

# 20<sup>th</sup> Annual Progress Report | 2018



**SACHET** Pakistan

Society for the Advancement of Community  
Health Education and Training

Promoting Human Development

سائٹے پاکستان

ادارہ برائے معاشرتی ترقی، صحت، تعلیم و تربیت

انسانی ترقی کے فروغ کے لئے کوشاں

Contributing to the social and economic development of the  
disadvantaged communities in Pakistan since 1999

پاکستان میں ۱۹۹۹ء سے محروم طبقوں کی معاشی اور معاشرتی ترقی میں معاون

[www.sachet.org.pk](http://www.sachet.org.pk)

## GOVERNING BODY

Dr. A.Q. Khan, NI & Bar, HI	Founder, President
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## EXECUTIVE MANAGEMENT

Mr. Muhammad Faheem, ndc	Chief Executive Director
Mr. Amin Muhammad	Executive Director
Mr. Aatif Nuhullah	General Manager

## PROGRAM IMPLEMENTATION TEAM

Dr. Shahana Hashim, SCDP Banigala
Dr. Ishrat Ihsan, SCDP Pinyali
Dr. Kanwal Riaz, SCDP Gagri
Dr. Arooj Salahuddin, SCDP Pathargarh
Mr. Raja Rookan Zaman
Ms. Chaman Malik
Ms. Saima Bashir

## LEGAL STATUS

Registration Number : VSWA/ICT/306

National Tax Number (NTN) : 2298778-9

SACHET (Society for the Advancement of Community Health Education and Training) is a Pakistani organization registered on May 05, 1999 under the Voluntary Social Welfare Agencies (Registration and Control Ordinance 1961) issued and authorized by Islamabad Capital Territory Administration, Govt. of Pakistan.

## LEGAL ADVISERS

M/s Mandviwalla & Zafar Advocates, Islamabad  
([www.mandviwallaandzafar.com](http://www.mandviwallaandzafar.com))

## AUDITORS

M/s Riaz Ahmad & Company - Nexia International (Chartered Accountants)  
([www.rocapk.com](http://www.rocapk.com))

\* Cover Picture:

Instructors and students of Punjab Skills Development Fund Project (implementd by SACHET) during Certificate Distribution Ceremony at Pakistan Academy of Sciences, Islamabad.

MESSAGE FROM

**THE PRESIDENT****Reaping a demographic dividend  
The way forward**

Socio-economic growth of any country, any community or for that matter any family, is directly contingent upon demographic growth of that country, of that community or of that family. Demographic changes i.e. births, deaths, skilled or unskilled manpower, their incomes, incidence of diseases, impinge on the quality of life, and the changing population profile of that society. These changes for better or for worse, depend to a large extent on societal responses to the continuing demographic changes.



**Dr. A.Q. Khan NI & Bar, HI**  
Founder and President

Latest estimates indicate estimated population of Pakistan at 207.7 million. Adding population of Azad Jammu and Kashmir and Gilgit-Baltistan, population is estimated at 211.8 million. And changing everyday with annual average growth rate of 2.4% (year 2017 as reported by World Bank Publication: Pakistan @ 100). That the current population growth rate erodes the efforts of socio-economic growth of the country, needs no emphasis. Age wise demographic changes at present and for the foreseeable future, constitute main asset and if remain unemployed, liability, of the country. The distinct and growing youth bulge of the population with number of individuals entering the labor market at a rate faster than population growth rate, poses challenges and opportunities for the national economy. According to the official records, twenty nine percent (29%) or 61.4 million of the population fall into working age group between 15 and 29 years, defined as youth. While steps are required to reduce the existing baseline population growth rate of 2.4% (2017) like reducing fertility rate, undertaking awareness programs on informed parenthood, birth control measures, reproductive and women's health, child nutrition etc, there is an equal if not greater, need for greater investment in the human capital through skills development of twenty nine percent or 61.4 million population who have already entered the job market. Skills development is also necessary to improve labor productivity and country's competitiveness. This is the only way forward to reap the demographic dividend.

