Pathargarh village in Attock district. These centers offer three month courses in cutting, sewing, stitching, embroidery, designing and preparation of decoration items. In addition, students are provided sessions on entrepreneurship and marketing skills.

At the craft center Pinyali 186 students were registered during the period July 2010 to June 2011. At craft center Gagri 149 and at Pathargarh 134 students were enrolled respectively during the period July 2010 to June 2011.

Summary of Craft Centers

Name of Crafts center	No. of Students
Students trained in Craft center Gagri	149
Students trained in Craft center Pinyali	186
Students trained in craft center Pathargarh	134
Total No. of Students trained	469



Community Representatives from urban slums of Islamabad during training on organizational management held at SACHET head office Islamabad

Training Program (Survival Kit)

Human development lies at the core of SACHET programs. We recognize that basic managerial skills and an updated knowledge on economy, sociology, politics and the security situation is of utmost importance even for a stable household economy. The scarcity of technical expertise and skillful youth has led to a decline in economic growth. SACHET recognizes that people in organizations and businesses are essential assets in contributing to development and growth. Investment in youth empowerment, therefore, provides a demographic dividend and is an equity investment. The collective positive change in attitudes, skills, and abilities of people makes a qualitative and quantitative contribution to institutional performance and state productivity. Any investment in training, development, health and support is a valuable investment.

The Survival Kit Training Program has three components; internship, capacity building and professional training. SACHET extends capacity building for internal staff members and provides professional training for government functionaries and departments, CSOs, CBOs and other national, international NGOs.

Internship Project

The internship project aims to train fresh graduates and impart relevant experience and exposure in different areas thereby opening up new employment opportunities. The program has been very useful for SACHET's own capacity building as well as many of the interns who served in SACHET as a part of their on the job training.

Capacity Building Project

This project offers national and international training opportunities to SACHET staff members and local partners on development related issues, reproductive health, communication skills, organizational management and all areas relevant to the organization and its work areas.

During the reported year, SACHET provided opportunity for 3 fresh university graduates to work with the program team held at head office and field based SACHET Community Development Program units.



Community Representatives from urban slums of Islamabad during training on organizational management held at SACHET head office Islamabad

Professional Training Project

A series of training workshops are conducted under this project, ranging from one to five days. The main focus of these workshops is relevant and contemporary development issues. Workshops are especially designed to meet the fundamental knowledge and skill gaps amongst development professionals. Individual experience and qualifications are the criteria for these trainings. Various refresher trainings both for health service providers working in Chakwal and Islamabad were held in Islamabad and Chakwal under RHIA. In Chakwal 02 RHIA trainings each for male and female teachers were conducted on Adolescents Sexual and Reproductive Health (ASRH), benefiting 40 male and 36 female teachers in total. Similarly 18 health service providers in Chakwal and 13 health service providers in Islamabad were provided with refresher training on ASRH and management of STIs in coordination with Punjab Rural Support Program (PRSP) Chakwal and CDA Health Directorate Islamabad.

In Islamabad, during the past year two workshops for religious leaders and local influential were planned in which 20 religious leaders (13 male and 7 female) and 43 (24 male and 19 female) influential members from selected communities participated. In Chakwal, two workshops were held for religious leaders highlighting their role in strengthening the ASRH at community level benefiting 20 religious leaders. The purpose of the workshop was to orient religious leaders and local influential members on health promotion among general masses and advocacy for reproductive health rights.

During the year two orientation meetings with media persons/journalists in order to highlight the ASRH issues in print media were held both in Chakwal and Islamabad.

AGEHI Resource Centre

Advocates of Gender Education & Health Information

AGEHI is an acronym standing for Advocates of Gender, Education and Health Information. AGEHI is also an Urdu word meaning knowledge, awareness, perception and insight. SACHET considers that AGEHI is a pre-requisite for any positive socio-economic evolution.

The primary objective of AGEHI is to provide advocacy for development in all spheres and areas. It also focuses on sensitization for, and prioritization of, education and health programs coupled with lobbying for promotion of healthy social activism. AGEHI endeavors to bring about policy shifts by supporting strategic communication and grass root level mobilization of human, financial and material resources through development of information, education and communication materials; preparation of policy briefs, publications for advocacy and arrangement of workshops and dialogue between communities and policy think tanks.

Aside from ensuring quality programs, AGEHI works closely with SCDPs and funded projects to augment the process of evidence based planning. It follows a model of effective programming ensuring efficiency, relevance, effectiveness and accountability in SACHET through periodic monitoring and evaluations. The learning from the findings of a periodic cycle is considered at the time of planning for next cycle of activities.

