



*Contributing to the Social  
and Economic development of  
disadvantaged communities in  
Pakistan since 1999.*

18<sup>th</sup> Annual

# PROGRESS REPORT

2016

**SACHET - Pakistan**

Society for the Advancement of Community  
Health Education and Training - Pakistan

[www.sachet.org.pk](http://www.sachet.org.pk)

## GOVERNING BODY

Dr. A.Q. Khan, NI & Bar HI  
Lt. Gen. (R) Dr. Riaz Ahmed Chowhan, HI (M)  
Prof. Dr. Mushtaq Ahmed Khan  
Prof. Dr. Khalida Waheed  
Prof. Justice Muhammad Al-Ghazali  
Brig. (R) Sajawal Khan Malik, SI (M)

Founder, President  
Member, Board of Directors  
Member, Board of Directors  
Member, Board of Directors  
Member, Board of Directors

## EXECUTIVE MANAGEMENT

Mr. Muhammad Faheem ndc, MBA, M.S.  
Dr. Rakhshinda Perveen  
Brig. (R) Sajawal Khan Malik  
Mr. Amin Muhammad

Secretary General  
Executive Director  
Chief Executive Director  
General Manager

## LEGAL STATUS

Registration Number  
National Tax Number (NTN)

VSWA/ICT/306  
2298778-9

SACHET-Pakistan (Society for the Advancement of Community Health Education and Training-Pakistan) is a Pakistani organization registered on May 05, 1999 under the Voluntary Social Welfare Agencies (Registration and Control) Ordinance, 1961 issued and authorized by Islamabad Capital Territory Administration, Govt. of Pakistan.

## LEGAL ADVISERS

M/s Mandviwalla & Zafar Advocates, Islamabad  
(www.mandviwallaandzafar.com)

## AUDITORS

M/s Horwath Hussain Chaudhry & Co. (Chartered Accountants)  
(www.crowehorwathpk.com)

# 18<sup>th</sup> Annual PROGRESS REPORT 2016



## SACHET - Pakistan

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## MISSION

“Promoting human development of the underprivileged in gender perspectives”

## VISION

SACHET strives in partnership with communities, public and civil society organizations to develop a society based on core values of sustainable human development i.e. self esteem, freedom of choice and tolerance; equal access to opportunities and justice irrespective of gender, color, religion, race and status.

## VALUES

Commitment, dedication, empathy, tolerance, loyalty, integrity, equity, gender sensitivity and service without discrimination.

## GEOGRAPHICAL COVERAGE

SACHET works in all regions and provinces of Pakistan. It has linkages with a large number of stakeholders including local and provincial governments, key duty bearers, civil society organizations, NGOs/CBOs, students and youth groups, media, academia and volunteers. SACHET is also a member of a number of vibrant social sector networks. The National Secretariat of nationwide network, PRHN (Pakistan Reproductive Health Network) is currently based in SACHET. The outreach of SACHET is thus country wide



## MESSAGE FROM THE PRESIDENT

**Dr. A.Q. Khan NI & Bar HI**  
Founder and President  
(SACHET-Pakistan)

This 18<sup>th</sup> Annual Report covers the performance of programs and a summary of the audited financial position of the SACHET - Pakistan for the financial year 2015-16. Since inception, Society has focused its attention in extending free of cost primary health care services at the grass root community level in rural areas where no such public sector or even private sector facilities exist. It also utilizes its human and physical infrastructure in imparting skills acquisition trainings mainly in IT and garment designing/production to enable community members to generate their own incomes and make their own contribution for the progress of the community. The Society also undertakes Awareness and Advocacy sessions for the community on social issues concerning their community. All services are extended on absolutely non-discriminatory basis.

Towards achieving above objectives, during the year, Society extended primary health care to 20,722 patients (4,044 were Zakat entitled), dealt with 2,560 family planning cases, imparted basic and advanced computer trainings to 172 students; provided vocational training of garment designing/production to 358 female community members; trained 30 females in beautician courses and provided 06 scholarships to deserving students pursuing high school education. In addition, at Banigala and Gagri (Islamabad District), Pinyali (Rawalpindi District) and Pathargarh (Attock District), 160 Advocacy Awareness Mehfls were organized in which 875 men and women participated and held

discussions on topics, like mother and child care, contraception, personal and community hygiene, vocational trainings etc.

A financial summary of Society's annual audited accounts shows that the Society was able to meet its expenditure from its own income and by implementing partnership programs.

I am grateful to the members of the community being served, the philanthropic companies like Hilton Pharma and Wilson Pharmaceuticals, local, provincial and federal authorities and functionaries, other local non-government organizations and international non-governmental organizations, like AURAT Foundation, Plan International and UNICEF etc. for the cooperation extended to SACHET- Pakistan during the year. I also compliment efforts of the management of the Society in implementing its programs in an admirable manner.

