

SACHET Pakistan

Society for the Advancement of
Community, Health, Education and Training

Promoting Human Development

ساشے پاکستان

ادارہ برائے معاشرتی ترقی، صحت، تعلیم و تربیت

انسانی ترقی کے فروغ کے لئے کوشاں

17th Annual Progress Report 2015



*Contributing to the social and economic
development of the disadvantaged
communities in Pakistan since 1999*

پاکستان میں ۱۹۹۹ء سے محروم طبقوں کی
معاشری اور معاشرتی ترقی میں معاون



www.sachet.org.pk

Governing Body

Dr. A.Q. Khan, NI & Bar, HI	Founder, President
Lt. Gen. (R) Dr. Riaz Ahmed Chowhan, HI (M)	Member of the Board of Directors
Prof. Dr. Mushtaq Ahmed Khan	Member of the Board of Directors
Prof. Dr. Khalida Waheed	Member of the Board of Directors
Prof. Justice Muhammad Al-Ghazali	Member of the Board of Directors
Brig. (R) Sajawal Khan Malik, SI (M)	Member of the Board of Directors

Executive Management

Mr. Muhammad Faheem	Secretary General
Dr. Rakhshinda Perveen	Co-Founder, Executive Director
Brig. (R) Sajawal Khan Malik	Chief Executive Director
Mr. Amin Muhammad	General Manager

Legal Status

National Tax Number: 2298778-9
Registration Number: VSWA/ICT/306

SACHET (Society for the Advancement of Community, Health, Education and Training) is a Pakistani organization registered on May 5, 1999 at Islamabad under Voluntary Social Welfare Agencies (Registration and Control Ordinance 1961) issued and authorized by Islamabad Capital Territory Administration, Govt. of Pakistan.

Exempted from income tax under section 2(36) of the Income Tax Ordinance 2001 in view of CBR's SRO No. 667(1)/2006 dated 27 June 2006.

Exempted from income Tax under section 58(3) of Income Tax Ordinance 2001 (XLIX of 2001) vide SRO No. 772 (I)/2007 published in The Gazette of Pakistan on August 4, 2007.

Legal Advisers

Mandviwalla & Zafar Advocates, Islamabad
www.mandviwallaandzafar.com

Auditors

Horwath Hussain Chaudry & Co. Chartered Accountants
www.crowehorwathpk.com

Report Contributors

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Mr. Atif Nuhullah, Manager Finance, Head Office Islamabad.

Message from the President

Dr. A.Q. Khan, NI & Bar, HI

Founder & President

It gives me a great pleasure to present Annual Report of Society for the Advancement of Community, Health, Education and Training (SACHET) Pakistan for the financial year 2014-15 for the 17th year in a row.

It is a matter of satisfaction that despite difficulties, the community health centres run by the Society, provided free medical care to over 26,240 patients during the year. Not only the urgent medical services were extended to the indigent young and old women and men, mother and children, without any discrimination; but equally important is that these services were provided at a walking distance from their homes, reducing the mobility cost for already poor persons. SACHET also made efforts that the cost of treatment per person remains low as in the past at Rs. 291 (\$2.91).

As usual, SACHET did not lose sight of its responsibility towards comprehensive community development in the community it serves. It effectively ran educational programs, particularly for females; skills and income generating trainings, advocacy and awareness raising programs for the empowerment of various segments of the community, the details of which appear in the succeeding pages of this report.

The efforts of non-governmental sector, including SACHET Pakistan to assist and contribute along with the public sector, for the socio-economic uplift of masses fall much short of the requirements on the ground. Pakistan lagged far behind in meeting the targets of all eight Millennium Development Goals (MDGs) by the end of December 2015, in



vital areas like Eradication of Extreme Poverty and Hunger; Universal Primary Education; Child Mortality, improved Maternal Health; combating HIV and AIDS, Malaria and other diseases. Pakistan has adopted 16 targets and 41 indicators against which progress towards achieving the MDGs is measured. According to the figures in MDGs Report 2013 published by Ministry of Planning Development and Reform, Government of Pakistan, time series data available for 33 of these indicators reveal that Pakistan is on track to achieve the targets on only 9 indicators whereas its progress on 24 indicators is off track.

NGO sector as well as public sectors at federal and provincial levels need to augment their administrative, financial and technical resources so as to accelerate the achievement of MDGs as per the national and international commitments. Without these it is unlikely to achieve these targets.

