

# SACHET-Pakistan

Society for the Advancement of Community  
Health Education and Training

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Promoting Human Development

Contributing to the social  
and economic development  
of the disadvantaged  
communities in Pakistan  
since 1999

[www.sachet.org.pk](http://www.sachet.org.pk)



22<sup>nd</sup> ANNUAL  
**PROGRESS REPORT 2020**

كسبِ كمالِ كن كه عزيزِ جهان شوي  
كس بيكمال و علم نيارزد به نيم جو

سعدى شيرازى

**Translation:**

Seek excellence in your skills/work  
to become the beloved one of the  
world; the person without wisdom and  
knowledge is not worth even as half of  
a barley's seed.

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پاکستان میں ۱۹۹۹ء سے محروم طبقوں کی معاشی اور معاشرتی ترقی میں معاون

[www.sachet.org.pk](http://www.sachet.org.pk)



## **Dr. A. Q. Khan, NI & Bar, HI**

Founder & President, SACHET-Pakistan

Dr. A.Q.Khan, NI & Bar, HI is mostly known for his scientific contributions in Pakistan but the philanthropic and development side of his persona is still less known to the world. During the last more than two decades, Dr. Khan has established number of renowned institutions such as Mianwali Institute of Technology, Ghulam Ishaq Khan Institute Topi, Sir Syed CASE Institute of Technology Islamabad, Dr. A.Q Khan Hospital Trust, Lahore, Dr. A.Q. Khan Institute of Biotechnology and Genetic Engineering Karachi, SACHET-Pakistan, SACHET Health Clinics are few to name. These academic and health institutions have impacted lives of millions of Pakistanis across the country and are contributing in promotion of human development in Pakistan.

# MESSAGE FROM THE PRESIDENT

## Post-Pandemic Future | Proficiency and Practice of Digital Knowledge

It is my singular privilege that I present, to the Board of Directors, for twenty two years without interruption, the Annual Progress Report of SACHET-Pakistan for the financial year ending 30<sup>th</sup> June, 2020.

The year 2019-20 was an unprecedented turbulent year in so far as socio-economic developments were concerned, adversely affecting every individual globally, nation-wise, at family and individual levels. The second half of the year saw universal devastating infliction of Covid-19 pandemic, without exception to all communities in the world, in east or west, north or south. It engulfed Pakistani communities as well starting in January 2020 with its damaging effects. Thanks to the timely measures taken by the National Command and Operation Center (NCOC) of Govt. of Pakistan, the damage to the citizens was contained, compared with other countries. The pragmatic decision of smart lock downs, instead of a complete lockdown, the wide distribution of Rs. 12,000/- as a cash help to the Covid affected poor segments of the society, the effective public awareness campaigns in all provinces and above all, special blessings of Almighty Allah on Pakistan, helped in restricting human and material loss, suffered much more by many other countries similarly placed as Pakistan. However, Pakistan economy, which is 22<sup>nd</sup> largest in the world in terms of Purchasing Power Parity (PPP), suffered a negative growth of 0.4 as industries, offices, commercial activities, even health clinics had to be closed in worst affected areas to protect population.

The dedicated team of SACHET-Pakistan at its primary health care clinics and training centres continued to dispense primary health care, skills development training programs, public awareness campaigns for preventive measures during initial days of viral infection in Pakistan. Later on, during second half of year 2020, all operations of the Society came to a halt for the better part of second half of 2019-20, in pursuance of restrictions on gathering and group trainings.

As the statistics carefully prepared and given in succeeding pages of the Report show, the patient turn over in all SACHET Clinics declined to 15,022 from 20,149 a year earlier due to closure of SACHET Clinics. The skills training programs were also closed, SACHET School of Languages stopped its language teaching classes, and community awareness sessions had to be discontinued to comply with social distancing instructions. This adversely affected the income

of the Society which declined to Rs. 26.65 million from Rs. 27.7 million. The annual accounts of Society suffered a loss of Rs. 1.55 million which was met out of retained savings.

It is said that suffering is a blessings in disguise. Partial lockdown conditions, emergence of online commercial and trade activities and adversities affecting social life styles due to pandemic, has opened new avenues of IT led economic opportunities from production to marketing, to consumption in years to come. In Pakistan, door to door delivery of services, digitally managed, has come to function as a reality. SACHET-Pakistan, has therefore, decided to augment and focus on its skills training program, at SACHET Community Development Centres, as well as at its head office by imparting digital skills training and to establish an incubation centre for software development, to cater to the emerging needs of technical manpower from manual management practices to more technology based management practices. At the same time, SACHET will continue to serve communities through its major program of free primary medical care, skills development other than IT, and through its community awareness programs.