On its part, towards investment in human capital for reaping the demographic dividend, SACHET Pakistan has been implementing skills development programs for rural and urban women of under privileged backgrounds, in garments manufacturing, fashion designing, beautician's courses, basic and advance computer training etc. During 2017-18, SACHET imparted trainings in these fields to over 870 women implemented successfully in collaboration with Punjab Skills Development Funds (PSDF). SACHET-Pakistan will continue to intensify these efforts in the year 2018-19. In view of the increasing population of the youth, more needs to be done by the public and private sector agencies in this direction.

20<sup>th</sup> Annual Progress Report 2017-18 given in the following pages recounts other efforts of SACHET of working continuously towards socio-economic development of the communities in the sectors of health, education, awareness and poverty alleviation etc. Briefly, over 25,623 patients were provided free primary health care during the year and over 1,269 sensitized in awareness programs like family planning, mother and child care, hygienic living.

I take this opportunity to thank all local, provincial and federal institutions, domestic and international donor agencies, development agencies and in particular PSDF (Punjab Skills Development Fund), and donors like M/S Hilton Pharma, M/S Wilson's for the cooperation and help extended. I also compliment the management of SACHET-Pakistan for their commitment, dedication, integrity and professionalism in implementing these programs.

## INTRODUCTION

SACHET-Pakistan (Society for the Advancement of Community, Health, Education and Training-Pakistan) is a multi-dimensional, forward looking, gender sensitive and environmental friendly welfare cum development oriented organization. As a social welfare, grass root community development, non-profit organization, SACHET-Pakistan is making its contribution since 1999. The organization's name reveals its four key program areas i.e. health, education, livelihood, and training.

SACHET's programs are both need and right-based; with provision of free primary health care including family planning services, education with emphasis on female education, trainings, skills development, poverty alleviation cum income generation, child protection, prevention of violence against women and harassment. Removal of discrimination in society on the basis of gender, class, ethnicity, religion, cultural diversity is at the heart of our programs.

## THEMATIC AREAS

1. Delivery of primary health services and care to the poor and indigents on sustainable basis, in particular to the mother and children.
2. Reproductive health services and dissemination of awareness for the protection of rights of the stakeholders in this field.
3. Violence against women, girls and children, within the broader domain of reproductive health programming.
4. Skills development through vocational training programs with focus on income generating programs for both male and female members of the community at the grass roots.
5. Formal education (primary and secondary) through strengthening public sector educational institutions.

## GEOGRAPHICAL COVERAGE

Since inception, SACHET is recognized as a leading community development organization in Pakistan and has served the communities in all four provinces

including Gilgit Baltistan, South Punjab and Azad Jammu Kashmir through several innovative and community driven projects. The permanent areas of intervention of SACHET's programs include districts of Islamabad, Rawalpindi and Attock through its Community Development Centers located at Banigala, Gagri, Pinyali and Pathargarh.

## BENEFICIARIES

1. Children, adolescents and youth, women and men indigents particularly for health, education and skills development training programs within the communities served.
2. Female victims and survivors of violence for health, education and socio-economic empowerment programs.
3. Women, girls, men and boys for interventions aimed at ending gender based violence, including dowry violence and other gender issues.
4. Community elders, local government administrators, artisans, teachers, religious leaders, lawyers, media practitioners etc.

## SUMMARY OF COMMUNITY SERVICES EXTENDED BY SACHET (1999-2018)\*



**1,248,118**

Number of patients received primary healthcare services



**33,642**

patients treated in medical camps



**33,186**

clients received Family Planning Services



**21,455**

women/girl beneficiaries in earthquake affected areas in KPK

\*Data compiled from published annual reports of SACHET covering the period 1999 - 2018.



## CONTRIBUTING IN ACHIEVING SUSTAINABLE DEVELOPMENT GOALS (SDGS)



**ENSURE HEALTHY LIVES AND PROMOTE WELLBEING FOR ALL AT ALL AGES.**

### SDG GOAL NO. 3

**Providing primary health care services to under-served communities through Health Programs of SACHET.**

SACHET is playing its role in reducing the global maternal mortality ratio to less than 70 per 1000. SACHET contributes to end AIDS, tuberculosis, malaria and neglected tropical diseases and combat hepatitis, water-borne diseases and other communicable diseases.