SACHET is a purely Pakistani non-governmental organization serving Pakistani communities for the last two decades. It relies mainly on domestic resources to carry out its programs. Society is donor friendly but not donor dependent. By the grace of Almighty Allah, economy of Pakistan is now growing after years of stagnation; the per capita income in Pakistan 2015-16 rose to Rs. 1,561 from Rs. 1,517 a year earlier. With increasing incomes, it is hoped that philanthropists will continue to extend helping hand, contribute and assist SACHET - Pakistan in serving deserving under privileged segments of the community.

## INTRODUCTION

SACHET - Pakistan (Society for the Advancement of Community Health Education and Training - Pakistan) is a multi-dimensional, forward looking, gender sensitive and environmental friendly welfare cum development oriented organization. As a social welfare, grass root community development, non profit organization, SACHET - Pakistan is making its contribution since 1999. The organization's name reveals its four key program areas i.e. health, education, livelihood and training.

SACHET's programs are both need and right-based; with provision of free primary health care, education with emphasis on female education, trainings, skills development, poverty alleviation cum income generation, child protection, prevention of violence against women and harassment. Removal of discrimination in society on the basis of gender, class, ethnicity, religion, cultural diversity is at the heart of its programs.

Since inception, SACHET is recognized as a leading community development organization of the country and has served the communities in several areas like:

- Reproductive Health services and dissemination of awareness for the protection of rights of the stakeholders in this field.
- General Education.
- Violence against women, girls and children, within the broader domain of reproductive health programming.
- Free delivery of primary health services and care to the poor and indigents on sustainable basis, in particular to the mother and children.
- Skills development with focus on income generating programs for both male and female members of the community at the grass roots.

The permanent areas of intervention of SACHET's programs include districts of Islamabad, Rawalpindi and Attock through its Community Development Centers located at Banigala, Gagri, Pinyali and Pathargarh.

SACHET is an active member of the following networks:

1. Pakistan Reproductive Health Network (PRHN), Elected National Secretariat.
2. Insani Haqooq Ittehad (IHI).
3. Ending Violence Against Women (EVAW).
4. Population Association of Pakistan.
5. National Trust for Population Welfare.
6. Men Engage Pakistan, National Alliance.
7. FADAN (Fight Against Dowry & Advocacy Network).

## BENEFICIARIES

- Children, adolescents and youth, women and men indigents particularly for health, education and skills development training programs within the communities served.
- Female victims and survivors of violence for health, education and socio-economic empowerment programs.
- Women, girls, men and boys for interventions aimed at ending gender based violence, including dowry violence and other gender issues.
- Disaster hit, underserved and underprivileged communities of rural Pakistan.
- Community elders, local government administrators, artisans, teachers, religious leaders, lawyers, media practitioners etc.



Community Gathering at SCDP, Pinyali



## PROGRESS HIGHLIGHTS 2015-16

This part of the Annual Report contains the details of services provided to communities during the financial year 2015-16 (18th year in a row), under thematic areas; namely primary health care, basic education, skills development, advocacy and awareness, implemented at SACHET Community Development Programs located at Islamabad, Rawalpindi and Attock Districts including head office of SACHET.

## SACHET-HEALTH PROGRAM

1. Health Management Information System (HMIS) recorded that a total number of 20,722 patients have been provided free medical care for both communicable and non communicable diseases during 2015-16 at SACHET Community Health Centre's located at Banigala and Gagri in Islamabad Capital Territory, Pinyali (Rawalpindi District) and Pathargarh (District Attock).
2. Highest patient turnover was recorded at SACHET Health Center in Gagri where a total number of 6370 patients were provided free medical services during 2015-16. Out of all the patients treated, 4,044 persons were registered as Zakat Mustahiqeen.

### Consolidated Morbidity Data (July 2015 - June 2016)

S.No	Details	Banigala	Pathargarh	Pinyali	Gagri	Total
1	Total Patients Turnover	5442	4042	4868	6370	20,722
2	Total Number of MCH Patients	210	1707	173	557	2,647
3	Number of Emergency Cases Managed at SCDPs	674	539	691	757	2,661
4	Total Number of Family Planning Patients	680	1011	492	377	2,560
5	Number of Cases Managed With Communicable Diseases	2083	2169	1993	2311	8,556
6	Number of Cases Managed With Non Communicable Diseases	3053	2734	4311	6964	17,062