For several decades, President SACHET-Pakistan has been supporting the cause of higher education for girls through guidance and financial support. Realizing the catalytic role of education in STEM (Science, Technology, Engineering and Mathematics) fields for acceleration of socio-economic progress, SACHET will divert maximum resources (technical and financial) in coming years towards the promotion of higher education particularly in STEM fields among Pakistani female students. This will be achieved by instituting a comprehensive National Merit Scholarship Fund to known as Dr. A.Q.Khan Scholarship Fund for education of women in STEM subjects.

To maximize the outreach and impact of the proposed scholarship, new collaborative arrangements will be made with individuals and different public and private academic institutions within Pakistan and abroad.

I compliment the efforts of the SACHET-Pakistan Team to have served with commitment during challenging times of Covid-19, in the best interests of the Society. I also thank, the well-wishers, donors and local communities and district authorities for the cooperation extended during the year.

## INTRODUCTION

SACHET-Pakistan (Society for the Advancement of Community, Health, Education and Training-Pakistan) is a multi-dimensional, forward looking, gender sensitive and environmentally friendly, welfare cum community development organization. A not for profit organization, working at grass root level in the community with national outreach, SACHET-Pakistan is making its contribution towards socio-economic progress since 1999. The organization's name reveals its four key program areas i.e., health, education, livelihood, and training.

SACHET's programs are both need and right-based. Removal of discrimination in society on the basis of gender, class, ethnicity, religion, cultural diversity is at the heart of our programs.

## THEMATIC AREAS

1. Free Service Delivery of primary health services and care to the poor and indigents on sustainable basis, in particular to the mother and children.
2. Reproductive Health services and dissemination of awareness for the protection of rights of the stakeholders in this field.
3. Awareness on violence against women, girls and children, within the broader domain of reproductive health programming.
4. Skills development with focus on income generating programs for both male and female members of the community.
5. Education (formal and non-formal) through strengthening public sector educational institutions.

## GEOGRAPHICAL

### COVERAGE

Since inception, SACHET is recognized as a leading community development organization in Pakistan and has served the communities in all four provinces including Gilgit Baltistan and Azad Jammu Kashmir through several innovative and community driven projects. The permanent areas of intervention of SACHET's programs include districts of Islamabad, Rawalpindi and Attock through its Community Development Centres located at Banigala, Gagri, Pinyali and Pathargarh.

## BENEFICIARIES

1. Children, adolescents and youth, women and men indigents particularly for health, education and skills development training programs within the communities served.
2. Female victims and survivors of violence for health, education and socio-economic empowerment programs.
3. Women, girls, men and boys for interventions aimed at ending gender-based violence, including dowry violence and other gender issues.
4. Disaster hit, under served and underprivileged communities of rural Pakistan.
5. Community elders, local government administrators, artisans, teachers, religious leaders, lawyers, media practitioners etc.

## SUMMARY OF SERVICES EXTENDED TO THE COMMUNITIES BY SACHET DURING (1999-2020)\*

**1,283,289**

Number of patients received primary healthcare services



**33,749**

patients treated in medical camps



**50,722**

clients received Family Planning Services



**21,455**

women/girl beneficiaries in earthquake affected areas in KPK



## CONTRIBUTING IN ACHIEVING

## SUSTAINABLE DEVELOPMENT GOALS (SDGS)

Pakistan is signatory to the UN Convention for achieving Sustainable Development Goals. Within its limited resources, SACHET is contributing towards national efforts in achieving four (4) SDGs against seventeen (17) SDGs adopted by the UN General Assembly in September 2015 for reaching by 2030.

### SDG GOAL NUMBER 3



**ENSURE HEALTHY LIVES AND PROMOTE WELLBEING FOR ALL AT ALL AGES**

**Providing primary health care services to under-served communities through Health Programs of SACHET.**

SACHET is playing its role in reducing the global maternal mortality ratio to less than 70 per 1000. SACHET contributes to end AIDS, tuberculosis, malaria and neglected tropical diseases and to combat hepatitis, water-borne diseases and other communal diseases. This is done through effective awareness and services delivery programs.