**ENSURE INCLUSIVE AND EQUITABLE QUALITY EDUCATION AND PROMOTE LIFELONG LEARNING OPPORTUNITIES FOR ALL.**

### SDG GOAL NO. 4

**Promoting quality education and impart skills through Education & Training Programs of SACHET.**

SACHET is playing its part to achieve SDG 4 in a way to ensure equal access for all women and men to affordable and quality technical, vocational and tertiary education.



**ACHIEVE GENDER EQUALITY AND EMPOWER ALL WOMEN AND GIRLS.**

### SDG GOAL NO. 5

**Result oriented advocacy on communal issues through Advocacy & Awareness Programs of SACHET.**

Gender is cross cutting in all programs of SACHET-Pakistan.



**PROMOTE SUSTAINED, INCLUSIVE AND SUSTAINABLE ECONOMIC GROWTH, FULL AND PRODUCTIVE EMPLOYMENT AND DECENT WORK FOR ALL.**

### SDG GOAL NO. 8

**Imparting employable skills through Poverty alleviation cum Income Generation Programs of SACHET.**

SACHET is contributing substantially to reduce the proportion of youth not in employment by promoting education or training, so as to achieve full and productive employment and decent work for all women and men



**21,233**

women received ante-natal and post-natal care



**10,500**

youth joined advocacy campaigns on VAW including dowry violence



**8,645**

girls/women received vocational trainings



**5,228**

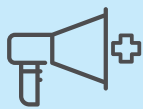
youth (girls and boys) received computer training



### PROGRESS HIGHLIGHTS 2017-18

This Annual Report contains the summary of services provided to communities during the financial year 2017-18 (20<sup>th</sup> year in a row), under thematic areas; namely primary health care, basic education, skills development, advocacy and awareness, implemented at SACHET Community Development Programs located at Islamabad, Rawalpindi and Attock Districts including head office of SACHET.

### SUMMARY OF COMMUNITY SERVICES EXTENDED BY SACHET (1999-2018)



**428,185**

Number of community members received health education



**33,643**

families received health insurance



**26,744**

children received immunization services

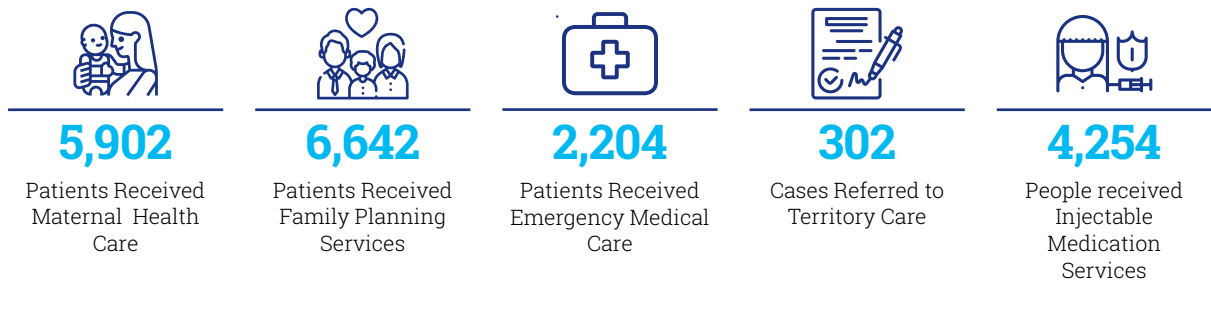
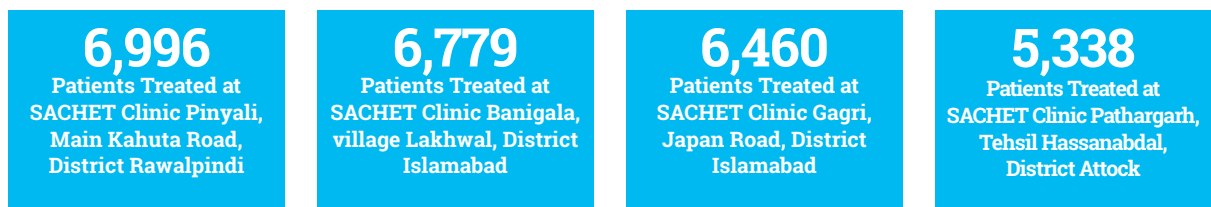
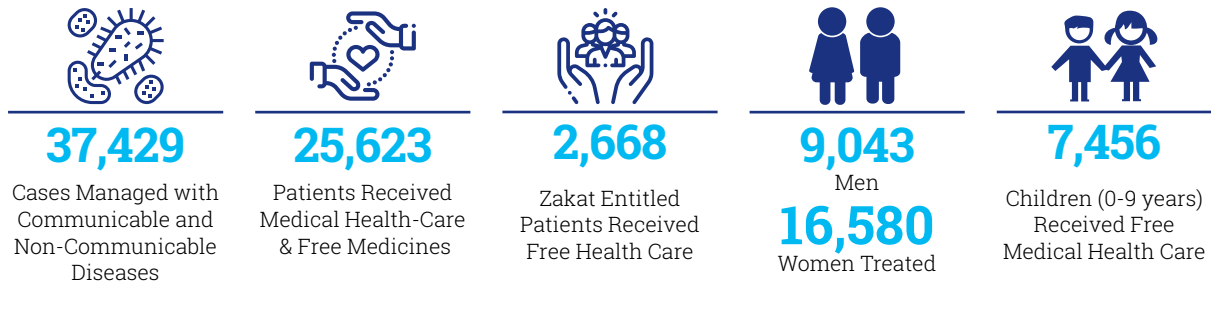