SACHET highly appreciates the cooperation; it has always received from local, provincial and federal authorities, local and foreign non-governmental organizations, Zakat and Ushr Administration, ICT, Hilton Pharma, Wilson Pharmaceuticals and Pfizer Labs. Without their cooperation it would not have been possible for SACHET to serve various communities. On its part SACHET has always joined hands with private and public sector, in implementing in a transparent and effective manner its programs of socio-economic development.

I congratulate SACHET management for their efforts.

Introduction

As a social welfare, grass root community development, non-profit organization, Society for the Advancement of Community, Health, Education and Training (SACHET) Pakistan is making its contribution since 1999. SACHET is a service delivery and an advocacy institution, works holistically in four key program areas of health, education, livelihood and training-as its name suggests.

The programs are both need and right-based; with provision of free primary health care, education in particular female education, training, skill development, child protection, prevention of violence and harassment against women. Removal of discrimination in society on the basis of gender, class, ethnicity, religion, cultural diversity is at the heart of its programs.

The Program Unit of SACHET runs both service delivery and advocacy programs. These programs are self financed from own resources of SACHET as well as funded by domestic and international donor organizations.

Program Support Unit of SACHET provides logistics to ensure smooth implementation of the projects. SACHET team is comprised of dedicated and well qualified professionals who are equipped with credible technical experience of designing, implementing and monitoring multiple projects on their own as well as in association with other institutions and networks.

Since inception, SACHET is recognized as a leading community development organization of the country and has served the communities in several areas like:

- i. Reproductive Health services and dissemination of awareness for the protection of rights of the stakeholders in this field;
- ii. General Education with a clear focus on gender mainstreaming, gender equality, creating consciousness of practical and strategic gender needs;
- iii. Violence against women, girls and children, within the broader domain of reproductive health programming;
- iv. Free delivery of primary health services and care to the poor and indigents on a sustainable basis, in particular to the mother and children;
- v. Skills development with focus on income generating programs for both male and female members of the community at the grass roots.

In the last 17 years, SACHET has conducted several training and sensitization sessions on important issues like:

- Primary health care;
- Reproductive health;
- Gender based violence including dowry violence;
- Drug abuse;
- Violence against women;
- Resource mobilization;
- Communication;
- Project planning, implementation and sustainability
- Monitoring and evaluation

SACHET's services are addressed towards following beneficiaries:

- Children, adolescents and youth, women and men indigents particularly for health, education and training programs within the communities served.
- Female victims and survivors of violence for health, education and socio-economic empowerment programs.
- Women, girls, men and boys for interventions aimed at ending gender based violence, including dowry violence and other gender issues.
- Disaster hit underserved and underprivileged communities of rural Pakistan
- Community elders, local government administrators, artisans, teachers, religious leaders, lawyers, media practitioners etc.

Some of the partners in cooperation include:

- Federal Directorate of Education Islamabad
- Federal Directorate of Health, Islamabad
- Ministry of Zakat and Ushr, Government of Pakistan
- District Zakat Committee, Islamabad
- Ministry of Women Development, Government of Pakistan
- USAID (United States Agency for International Development)
- GIZ (Deutsche Gesellschaft für Internationale Zusammenarbeit)
- Plan International
- Packard Foundation
- British Council
- UNFPA (United Nations Population Fund)
- UNAIDS

SACHET works in all regions and provinces of Pakistan. It has linkages with a large number of stakeholders including local and provincial governments, key duty bearers, civil society organizations, NGOs/CBOs, students and youth groups, media, academia and volunteers. SACHET is also a member of a number of vibrant social sector networks. The National Secretariat of nationwide network, PRHN (Pakistan Reproductive Health Network) is currently based in SACHET. The outreach of SACHET is thus country wide.



Participants and trainers of Active Citizen Program of British Council during community event at SACHET Community Development Program unit in Pinyali, District Rawalpindi organized by SACHET. [SACHET 2015]

Progress Highlights

2014-15

This section covers details of services provided to communities during the year under review, under the aforesaid thematic areas pursued by SACHET; namely primary health care, basic education, skills development, advocacy and awareness, implemented at SACHET Community Development Program in Attock, Rawalpindi and Islamabad District including at head offices of SACHET.