### SDG GOAL NUMBER 4



**ENSURE INCLUSIVE AND EQUITABLE QUALITY EDUCATION AND PROMOTE LIFELONG LEARNING OPPORTUNITIES FOR ALL.**

**Promoting quality education and impart skills through Education & Training Programs of SACHET.**

SACHET is playing its part to achieve SDG 4 to ensure equal access for all women and men to affordable and quality technical, vocational and tertiary education, again through actual service delivery and awareness programs.

### SDG GOAL NUMBER 5



**ACHIEVE GENDER EQUALITY AND EMPOWER ALL WOMEN AND GIRLS.**

**Result oriented advocacy on communal issues through Advocacy & Awareness Programs of SACHET.**

Gender is cross cutting in all programs of SACHET-Pakistan.

### SDG GOAL NUMBER 8



**PROMOTE SUSTAINED, INCLUSIVE AND SUSTAINABLE ECONOMIC GROWTH, FULL AND PRODUCTIVE EMPLOYMENT AND DECENT WORK FOR ALL.**

**Imparting employable skills through Poverty alleviation cum Income Generation Programs of SACHET.**

SACHET is contributing substantially to reduce the proportion of youth not in employment by promoting education and training, so as to achieve full and productive employment and decent work for all women and men. Post training placements services are integral part of programs run by SACHET.

**23,286**

women received ante-natal and post-natal care



**27,777**

Children received immunization services



**10,011**

women received vocational and skills development training



**5,395**

youth (girls and boys) received computer training





## PROGRESS HIGHLIGHTS 2019 - 20

This Annual Report contains the summary of services provided to the communities during the financial year 2019-20 (22<sup>nd</sup> year in a row), under thematic areas; namely primary health care, basic education, skills development, advocacy and awareness, implemented mainly at SACHET Community Development Programs located at Islamabad, Rawalpindi and Attock Districts including head office of SACHET in Islamabad.