**12,239**

adolescents (boys and girls) received adolescent friendly services

## HEALTH PROGRAM HIGHLIGHTS 2017-18

RAH (Responsible Actions for Health) aims to improve the health status of marginalized segments of society in target communities by facilitating access to quality healthcare services including the preventive healthcare. During the FY (Financial Year) 2017-18, the four SCDP clinics remained open 250 days.



**149**

Lab test conducted in collaboration with Islamabad Diagnostic Center at SACHET Clinic **Gagri, Islamabad.**

**108**

Lab test conducted in collaboration with Islamabad Diagnostic Center at SACHET Clinic **Pinyali, Rawalpindi.**



**8,417**

youth (boys and girls) received youth friendly service



**55**

community committees established at village level



**45**

lawyers trained on pro-women laws



**40**

documentary films produced on social issues





Women are waiting for medical treatment at SACHET Health center, Pathargarh, District Attock.



Patients are waiting for medical treatment at SACHET Health center, Banigala, District Islamabad.



Dr. Arooj Salahuddin (Medical Officer) examining a child patient at SACHET Health center, Pathargarh, District Attock.



Dr. Kanwal Riaz (Medical Officer) attending a patient at SACHET Health center, Gagri.



## SUMMARY OF PRIMARY HEALTH CARE SERVICES 2017-18

S.No	Process Indicator	Pathargarh	Gagri	Banigala	Pinyali	Total
<b>Section A: Patients Turnover</b>						
1	Average turnover per day	18	25	26	23	92
2	Number of baby boy patients (0-6 weeks)	120	18	8	47	193
3	Number of baby girl patients (0-6 weeks)	119	31	4	47	201
4	Number of children patients (boy 1-9 year)	564	572	976	958	3,070
5	Number of children patients (girl 1-9 year)	601	1168	942	977	3,688
6	Number of males 9-19 years Married/unmarried	237	338	435	366	1,376
7	Number of females 9-19 years Married/unmarried	493	604	615	479	2,191
8	Number of males 19-30 years Married/unmarried	167	384	390	237	1,178
9	Number of female 19-30 years Married/unmarried	641	990	1168	795	3,594
10	Number of male above 30 years	306	552	691	513	2,062
11	Number of female above 30 years	1,198	1,557	1,329	1,318	5,402
12	Total Number of Zakat patients in SACHET Clinics	942	246	221	1,259	2,668
13	Total Number of Non-Zakat patients in SACHET Clinics	4,446	6,214	6,558	5,737	22,955
14	Total Number of Patients turnover in SACHET Clinics	5,388	6,460	6,779	6,996	25,623
<b>Section B: Number of Patients Categorized by Clinical cases</b>						
15	Number of Antenatal care beneficiaries	204	1,215	116	200	1,735
16	Number of Postnatal care beneficiaries	134	939	27	28	1,128
17	General Gynae Patients	372	1,150	206	220	1,948