Health

1. Health Management Information System (HMIS) at SACHET recorded that **26,240** patients were provided free medical care for both communicable and non-communicable diseases during the year at SACHET Community Health Centres located in Lakhwal Banigala, Gagri, Pinyali in Islamabad Capital Territory and Pathar Garh in District Attock. Highest patient turnover was observed at SACHET Community Health Centre at Gagri where a total number of **7,146** patients were treated.
2. Of all the patients treated, **10,215** were registered Zakat mustahiqeen at all four health care centres.
3. An annual cash grant of Rs. 1,000,000/- (Rupees one million) from District Zakat and Usher Department Islamabad, ensured free supply of medicines to the patients treated. In addition, M/S Wilson Pharmaceutical, Islamabad and Pfizer Karachi, donated medicines worth Rs. 553,652/-. SACHET highly appreciates these noble donations.
4. In January 2015, SACHET joined hands with Directorate of Health Services (DHS) CDA Islamabad to form a consortium as a public private partnership with an objective to initiate universal health coverage program as a part of its health equity model for the inhabitants of Islamabad Capital Territory. SACHET deputed 12 skilled vaccinators for the Anti-Measles Campaign in Islamabad Capital Territory and 12,000 children were vaccinated till Feb 2015 in the localities of Bari Imam, Rawal dam, Rawal Town, Staff colonies of PM House, KPK House, Punjab House, Sindh House and Wapda House. Staff and skilled workers at Punjab Employees Social Security Hospital, Islamabad were also given vaccination training.

Summary of Primary Health Care Services provided at four community health centres

S.No	Details	Banigala	Pathargarh	Pinyali	Gagri	Total
1	Total Patients Turnover	6,563	6,782	5,749	7,146	26,240
2	Total Maternal Neonatal Child Health cases	210	553	207	338	1,308
3	Total Emergency cases managed	106	39	85	33	263
4	Total Family Planning cases	507	580	430	539	2,056
5	# of cases managed with communicable diseases	2,417	2,331	1,469	1,870	8,087
6	# of cases managed with non communicable diseases	3,323	3,279	3,558	4,366	14,526

Communicable diseases reported included:

- i. Diarrheal diseases including gastro-enteritis.
- ii. Eye infections, scabies.
- iii. Measles, Mumps, Acute Respiratory Tract Infection (ARTI).
- iv. Tuberculosis, Malaria, Sexually Transmitted Diseases.

Non-communicable Diseases included:

- i. APD/Hyperacidity, arthritis, asthma, body aches.
- ii. Diabetes, ear infections, goiter, hypertension.
- iii. Jaundice, Mouth and tooth infection, Urinary tract infection.
- iv. Wounds, reproductive tract fungal infection.
- v. Skin infections other than scabies, anemia.
- vi. Worms infestations, allergy, others.

Amongst communicable disease, highest incidence reported was of ARTI (Acute Respiratory Tract Infection) and diarrheal diseases including gastro-enteritis. Among non-communicable diseases, highest incidence was of hyperacidity, skin infections, body aches, and mouth and tooth infections.



SACHET's vaccination team during anti-measles campaign, jointly implemented by Directorate of Health Services, CDA Islamabad and SACHET Pakistan in Jan-Feb 2015. [SACHET 2015]

Education

1. Under Dr. A. Q. Khan Scholarship project, a total number of 14 deserving students (6 Male and 8 Female) from local communities of Banigala, Gagri, Pinyali and Pathar Garh were provided financial assistance for the educational expenses during the year.
2. Under computer training project, 88 students (56 boys and 32 girls) were provided trainings on basic computing, advance computing and hardware operations and maintenance.
3. On May 30, 2015, SACHET inaugurated another Computer Training and Literacy Centre especially for girls at SCDP Pathargarh, Hasanabdal District Attock. The Centre is fully equipped with 10 workstations and headed by a female computer instructor. It was established with the financial support from Mr. Saad Ali Khan (Rockville Group). First group of 15 girls were enrolled for three months basic course.



Inauguration ceremony of SACHET Computer Literacy Centre for Girls in Pathargarh, Hasanabdal District Attock held on May 30, 2015. [SACHET2015]

Poverty Alleviation and Income Generation

1. Under Vocational Training Project a number of 442 female community members were provided trainings on cutting, sewing, stitching, embroidery and preparation of decoration items. The centers are located at SACHET Community Development Program Units in Pinyali, Gagri and Pathar Garh.