### SUMMARY OF SERVICES EXTENDED TO THE COMMUNITIES BY SACHET DURING (1999-2020)\*

**429,649**

Number of community members received health education



**33,643**

families facilitated to receive health insurance



**10,500**

youth joined advocacy campaigns on VAW including dowry violence



**12,239**

adolescents (boys and girls) received adolescent friendly services



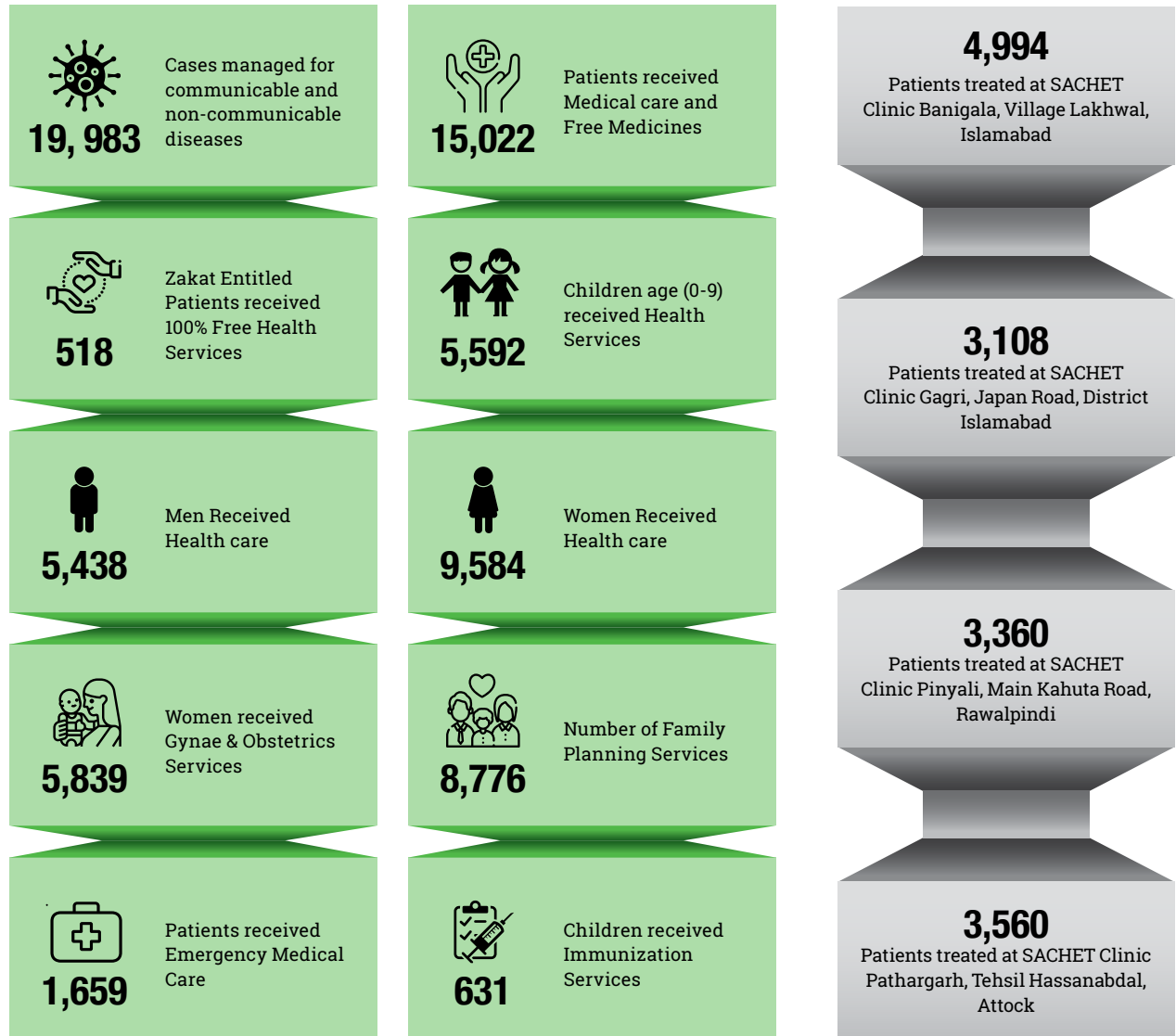


## HEALTH PROGRAM



RAH (Responsible Actions for Health) is SACHET's largest delivery programme, and about 70% resources are allocated to activities in this area. RAH (راہ) is an Urdu word for way or path for leading to destination, and this programme serves the communities in two ways: A; by sensitizing them about healthy life styles and life choices through preventive

health education, and B; by obviating financial, cultural and geographical hurdles in the way of community in accessing health services. During the Financial Year 2019-20, the four (4) SACHET clinics remained open 193 days and served thousands of patients as detailed below:



**8,417**

youth (boys and girls) received youth friendly service



**55**

community committees established at village level



**45**

lawyers trained on pro-women laws



**40**

documentary films produced on social issues

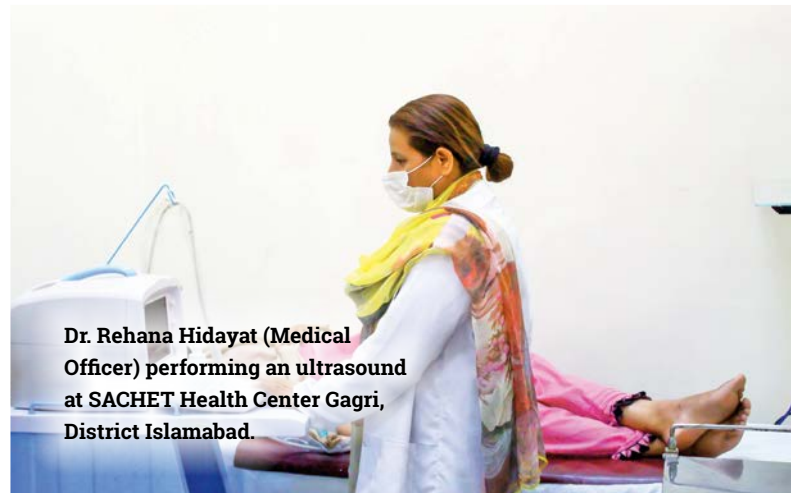




Exterior View of SACHET Clinic Gagri, Japan Road Islamabad.



Mr. Sajid Hussain (Dispenser / Medical Attendant) dispensing medicines to patients at SACHET Health Center Pinyali, District Rawalpindi.



Dr. Rehana Hidayat (Medical Officer) performing an ultrasound at SACHET Health Center Gagri, District Islamabad.



Mother & children waiting for medical treatment at SACHET Health center, Banigala, District Islamabad.



Patients waiting for medical checkup at SACHET Health Center Pathargarh, District Attock.



Mother and child during immunization camp at SACHET Health Center Banigala, District Islamabad.



Mr. Muhammad Mansoor (Dispenser / Medical Attendant) is briefing about medicines to the patient at SACHET Health Center Gagri, District Islamabad.