18	General Obstetrics Patients	260	526	0	55	841
19	Number of ultra-sound Patients	41	209	0	0	250
20	Total Maternal Health Care Patients	1,011	4,039	349	503	5,902
21	Number of ASD Patients	206	334	177	213	930
22	Stitches	68	61	7	36	172
24	Nebulizer	206	98	183	213	700
25	Others	89	96	117	100	402
26	Total Emergencies treated at SCDPs	569	589	484	562	2,204
27	Number of New Family Planning clients	161	410	122	24	717
28	Counseling	347	889	135	413	1,784
29	Condoms	1,280	470	1,060	700	3,510
30	Pills (packet)	93	26	111	31	261
31	Injections	26	54	46	59	185
32	Emergency Contraceptive Pills	0	150	35	0	185
33	Total Family Planning Patients	554	1,581	590	591	6,642
34	Number of TT Injections administered	68	69	72	38	247
35	Number of other injectable administered	991	404	1,245	1,367	4,007
36	Total Number of Injectable Medicines	1,059	473	1,317	1,405	4,254
37	Number of Emergency referral cases	45	83	24	28	180
38	Non-Emergency Referrals	43	61	12	6	122
39	Total Referrals	88	144	36	34	302
40	Total of Section B	3,281	6,826	2,776	3,095	15,978
<b>Section C: Diseases Reported during FY 2017-18</b>						
41	Number of cases with communicable diseases	2,905	3,032	2,971	3,152	12,060
42	Number of cases with non-communicable diseases	6,216	9,275	3,104	6,774	25,369
43	Total Number of diseases reported	9,121	12,307	6,075	9,926	37,429

Many times one patient is diagnosed with two or more diseases, so he or she is provided free medication essentially required for all diseases keeping in view the rational use of medicine. In other words, the total number of patients visiting SACHET Clinics may differ from total number of diseases treated. Normally one patient who visits SACHET Clinic gets medicine for 3 days with the exception of antibiotics which are given for a complete duration of therapy. Also all SACHET Clinics are equipped to provide basic emergency care to the ones who need basic emergency services.

## TOTAL NUMBER & PERCENTAGE OF CASES REPORTED WITH COMMUNICABLE DISEASES

Clinical Conditions	Pathargarh		Gagri		Banigala		Pinyali		Total
	Figure	%	Figure	%	Figure	%	Figure	%	Figure
Diarrheal Diseases & GE	714	24.5	839	27.7	532	17.9	863	27.4	2,948
Eye infection	257	8.84	427	14.1	164	5.52	238	7.55	1,086
Measles	49	1.68	12	0.39	1	0.03	28	0.88	90
Mumps	31	1.06	5	0.16	261	8.78	12	0.38	309
ARTI	1,141	39.0	1421	46.9	1,993	67.1	1,268	40.2	5,823
Scabies	423	14.9	317	10.4	15	0.50	249	7.89	1,004
STI (s)	202	7.00	1	0.03	0	0	0	0	203
TB	18	0.61	7	0.23	0	0	0	0	25
Malaria (suspected)	70	2.41	3	0.09	5	0.17	494	15.7	572
<b>Total</b>	<b>2,905</b>	<b>24.1</b>	<b>3,032</b>	<b>25.2</b>	<b>2,971</b>	<b>24.6</b>	<b>3,152</b>	<b>26.1</b>	<b>12,060</b>