Students of vocational training project at SACHET vocational centre in Pathargarh, Hasanabdal District Attock. [SACHET2015]

Advocacy and Awareness

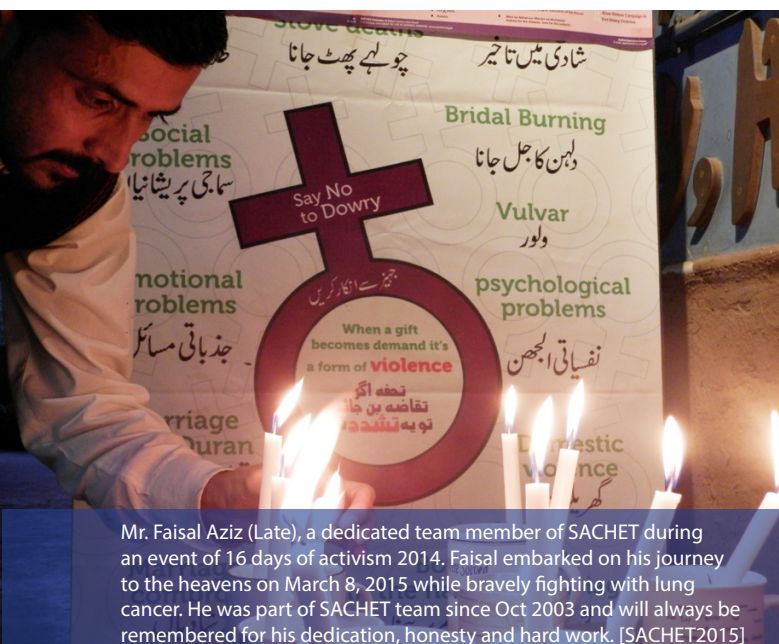
1. Under community awareness activities, a total number of 183 Mehfls (128 Behnan Di Mehfls, 55 Bharawan Di Mehfls) were organized at all four SCDPs (SACHET Community Development Program) in Rawalpindi, Attock and Islamabad district on regular basis. In these sessions a total number of 1738 community members (1188 women, 550 men) participated. These Mehfls included session on Family planning, safe motherhood, health and hygiene, Hepatitis, HIV and AIDS, child education especially for girls, environment, violence against women including dowry violence.
2. To commemorate 16 Days of Activism, SACHET Pakistan organized an event at head office Islamabad on 24 Nov 2014. Renowned poet, intellectual and activist, Ms. Kishwar Naheed graced the occasion as the Chief Guest. Prominent activists like Ms. Tahira Abdullah, Ms. Naheed Aziz, Ms. Aqsa Khan, and Ms. Arifa Mazher, representatives from leading NGOs in Islamabad, media and academia also honored the event by their presence. Candles were kindled to acknowledge the unsung heroes in struggle against terrorism, violence and abuses, to remember the victims of rape, child abuses, dowry violence, domestic violence, honor killing, harassment at work places, acid attacks, incest and trafficking and to empathize with the sufferings of IDPs from FATA, people of Thar and religious minorities in Pakistan. SACHET Pakistan believes in power of passion and continues to promote awareness on women and human rights with indigenous perspectives.
3. "One Billion Rising Campaign 2015" SACHET organized a small community event at SACHET Community Development Program Unit office in village Pinyali, Rawalpindi District on Jan 25, 2015. The event was attended by 21 community leaders (women and men).



Candles are being kindled by renowned activists (L-R) Dr. Rakhshinda Perveen, Ms. Anbreen Ajaib, Prof. Dr. Khalida Waheed, Ms. Kishwar Naheed and Ms. Tahira Abdullah during an event under 16 days of activism 2014 Organized by SACHET at Head Office in Islamabad. [SACHET2015]



Ms. Meraj Hamayun Khan of De Laas Gul Peshawar and Former Minister Education Khyber Pakhtunkwa, delivering a motivational talk during event organized under 16 days of activism 2014 at SACHET head Office Islamabad. [SACHET2015]



Mr. Faisal Aziz (Late), a dedicated team member of SACHET during an event of 16 days of activism 2014. Faisal embarked on his journey to the heavens on March 8, 2015 while bravely fighting with lung cancer. He was part of SACHET team since Oct 2003 and will always be remembered for his dedication, honesty and hard work. [SACHET2015]



Community members during One Billion Rising Campaign 2015 organized by SACHET at Pinyali village in Tehsil Kahuta.

Training

Active Citizen Program

Active Citizens is a non-profit programme run by British Council that promotes community cohesion and improvement through civic engagement or volunteering in around 30 countries. The program aims to increase the contribution of community leaders towards achieving sustainable development both locally and globally. In Pakistan SACHET was one of the partners of British Council to implement the program in three districts i.e. Islamabad, Rawalpindi and Attock.

SACHET team successfully completed 10 agreed workshops and two community events in three districts. In these workshops 266 (122 boys, 144 girls) received 5 days extensive training on Active Citizen Program in three districts. The trained activists developed and implemented around 26 SAPs (Social Action Projects) in their respective districts.