## SUMMARY OF PRIMARY HEALTH CARE SERVICES 2019-20

Process Indicators	Banigala	Gagri	Pinyali	Pathargarh	Total
<b>Patients Turnover</b>					
Average turnover /day	26	16	17	19	<b>78</b>
Total Number of Non-Zakat Patients	4,730	2,507	2,998	2,738	<b>12,973</b>
Total Number of Zakat Patients	120	61	337	0	<b>518</b>
Total Number of Free Patients	49	517	20	314	<b>900</b>
Total Number of Immunization	95	23	5	508	<b>631</b>
Patient's Turnover at SACHET Clinics	4,994	3,108	3,360	3,560	<b>15,022</b>
Number of Baby Boy Patients (0-9 years)	798	406	753	825	<b>2,782</b>
Number of Baby Girl Patients (0-9 years)	856	453	635	866	<b>2,810</b>
Number of males 9 years & above Married/unmarried	1,129	554	600	373	<b>2,656</b>
Number of females 9 years & above married/unmarried	2,211	1,695	1,372	1,496	<b>6,774</b>
General Counselling	6,415	2,800	3,323	3,301	<b>15,839</b>

**\* As per local government regulations, the activities at the four SCDPs remained suspended from 6 April 2020 to July 5 2020, due to Covid-19 pandemic.**

Contraception/Family Planning		STIs/RTIs (Sexually/Reproductive Transmitted Infections)	
Process Indicators	Total	Process Indicators	Total
Counselling	<b>4140</b>	Counselling (Sexually, Relationship & GBV)	<b>690</b>
IUCD (Intra-Uterine Contraceptive Device)	<b>13</b>	Syndrome Management (HIV)	<b>18</b>
Injectable	<b>229</b>	Etiological Management	<b>0</b>
Implant	<b>42</b>	Total	<b>708</b>
Condoms (Number)	<b>3790</b>		
OCP-Oral Contraceptive Pills (Cycles)	<b>400</b>		
ECP-Emergency Contraceptive Pills (Packs)	<b>162</b>		
Total	<b>8,776</b>		



**Dr. Ishrat Ehsan (Medical Officer)** examining a child patient at SACHET Health Center Pinyali, District Rawalpindi.

Gynecology and Obstetrics Services	
Process Indicators	Total
Counselling	3,696
MR/Miscarriage (Medical)	6
Pac (Post Abortion Contraception) Services	10
Manual Pelvic Exam	234
Manual Breast Exam	175
Infertility Patient	128
General Gynae Clients	218
Antenatal consultation	502
Pregnancy Test	237
Diagnostic Imaging (TVS, USG)	309
Number of Post Natal Patients	159
Vaccinations ATS/AIT	60
General Obs Clients	105
<b>Total</b>	<b>5,839</b>

Immunization/Vaccination	
Process Indicators	Total
BCG Vaccines	143
IPV (I, II&III), OPV	208
MMR (I, II)	64
Prevenar	130
Rotavirus	55
Typhoid	5
Polio	11
Hepatitis C	0
<b>Hepatitis (A&amp;B)</b>	<b>15</b>
<b>Total</b>	<b>631</b>

Emergencies	
Process Indicators	Total
Antiseptic Dressing	529
Stitches	57
Accidental/Emergency Managed	365
Nebulized	273
Blood Test	125
Sugar Test	310
<b>Total</b>	<b>1,659</b>



Dr. Rerhana Hidayat (Medical Officer) attending patient at SACHET Health Center Gagri, District Islamabad.



Mother and child during immunization camp at SACHET Health Center Banigala, District Islamabad.



**Dr. Kanwal Riaz (Medical Officer) examining a child patient at SACHET Health Center Banigala, District Islamabad.**

# POVERTY ALLEVIATION CUM INCOME GENERATION PROGRAM

## (PACIG) HIGHLIGHTS 2019-20

PACIG Program aims to provide the opportunities to disadvantaged community members, women, boys, girls providing them access to vocational training with an ultimate goal of securing a life with opportunities of generating a household income.

SACHET believes to help reduce the burden of ill-health due to poverty, integrating provisions

of health services with opportunities of income generating skills through vocational trainings offered at three (03) permanent vocational training centres of SACHET established in district Islamabad, Rawalpindi and Attock. SACHET also establishes temporary training centres in different regions of Punjab e.g Khanewal, Multan, Chakwal, wherever such training programs become feasible.



356

Youth (girls and Boys) trained in vocational skills



46

Boys received vocational skills Training.