## TOTAL NUMBER & PERCENTAGE OF CASES REPORTED WITH NON-COMMUNICABLE DISEASES

Clinical Conditions	Pathargarh		Gagri		Banigala		Pinyali		Total
	Figure	%	Figure	%	Figure	%	Figure	%	Figure
APD/Hyperacidity	522	8.40	1,226	13.22	510	16.43	425	6.27	2,683
Arthritis	244	3.93	941	10.15	6	0.19	225	3.32	1,416
Asthma	355	5.71	103	1.11	89	2.87	180	2.66	727
Generalized Body Aches	933	15	866	9.34	185	5.96	1056	15.59	3,040
Diabetes	79	1.27	512	5.52	127	4.09	182	2.69	900
Ear infection	293	4.71	254	2.74	93	3.00	1038	15.32	1,678
Goiter	32	0.51	21	0.23	0	0.00	0	0.00	53
Hypertension	298	4.79	969	10.45	196	6.31	332	4.90	1,795
Jaundice	21	0.34	14	0.15	2	0.06	48	0.71	85
Mouth & Tooth infection	418	6.72	330	3.56	219	7.06	329	4.86	1,296
UTI	348	5.60	941	10.15	117	3.77	230	3.40	1,636
Wounds	164	2.64	110	1.19	170	5.48	220	3.25	664
Reproductive Track Fungal Infections	340	5.47	163	1.76	247	7.96	195	2.88	945
Skin Infections	590	9.49	290	3.13	489	15.75	502	7.41	1,871
Anemia	548	8.8	876	9.44	168	5.41	824	12.16	2,416
other	216	3.47	1,090	11.75	102	3.29	479	7.07	1,887
Worms	421	6.77	423	4.56	110	3.54	237	3.50	1,191
Allergy	394	6.34	146	1.57	274	8.83	272	4.02	1,086
<b>Total</b>	<b>6,216</b>	<b>24.5</b>	<b>9,275</b>	<b>36.5</b>	<b>3,104</b>	<b>12.2</b>	<b>6,774</b>	<b>26.8</b>	<b>25,369</b>

## POVERTY ALLEVIATION CUM INCOME GENERATION PROGRAM (PACIG) HIGHLIGHTS 2017-18

**PACIG Program** aims to provide the opportunities to disadvantaged communities enabling them to access vocational trainings to women and girls coming from village with an ultimate goal of securing a life with opportunities of generating a household income.

SACHET believes to help reduce the burden of ill-health due to poverty, integrating provisions of health services with opportunities of income generating skills through vocational trainings offered at three permanent centers established in district Islamabad, Rawalpindi and Attock.



255

Women Trained at SCDP  
Pinyali, District Rawalpindi



228

Women Trained at SCDP  
Pathargarh, District Attock



156

Women Trained at SCDP  
Gagri, District Islamabad



35

Rural Women Entrepreneurs  
trained on beautician skills &  
operations of Beauty salon



24

Women trained at Beautician training  
center SCDP Gagri, District Islamabad



11

Women trained at Beautician training  
center SCDP Pinyali, District Rawalpindi



42  
Boys

66  
Received Computing skills  
(Basic, Advanced,  
Hardware operation &  
Auto-cad)



24  
Girls

Mrs. Saira Bano (Instructor) instructing the techniques of embroidery at SACHET vocational training center, Gagri.

SACHET Vocational training center SCDP Pinyali.







Mrs. Yasmin Shabnum (Trainer) is demonstrating techniques of beautician to the trainees at SACHET Vocational Training center, Pinyali.



Mrs. Azeema Ejaz (Lead Instructor Beautician Course) delivering a lecture on "Importance of Hygiene in Beauty Care Industry" at SACHET Beautician Center, Pinyali.



Students are learning computing skills at SACHET Computer training center, Pinyali.



## WOMEN FOCUSED TRAINING UNDER PUNJAB SKILLS DEVELOPMENT FUND (PSDF)



In January 2017, SACHET was selected as an Implementing partner of Punjab Skills Development Fund to impart skills training for girls in Rawalpindi District. PSDF is not for profit company setup under the Companies Ordinance 1984 by the Government of the Punjab in collaboration with Department for International Development UK. SACHET launched a 6 months skill orienting training program for the girls of Rawalpindi district in trades of **"Beautician"** under the Scheme **"Employable Skills for**

**Females in Beauty Care Industry"**. The trainings were organized at three approved training facilities of SACHET located in SCDP Gagri, SCDP Pinyali and SACHET Training Center Satellite Town, Rawalpindi with collaboration of Punjab Skilled Development Fund.