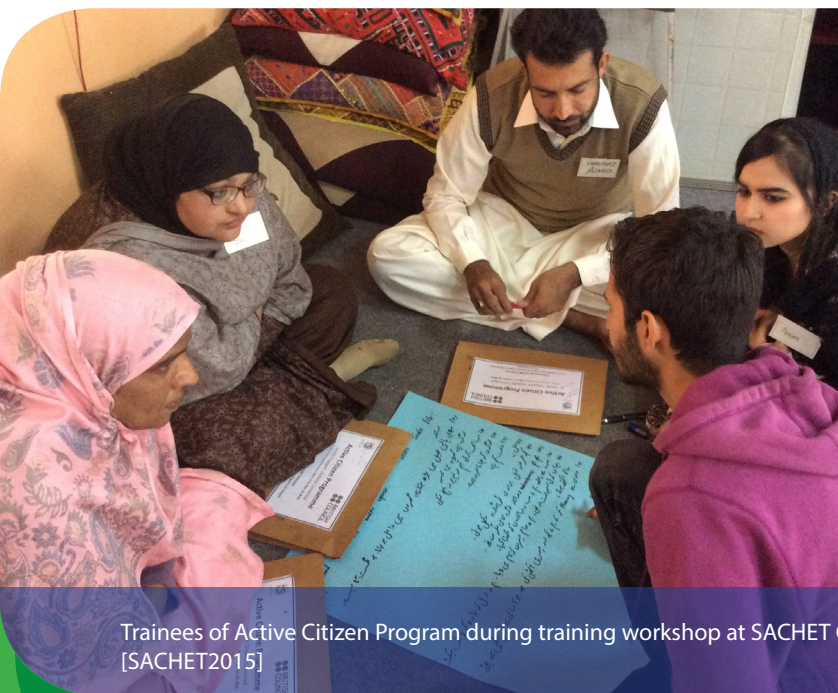
The main objective of workshops was to provide awareness about SAP (Social Action Projects) and encourage youth (girls and boys) to take part in the development of their communities, identification of their social issues and encourage them to run SAP effectively in their communities.

A community event was organized by SACHET at SCDP Pinyali in tehsil Kahuta on March 30, 2015 in collaboration with British Council under Active Citizen Program to showcase the Social Action Projects of trained youth groups from three districts. Around 200 individuals including trainees of Active Citizen Program, political leaders, community representatives, religious leaders, government representatives, parents and teachers participated in the event.

Networks and Alliances

SACHET is an active member of following networks.

- i. Pakistan Reproductive Health Network (PRHN), Elected National Secretariat
- ii. Insani Haqooq Ittehad IHI, Member.
- iii. Ending Violence against women EVAW, Member.
- iv. Population Association of Pakistan, Member.
- v. National Trust for Population Welfare, Member
- vi. Men Engage Pakistan, National Alliance, Member
- vii. FADAN (Fight Against Dowry Advocacy Network)



Trainees of Active Citizen Program during training workshop at SACHET Community Development Program in Banigala Islamabad. [SACHET2015]

Financial Summary FY 2014-15

Income	2015 (Amount in PKR)	2014 (Amount PKR)
Grant from Govt. of Pakistan	1,000,000	1,000,000
Amortization of Deferred Income	1,844,711	1,844,711
Income from Partnership programs	847,206	3,281,233
Other Income	3,454,633	3,011,937
Investment Income	10,267,408	11,590,182
Total	17,413,958	20,728,063
Expenditure		
Direct Program Cost	10,549,262	11,323,789
Administrative and Support Cost	8,437,321	10,423,081
Bank Charges	7,600	10,443
Total	18,994,183	21,757,313
Endowment		
National Saving Certificates	102,350,000	98,200,000
Term Deposit Receipts (FC) *	-	5,490,464*
Bank Deposits	3,221,795	2,559,282
Land and Immovable Property	18,494,904	19,468,320
Cash in hand	43,000	43,000

*Note: an amount of Rs. 5,490,464/- shown in fiscal year 2014 as a "Term Deposit Receipts" was reinvested in "National Saving Certificates" during fiscal year 2015.

The detailed audit report for the year closing June 30 2015 can be accessed on SACHET's website (www.sachet.org.pk).



Trainees of Active Citizen Program with local community representatives sharing their project ideas about Social Action Projects during closing ceremony held in March 2015 at tehsil Kahuta, District Rawalpindi. [SACHET2015]

SACHET Pakistan

Society for the Advancement of
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