310

Girls received vocational skills Training



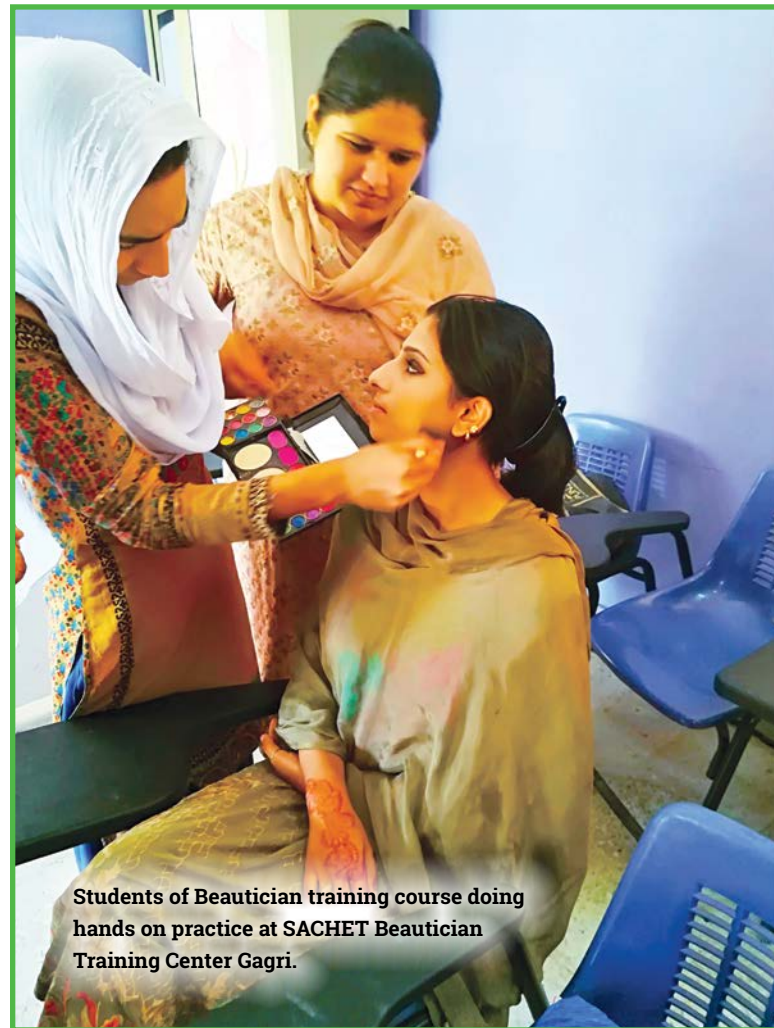
196

Women trained in Domestic Tailoring trade.



07

Women trained on Beautician skills & launched Operations of Beauty Salon.



Students of Beautician training course doing hands on practice at SACHET Beautician Training Center Gagri.



Domestic tailoring class at SACHET Vocational Center Pinyali, District Rawalpindi.

## PUNJAB SKILLS DEVELOPMENT PROGRAMME 2019-20



With the support of Punjab Skills Development Fund (PSDF), SACHET launched 6 months skill-oriented

training program from 1<sup>st</sup> October 2019 to 31<sup>st</sup> March 2020 for the girls, women, boys and men of District Rawalpindi and Attock. There were two trades under this scheme:

1. Fabric Cutting Expert
2. Computer Hardware Technician

### THE FABRIC CUTTING EXPERT

The training was provided at three approved training facilities of SACHET located at Gagri, Pinyali & Pathargarh.

The trade of "Fabric cutting expert" was divided into two batches, the duration of each batch was three months. The first batch training started at 1<sup>st</sup> October 2019 and successfully completed on 31<sup>st</sup> December 2019. The training of second batch started on 1<sup>st</sup> January 2020 and completed on 31<sup>st</sup> March 2020.

The project successfully achieved its mandated objective to facilitate and ensure TEVTA (Technical Education and Vocational Training Authority) approved skills development training for the unemployed women and girls and empowering them to earn livelihood for themselves. Under this scheme total number of 107 girls and women trained and certified by Punjab Technical Board in Fabric cutting expert trade.

### THE COMPUTER HARDWARE TECHNICIAN

The training was provided at two approved training facilities of SACHET located at Pinyali and Pathargarh.

The training program was of 6 months, started from 1<sup>st</sup> October 2019 and completed on 31<sup>st</sup> March 2020. The project successfully achieved its mandated objective to facilitate and ensure NAVTTC (National Vocational and Technical Training Commission) approved skills development training for the unemployed men and boys and empowering them to earn livelihood for themselves. Under this scheme total number of 33 men and boys were trained and certified by Punjab Technical Board as Computer Hardware Technicians.