### Total Number & Percentage of Cases Reported with Communicable Diseases

Clinical Condition	Banigala		Pathargarh		Pinyali		Gagri		Total
	Figure	Percentage	Figure	Percentage	Figure	Percentage	Figure	Percentage	
Diarrheal Diseases including Gastro-enteritis	344	18.2%	450	23.8%	638	33.8%	457	24.2%	1,889
Eye infection	307	29.7%	332	32.1%	144	13.9%	251	24.3%	1,034
Measles	0	0	99	69.2%	12	8.4%	32	22.4%	143
Mumps	0	0	28	14.7%	4	2.1%	159	83.2%	191
Acute Respiratory Tract Infection (ARTI)	1,391	35.9%	357	9.1%	854	22%	1,282	33%	3,880
Scabies	39	5.7%	440	64.5%	73	10.7%	130	19.1%	682
Sexually Transmitted Diseases (STDs)	0	0	427	100%	0	0	0	0	427
Tuberculosis (TB)	0	0	16	100%	0	0	0	0	16
Malaria (suspected)	2	0.7%	20	6.9%	268	92.4%	0	0	290
<b>Total</b>	<b>2,083</b>	<b>24.4%</b>	<b>2,169</b>	<b>25.3%</b>	<b>1,993</b>	<b>23.3%</b>	<b>2,311</b>	<b>27.0%</b>	<b>8,556</b>

### Total Number & Percentage of Cases Reported with Non-Communicable Diseases

Clinical Condition	Banigala		Pathargarh		Pinyali		Gagri		Total
	Figure	Percentage	Figure	Percentage	Figure	Percentage	Figure	Percentage	
APD/Hyperacidity	453	20.6%	331	15%	399	18.1%	1,021	46.3%	2,204
Arthritis	76	12.1%	228	36.4%	110	17.5%	213	34%	627
Asthma	132	30.1%	116	26.4%	113	25.7%	78	17.8%	439
Body Aches	357	14.3%	233	9.3%	745	29.8%	1162	46.6%	2,497
Diabetes	61	18.4%	39	11.7%	67	20.1%	166	49.8%	333
Ear infection	88	7%	128	10.2%	917	73.3%	119	9.5%	1,252
Goiter	0	0	11	38%	0	0	18	62%	29
Hypertension	140	20.6%	99	14.5%	118	17.3%	324	47.6%	681
Jaundice	50	64.2%	8	10.2%	8	10.2%	12	15.4%	78
Mouth & Tooth infection	234	22.9%	152	14.9%	202	19.7%	435	42.5%	1,023
Urinary Tract Infections	121	18.1%	208	31.2%	107	16%	233	34.7%	669
Wounds	159	21.2%	164	21.9%	135	18%	291	38.9%	749
Reproductive Tract Fungal Infections	179	27.1%	250	37.9%	83	12.6%	148	22.4%	660
Skin Infections other than scabies	488	37%	203	15.4%	265	20.1%	362	27.5%	1,318
Anemia	97	8.8%	113	10.2%	436	39.4%	460	41.6%	1,106
Others	135	7.7%	0	0	272	15.6%	1336	76.7%	1,743
Worms Infestations	62	8.6%	272	37.6%	119	16.4%	271	37.4%	724
Allergy	221	23.8%	179	19.2%	215	23.1%	315	33.9%	930
<b>Total</b>	<b>3053</b>	<b>17.9%</b>	<b>2734</b>	<b>16%</b>	<b>4311</b>	<b>25.3%</b>	<b>6964</b>	<b>40.8%</b>	<b>17,062</b>



Dr. Eshrat Ihsan, SCDP Pinyali



## EDUCATION PROGRAM



1. Under computer training program, 172 students (113 boys and 59 girls) were provided training in basic computing, advanced computing, hardware operations and maintenance.
2. Under Dr. A.Q. Khan Scholarship project, a total number of 6 deserving students (1 Male and 5 Female) were provided financial assistance for the educational expenses during financial year 2015-16.

## POVERTY ALLEVIATION CUM INCOME GENERATION (LIVELIHOOD PROGRAM)



1. Under Vocational Training Project, 358 female community members were provided training in cutting, sewing, stitching, embroidery and preparation of decoration items at vocational training centers located at Pinyali, Gagri and Pathargarh.
2. On December 2015, SACHET inaugurated two Beautician Training Centers at SCDP Pinyali and SCDP Gagri. These beautician centers are providing training on waxing, hair styling, hair cutting, pedicure, manicure, facial, threading and makeover. From December 2015 to June 2016 a total of 30 female students were trained.





## AWARENESS AND ADVOCACY



Awareness Session SCDP, Gagri

Under this program, Awareness Sessions, Mehfls, Seminars and Health meetings were regularly held through out the year at SACHET Community Development Center. A large number of community members participated and discussed various Socio-Economic issues faced by the community and ways to solve these issues. Precautionary measures to avoid diseases like HIV Aids, Hepatitis, Diabetes, Seasonal Diseases for adults and children were also discussed and knowledge imparted for prevention and cure.