The project successfully achieved its mandated objective to facilitate and ensure TEVTA (Technical Education and Vocational Training Authority) approved skills development training for the unemployed women and girls and empowering them to earn livelihood for themselves.



### 82

Girls & Women Trained and Certified by Punjab Technical Board in "Beautician" Trade

### 29

Girls Trained in "Beautician" Trade at **SCDP Gagri, Islamabad**

### 29

Girls Trained in "Beautician" Trade at **SCDP Pinyali, Rawalpindi**

### 24

Girls Trained in "Beautician" Trade at **Satellite town, Rawalpindi**



Theory exam conducted by PBTE (Punjab Board of Technical Education) after completion of the Beautician course, at SACHET Vocational center, Pinyali.



Beautician Training, hands on practice by students at SACHET Vocational center, Satellite town Rawalpindi.



## AWARENESS AND ADVOCACY PROGRAM HIGHLIGHTS 2017-18

SACHET program team has been holding gender specific advocacy gathering which are widely known as “Behna di Mehfil & Bharawan di Mehfil” within the local communities of Islamabad, Rawalpindi and Attock District. Mehfls are regularly held as an appropriate mechanisms for initial sensitization, followed by active involvement and voluntary participation by women, men, girls and boys to develop healthy habits. Topics discussed in these Mehfls include; family planning, health & hygiene, hepatitis, precautionary measures to avoid diseases like HIV & AIDs, Hepatitis, Diabetes, Seasonal Diseases for adults and children and awareness regarding gender based violence.



61

**Awareness Raising Sessions** Organized at Four Community Development Program Locations

1,269

**Community Members** Participated in the Awareness and Advocacy Sessions



Dr. Ishrat Ehsan conducting Behnan di Mehfil (Women Assembly) at SCDP Pinyali.



Behnan di Mehfil at SCDP Pinyali.





## FINANCIAL SUMMARY FY 2017-18

Year	2018	2017
<b>Income</b>		
	<b>Amount in PKR</b>	<b>Amount in PKR</b>
Grant from Govt. of Pakistan	1,000,000	1,000,000
Amortization of deferred income	1,844,711	1,844,711
Income from programs	5,936,735	5,840,180
Investment Income	12,239,001	12,274,176
Other income	4,641,827	5,070,241
<b>Total</b>	<b>25,662,274</b>	<b>26,029,308</b>
<b>Expenditure</b>		
Administrative Support Cost	3,062,713	2,753,164
Program Development and Implementation Cost	7,356,453	7,270,189
Direct Program Cost	15,574,695	14,324,058
Bank charges	25,199	46,873
<b>Total</b>	<b>26,019,060</b>	<b>24,394,284</b>
<b>Endowment</b>		
National Saving Certificates	103,350,000	102,350,000
Bank deposits	628,966	1,732,376
Land and Immovable Property	15,857,068	16,691,651

The detailed audit report for the year closing June 30, 2018 can be found on SACHET's website ([www.sachet.org.pk](http://www.sachet.org.pk))

M/s Riaz Ahmad & Company - Nexia International (Chartered Accountants)  
([www.rocapk.com](http://www.rocapk.com))

#### Head Office

SACHET Pakistan, Al-Babar Center, Park Road, F-8 Markaz,  
Islamabad, Pakistan. 44000  
Phone: 0092-51-2254933, 2256799 Fax: 0092-51-2254933  
Email: info@sachet.org.pk

#### Program Unit Offices

SACHET Community Development Program Unit, Banigala  
Village Mohra Noor, Near Rawal Dam Banigala, Islamabad  
Phone: 0092-51-2612629

SACHET Community Development Program Unit, Gagri  
Village Gagri Japani Road, Sihala District Islamabad  
Phone: 0092-51-4485525

SACHET Community Development Program Unit, Pinyali  
Village Pinyali Main Kahuta Road, District Rawalpindi  
Phone: 0092-51-4980094

SACHET Community Development Program Unit, Pathar Garh  
Babraki Village Pathargarh, Hassan Abdal. District Attock  
Phone: 0092-51-2562416



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F-8 Markaz, Islamabad - Pakistan



051-225.5053, 225.4933



info.ssl.sachet@gmail.com



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