107

Women and Girls trained in "Fabric Cutting Expert" Trade under Punjab Technical Board.

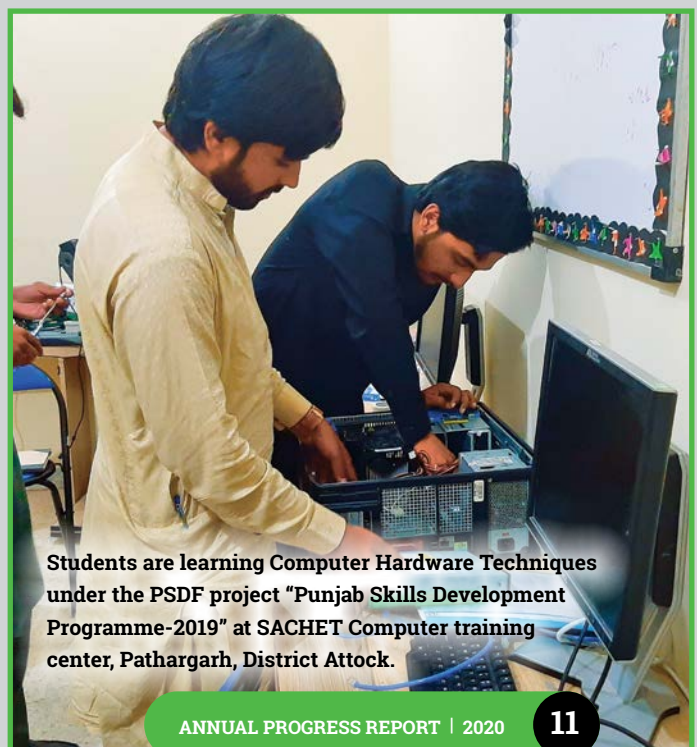


33

Boys trained in "Computer Hardware Technician" Trade under Punjab Technical Board.



Fabric cutting expert class under the PSDF project "Punjab Skills Development Programme-2019" at SACHET Vocational training center, Pathargarh, District Attock.



Students are learning Computer Hardware Techniques under the PSDF project "Punjab Skills Development Programme-2019" at SACHET Computer training center, Pathargarh, District Attock.

## INTRODUCTION OF PUNJAB SKILLS DEVELOPMENT FUND (PSDF)

PSDF is the largest skills development Fund in Pakistan, set up by the Government of the Punjab in collaboration with Foreign, Commonwealth and Development Office (FCDO). PSDF also manages the skills training funding provided by the World Bank. It funds trainings for over 100,000 youth every year in 250+ demand-driven trades through an ecosystem of 500+ training partners, primarily from the industry and private sector training providers.

Further information about PSDF can be seen at [www.psd.org.pk](http://www.psd.org.pk)

### SACHET & PSDF

SACHET is one of the leading partners of PSDF since 2017 and successfully implemented training projects in Districts of Attock, Rawalpindi and Khanewal. So far 807 rural women, men, boys and girls received specialized training at SACHET's Rural Vocational Centres.

The table below comprises the details of different skilled projects of PSDF accomplished by SACHET-Pakistan from December 2016 to June 2020.