AGEHI's operational domain includes:

- 1) Designing and implementation of advocacy, service delivery and research projects
- 2) Designing and conducting technical trainings and advocacy workshops, dialogues and seminars
- 3) Development of communication and training manuals
- 4) Designing and delivering theatrical performances
- 5) Production of audio video material including documentaries
- 6) Managing SACHET's volunteer networks of FADAN (Fight against Dowry Advocacy Network) and DoSTI-YAN (Dare to sensitize train & Inform – Youth Advocacy Network)
- 7) Managing SACHET's official website (www.sachet.org.pk)
- 8) Monitoring of SACHET's programs and projects
- 9) Development of Communication Material

Spectrum of AGEHI Resource Centre revolves around:

- *Advocacy*
- *Research*
- *Communication*
- *Effective Programming*
- *Monitoring & Evaluation*

FAD (Fight Against Dowry)

Objectives

- To learn about perceptions, attitudes, practices and issues connected with dowry in Pakistan Society.
- To build a platform among all stakeholders, primarily youth and students and media for a social change aimed at reducing dowry related violence.
- Sensitize communities and improve their awareness on social, economic, psychological and health hazards of dowry and dowry violence.
- To lobby with likeminded entities for various policy and process reforms with the various levels of government.

FAD works with media, youth and all interested groups to highlight costs and consequences of the custom and institution of dowry. FAD has taken some practical steps for the cause by breaking the culture of silence, promoting positive dialogue and organizing activities to involve youth in the process of disseminating the message.

The key strategies to achieve these objectives include media advocacy, youth involvement, working with legislators, religious leaders, opinion makers and research.

FADAN (Fight Against Dowry Advocacy Network)

Based on this philosophy of advocacy, FADAN, a national network against dowry violence was formed in 2003. One of the major achievements of FAD is the formation of a national level advocacy network to strengthen partnerships with the stakeholders. It aims to create and sustain a social movement against dowry by demand.

FADAN membership takes into its fold both individuals and organizations, with the essential prerequisite criteria of determination, commitment and devotion of the members to the network's goals and objectives. FADAN is a national network of change makers who are working against dowry violence.

Till the end of June 2011, the network had lead change makers in all four provinces of Pakistan and Pakistani administered Kashmir and nearly 250 volunteers as change makers who belong to civil

Silver Ribbon

The initiative of the "Silver Ribbon Campaign" which was launched by FAD on 27th November 2004 portrayed the elements of simplicity, austerity and courage against ills and evils of dowry on demand. It was decided that a Silver Ribbon would be the logo of FADAN at the occasion of the Second National FAD workshop in July 2006.

AGEHI Theatre Group

Theatre is one of the most powerful creative and behavior change communication tools. AGEHI theatre was established in the year 2001 to raise awareness and sensitivity about different social issues through theatre performances at various forums and events. AGEHI theatre comprises of amateur performers, mainly young students, development activists and practitioners who have passion and belief to strive for social change through creative expression. AGEHI theatre adopts all forms of theatre, keeping in view the subject matter, location and audience.

During the reported year AGEHI theatre mainly focused on street theatres in the rural communities. A total number of 20 street theatres were delivered in urban slums of Islamabad and 36 theatres were organized in rural areas of Chakwal, Rawalpindi & Attock district. Social Issues like HIV & AIDS, Health and Hygiene, Family Planning, Importance of Education were highlighted through theatres.

AGEHI Production House

AGEHI Production House operates under the AGEHI Resource Center. AGEHI Production House is a full service, quality, creative production house for the development as well as the corporate sector. It has a complete team of professionals and experienced directors, production coordinators, cameramen, scriptwriters, set designers, graphic designers and technical staff and is fully equipped with state of art equipment.

We focus on our development sector clients' overall program areas, themes and specific issues regardless of the size, scope or type of project. We are able to produce effective productions for development and corporate sectors based on the needs of client organization. AGEHI Production House offers services for documentaries, TV series, TV talk shows, tele-theatres, art movies focusing on social epidemics, docudramas, theatre performances, electronic media campaigns, public service messages, jingles and promos.

AGEHI Production house specializes in productions on social issues like family health, reproductive health and family planning, and campaigns against all social evils like domestic violence, honor killing, gender discrimination and abuse of basic human rights.