### Awareness and Advocacy ( July 2015-June 2016)

SACHET Community Health Centre	No. of Awareness Sessions	No. of Participants
Banigala	45	225
Pathargarh	40	200
Gagri	28	168
Pinyali	47	282
Total	160	875

## FINANCIAL SUMMARY FY 2015-16

	2016 Amount in PKR	2015 Amount in PKR
<b>Income</b>		
Receipt from Zakat and Ushar Committee	1,000,000	1,000,000
Amortization of Deferred Income	1,844,711	1,844,711
Income from Partnership Programs	300,000	847,206
Investment Income	12,274,176	10,267,408
Other Income	2,674,929	3,454,633
<b>Total</b>	<b>18,093,816</b>	<b>17,413,958</b>
<b>Expenditure</b>		
Direct Program Cost	7,569,928	7,981,557
Program Development and Implementation Cost	11,145,672	11,005,026
Bank Charges	4,946	7,600
<b>Total</b>	<b>18,720,546</b>	<b>18,994,183</b>
<b>Endowment</b>		
National Savings Certificates	102,350,000	102,350,000
Bank Deposits	687,279	3,221,795
Land and Immovable Property	17,570,159	18,494,904
Cash in hand	43,000	43,000

The detailed audit report for the year closing June 30, 2016 can be accessed on SACHET's website ([www.sachet.org.pk](http://www.sachet.org.pk))





President SACHET along with Head Office Team, Islamabad



Dr. Shahana Hashim with her team, SCDP Banigala



Dr. Eshrat Ihsan with her team, SCDP Pinyali



Dr. Afsheen Nisar with her team, SCDP Pathargarh



Dr. Kanwal Riaz with her team, SCDP Gagri

## SACHET-Pakistan Employees Details

(July 2015 to June 2016)

### TEAM OF SCDP PINYALI

Sr.	Name	Designation
1.	Dr. Ishrat Ehsan	Medical Officer
2.	Muhammad Sajid	Dispenser
3.	Nusrat Perveen	CHE
4.	Shamshair Ali	Computer instructor
5.	Rukhsana Zahid	Craft Teacher
6.	Yasmeen Shabnum	Beauty Instructor
7.	Maroof Bibi	Aya
8.	Meharban Hussain	Watchman
9.	Muhammad Khalid	Watchman

### TEAM OF SCDP GAGRI

Sr.	Name	Designation
1.	Dr. Kanwal Riaz	Medical Officer
2.	Jacob Samuel	Dispenser
3.	Tahira BiBi	CHE
4.	Saira Bano	Craft Centre
5.	Bilqees BiBi	Aya
6.	Waqas Ahmed	Gardener
7.	Muhammad Nawaz	Watchman
8.	Muhammad Rizwan	Watchman

### TEAM OF SCDP BANIGALA

Sr.	Name	Designation
1.	Dr. Shahana Hashim	Medical Officer
2.	Zafar Nawaz	Dispenser
3.	Tahira Naseer	CHE
4.	Nusrat Perveen	Aya
5.	Raja Shamim	Watchman
6.	Younus Masih	Sanitary Attendant
7.	Muhammad Irfan	General Attendant

### SACHET HEAD OFFICE TEAM

Sr.	Name	Designation
1.	Aatif Nuhullah	Finance Manager
2.	Hamid Zaman	PSU & Field Coordinator
3.	Saqib Shehzad	PSU Assistant
4.	Saima Bashir	FD & HR Coordinator
5.	Inam Ullah	Management Trainee
6.	Abdul Latif	Intern
7.	Awais Sadiq	General Attendant
8.	Muhammad Javed	General Attendant
9.	Muhammad Younas	General Attendant
10.	Allah Dad	Driver
11.	Amir Emmanuel	Driver
12.	Amir Zaman	Driver
13.	Ashir Samuel	Sanitary Worker
14.	Khalid Mehmood	Gardner
15.	Muhammad Masood	Gardner
16.	Muhammad Rauf	Gardner

### TEAM OF SCDP PATHARGARH

Sr.	Name	Designation
1.	Dr. Afsheen Nisar	Medical Officer
2.	Babar Rashid	Dispenser
3.	Irum Shaheen	CHE
4.	Ms. Mehnaz	Craft Teacher
5.	Jamila BiBi	Aya
6.	Naseer Ahmad	Watchman





# SACHET - Pakistan

Society for the Advancement of Community  
Health Education and Training - Pakistan

## SACHET, Head Office

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Phone: 92-51-2841498

### SACHET, Community Development Program, Pinyali

Main Kahuta Road, Pinyali, District Rawalpindi.

Phone: 92-51-4980094

### SACHET, Community Development Program, Pathargarh

Pathargarh, Hassan Abdal, Distric Attock

Phone: 92-51-2562416

### SACHET, Community Development Program, Gagri

Japan Road, Sihala, Islamabad.

Phone: 92-51-449525

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