Community elders in Mianwali

Network and Alliances

During the reporting period, SACHET actively engaged and supported with following networks:

1. Pakistan Reproductive Health Network (Focal Point for Islamabad Chapter)
2. Insani Haqooq Itihad – IHI (Member)
3. Ending Violence Against Women – EVAW (Member)
4. Punjab AIDS Consortium – PAC (Member)
5. National AIDS Control Federation (Member)
6. Population Association of Pakistan (Member)
7. National Trust for Population Welfare (Member)
8. South Asian Fund Raising Group (Member)
9. Men-engage, National Alliance (Member)
10. NGO's Management Committee, Women Crisis Centre Islamabad (Member)

MiRAS (Mobilization of resources & Sustainability)

Most civil society organizations rely on grants and donations to cover the costs of their activities, but such traditional funding sources are often insufficient to meet today's growing needs and rising costs. In addition, the restrictions imposed on many grants and donations, and the uncertainty of such funds being received, makes long-term planning and improvement of services difficult. When the cost of an NGO's core activities exceeds the inflow of grants and donations, it is forced to reduce the quantity and/ or quality of its work, or to find new sources of funds to cover the difference.

SACHET has undertaken a strategic move to overcome these issues, strengthen existing programs and identify new venues of funding opportunities for its geographic and programmatic expansion by initiating the concept of resource mobilization and long term financial, institutional and technical sustainability.

MiRAS works as an umbrella for all of SACHET's programs and projects to ensure sustainability of initiatives and projects. It has been created with the objective to identify means and measures for ensuring technical, financial and institutional sustainability of the organization. To achieve these objectives three approaches have been chalked out by SACHET's operational leadership:

- a) To market training and advocacy expertise of SACHET in development sector to ensure technical sustainability.
- b) To reach out new donors and partners with innovative and realistic proposals keeping in view the mandated objectives of SACHET to attain institutional sustainability.
- c) To generate funds for organization through media productions.

Financial Statements & Audit Report 2011

AUDITORS' REPORT TO THE EXECUTIVE COMMITTEE

We have audited the annexed balance sheet of **SOCIETY FOR THE ADVANCEMENT OF COMMUNITY HEALTH, EDUCATION AND TRAINING - PAKISTAN** ("the Society") as at 30 June 2011 and the related income and expenditure account and cash flow statement together with the notes forming part thereof (here-in-after referred to as the financial statements) for the year then ended.

It is the responsibility of the Society's management to establish and maintain a system of internal control, and prepare and present the financial statements in conformity with the approved accounting standards as applicable in Pakistan. Our responsibility is to express an opinion on these statements based on our audit.

We conducted our audit in accordance with generally accepted auditing standards. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of any material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting policies used and significant estimates made by the management, as well as, evaluating the overall presentation of the financial statements. We believe that our audit provides a reasonable basis for our opinion.

In our opinion, the financial statements present fairly in all material respects the financial position of **SOCIETY FOR THE ADVANCEMENT OF COMMUNITY HEALTH, EDUCATION AND TRAINING - PAKISTAN** as at 30 June 2011 and of its surplus and cash flow for the year then ended in accordance with the approved accounting standards as applicable in Pakistan.

The financial statements of the Society for the year ended 30 June 2010 were audited by another firm of chartered accountants who issued an unqualified audit report dated 10 January 2011 on those financial statements.


RIAZ AHMAD & COMPANY
Chartered Accountants

Name of engagement partner: Atif Bin Arshad

Date: **20 FEB 2012**
ISLAMABAD

SOCIETY FOR THE ADVANCEMENT OF COMMUNITY HEALTH, EDUCATION AND TRAINING - PAKISTAN

BALANCE SHEET AS AT 30 JUNE 2011

	NOTE	2011 Rupees	2010 Rupees
NON-CURRENT ASSETS			
Property and equipment	3	29,101,992	30,485,085
Investments	4	100,374,909	101,310,304
		<u>129,476,901</u>	<u>131,795,389</u>
CURRENT ASSETS			
Inventory	5	487,130	525,677
Advances to staff		149,275	-
Deposit and prepayment	6	80,548	9,154
Other receivables		63,203	1,324,991
Accrued income	7	-	147,255
Advance income tax		810,000	810,000
Cash and bank balances	8	9,508,289	801,555
		<u>11,098,445</u>	<u>3,618,632</u>
TOTAL ASSETS		<u>140,575,346</u>	<u>135,414,021</u>
FUND AND LIABILITIES			
FUND			
General fund	9	111,171,030	108,994,470
NON-CURRENT LIABILITIES			
Deferred Income	10	21,752,768	23,597,479
Provident fund		1,695,443	1,303,802
		<u>23,448,211</u>	<u>24,901,281</u>
CURRENT LIABILITIES			
Creditors, accrued and other liabilities	11	5,956,105	1,518,270
Total Liabilities		<u>29,404,316</u>	<u>26,419,551</u>
TOTAL FUND AND LIABILITIES		<u>140,575,346</u>	<u>135,414,021</u>
CONTINGENCIES AND COMMITMENTS			

The annexed notes form an integral part of these financial statements.

✓



PRESIDENT



CHIEF EXECUTIVE DIRECTOR



SECRETARY GENERAL

**SOCIETY FOR THE ADVANCEMENT OF COMMUNITY HEALTH, EDUCATION AND
TRAINING - PAKISTAN**

**INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 30 JUNE 2011**

	NOTE	2011 Rupees	2010 Rupees
INCOME			
Donations and voluntary contributions		1,101,500	1,000,000
Amortization of deferred income		1,844,711	1,844,711
Income from short term projects	12	11,433,647	1,543,521
Other income	13	15,283,204	13,711,873
		<u>29,663,062</u>	<u>18,100,105</u>
EXPENDITURE			
Direct project cost	14	17,005,126	8,920,158
Administrative and support cost	15	9,123,713	8,757,984
Depreciation		1,345,994	1,343,244
Bank charges		11,669	6,425
Surplus / (deficit) for the year transferred to general fund		<u><u>2,176,560</u></u>	<u><u>(927,706)</u></u>

The annexed notes form an integral part of these financial statements.

✓


PRESIDENT


CHIEF EXECUTIVE DIRECTOR


SECRETARY GENERAL

Vision Statement of SACHET Pakistan

SACHET operates on the deep conviction that it is here to give optimism to the disadvantage in society. There fore Faiz's stirring; poetic salute to the socially marginalized serves as an appropriate poetically articulates vision statement for our organization

We Shall live to see

We Shall live to see,
so it is written,
We shall live to see,
The day that's been promised,
The day that's been ordained;
The day when the mountains of oppression
Will blow away like wisps of cotton;
When the earth will dance
Beneath the feet of the once enslaved;
And heavens'll shake with thunder
Over the heads of tyrants;
And the idols in the House of God
Will be thrown out;
We the rejects of the earth,
Will be raised to a place of honour.
All crowns'll be tossed in the air,
All thrones'll be smashed,
And God's word will prevail,
He who is both present and absent
He who's beheld and is the beholder.
And truth shall ring in every ear,
Truth which is you and I.,
We, the people will rule the earth
which means I, which means you.

(Faiz Ahmed Faiz)
(Translated into English by - Khalid Hassan)

ہم دیکھیں گے
لازم ہے کہ ہم بھی دیکھیں گے
وہ دن کہ جس کا وعدہ ہے
جولوح ازل میں لکھا ہے
جب ظلم و ستم کے کوہ گراں
روئی کی طرح اڑ جائیں گے
ہم محکوموں کے پاؤں تلے
جب دھرتی دھڑ دھڑ دھڑ کے گی
اور اہل حکم کے سر اوپر
جب بجلی کڑکڑ کرے گی
جب ارض خدا کے کعبے سے
سب بُت اٹھوائے جائیں گے
ہم اہل صفا، مرد و حرم
مسند پہ بٹھائے جائیں گے
سب تاج اچھالے جائیں گے
سب تخت گرائے جائیں گے
بس نام رہے گا اللہ کا
جو غائب بھی ہے حاضر بھی
جو منظر بھی ہے ناظر بھی
اور راج کرے گی خلق خدا
جو میں بھی ہوں اور تم بھی ہو

(فیض احمد فیض)

SACHET, Head Office

Park Road, F-8 Markaz, Islamabad
Phone: 92-51-2254933
Fax: 92-51-2255053
E-mail: sachet.pakistan@sachet.org.pk
Website: www.sachet.org.pk

SACHET Gallery

1st Floor, Al-Babar Centre, Park Road,
F-8 Markaz, Islamabad
Phone : 92-51-2256799 - 2255053

SACHET, Shop for a Cause

Ground Floor, Al-Babar Centre, Park Road,
F-8 Markaz, Islamabad.
Phone : 92-51-2256799 - 2255053, Ext. : 113
E-mail: shopforacause@sachet.org.pk

AGEHI Resource Centre

Al-Babar Centre, Park Road,
F-8 Markaz, Islamabad.
Phone : 92-51-2256799, Fax : 92-51-2255053
E-mail: agehi@sachet.org.pk

**SACHET, Community Development Program
Banigala**

Banigala, Mohra Noor,
Near Rawal Dam, Islamabad.
Phone : 92-51-2841498

**SACHET, Community Development Program
Pinyali**

Pinyali, Main Kahuta Road,
District Rawalpindi.
Phone : 92-51-4980094

**SACHET, Community Development Program
Pathargarh**

Pathargarh, Hassan Abdal,
District Attock,
Phone : 0300-8568902

**SACHET, Community Development Program
Gagri**

Japanese Road,
Sihala, Islamabad.
Phone : 92-51-4495525

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Engendering Development

Phone: +92-51-2254933, Fax: +92-51-2255053
Website: www.sachet.org.pk