Project 1	Trades	Duration	Batches	Location
Women Focused Training SFPGS-2016 (Scheme W3)	1. Textile Sales & Marketing 2. Fabric Quality Inspector 3. Domestic Tailoring 4. Fabric Cutting Expert	6 Months (1 <sup>st</sup> January 2017 to 30 <sup>th</sup> June 2017)	2 Batches (3 Months each)	SACHET Head Office, Gagri (District Islamabad), Pinyali (District Rawalpindi)
<b>Project Description</b>				
SACHET launched 6 months skill-oriented training program for the girls & women of District Rawalpindi in four different trades. The training was organized at three approved training facilities of SACHET. Under this project 336 girls & women trained and certified by Punjab Technical Board in four different trades. 56 girls trained and certified in Textile Sales & Marketing, 112 girls trained and certified in Domestic Tailoring, 112 girls trained and certified in Fabric Cutting Expert, 56 girls trained and certified in Fabric Quality Inspector.				
Project 2	Trades	Duration	Batches	Location
Women Focused Training SFPGS-2016 (Scheme W3)	Beautician	1 Year (1 <sup>st</sup> January 2018 to 30 <sup>th</sup> December 2018)	2 Batches (6 Months each)	Gagri (District Islamabad), Satellite Town & Pinyali (District Rawalpindi)
<b>Project Description</b>				
SACHET launched 1-year skill-oriented training program for the girls and women of District Rawalpindi in Beautician trade. The training was organized at three different facilities of SACHET. In this scheme total number of 196 girls and women were trained and certified by Punjab Technical Board in Beautician Trade.				
Project 3	Trades	Duration	Batches	Location
Skills for Market Linkage (Scheme SML)	Ada Work	1 Year (1 <sup>st</sup> March 2018 to 30 <sup>th</sup> March 2019)	1 Batch (12 months)	Mian Channu, Jhaniya & Khanewal (District Khanewal)
<b>Project Description</b>				
SACHET launched 1-year skill-oriented training program for the girls and women of District Khanewal in Ada Work trade. The training was organized at three different facilities of SACHET in Khanewal District in Multan Division. In this scheme total number of 135 girls and women were trained and certified by Punjab Technical Board in "Ada Work" Trade.				
Project 4	Trades	Duration	Batches	Location
Punjab Skills Development Programme-2019 (Scheme W6)	Fabric Cutting Expert (FCE) Computer Hardware Technician (CHT)	6 Months (1 <sup>st</sup> October 2019 to 30 <sup>th</sup> March 2020)	2 Batches (3 months each for FCE), 1 Batch for CHT	Gagri (District Islamabad), Pinyali (District Rawalpindi), Pathargarh (District Attock)
<b>Project Description</b>				
SACHET launched 6 months skill-oriented training program for the men and women of Punjab Province in two different trades. The trainings were organized at three different facilities of SACHET in Islamabad, Rawalpindi and Attock District. In this scheme total number of 140 men and women were trained and certified by Punjab Technical Board in Computer Hardware Technician and Fabric Cutting Expert trades. 1. A total number of 33 men trained and certified by Punjab Technical Board in trade of Computer Hardware Technician. 2. 107 women trained and certified by Punjab Technical Board in Fabric Cutting Expert trade from different facilities of SACHET Pakistan.				



## STORIES OF CHANGE

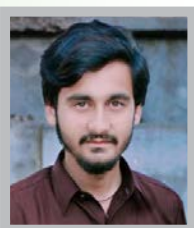


Hailing from a rural area in village Aliot of tehsil Kahuta and with limited financial resources, I was unable to continue my studies after completing Intermediate exam. I have one sister and three brothers; I am the 3rd among my 4 siblings. My elder brothers are jobless and father is a taxi driver. I always wanted to pursue my career in the IT sector but I was not sure how to go for it. From a friend, I came to know about the skills development training of "Computer Hardware Technician" offered by SACHET at its Vocational Training Center Pinyali with collaboration of Punjab Skills

Development Fund. I felt so excited to learn about the course as I thought it would be a good opportunity to fulfil my career ambition. I got myself enrolled and started six months course in October 2020. The training was a blend of theory and hands-on experience. The course was taught by a very well qualified instructor, who gave special attention towards learning and understanding of the subject courses. Besides training, I was also getting monthly stipend from SACHET. At the end of training, I felt more confident with the skills that I had acquired through the course such as computer trouble shooting, assembling, hardware and software installation. Upon completion of course, an external examination was conducted by Punjab Technical Board and I was awarded with certification of Computer

Hardware Technician Expert. The training, I had received during my program and certification by PTB (Punjab Technical Board) boosted my confidence to apply for a job as a Junior Computer Technician in a private pharmaceutical company located in industrial zone Humak, Islamabad and eventually I got hired by the company on monthly salary of Rs.25,000/-. I must admit that it is because of the great training opportunity provided by SACHET and Punjab Skill Development Fund, now I feel more confident about myself and feel satisfied to be a skilful professional. In the future, I am planning to start my own computer related business with new products and services.

**Kashif-ur-Rahman, Pinyali**



I am a resident of Babraki, a remotely located small village of tehsil Hassanabdal in district Attock. I have one sister and two brothers; I am the elder among my siblings. My father is into a small scale transport business. After completing my intermediate, I couldn't continue my formal studies but I wanted to learn some technical skills so that I could financially support my family. One of my relatives told me about the training opportunity of "Computer

Hardware Technician" offered by SACHET at its Vocational Training Center in Pathargarh. Luckily I was eligible for the course and got registered for the six months course since I had basic knowledge about computers. During the course, Instructor guided us with theoretical understanding as well as practical demonstration on hardware trouble shooting of computer systems. The learning environment at the centre was very conducive and satisfactory. Our computer skills were testified through an external examination conducted by Punjab Technical Board and I was certified as a Computer Hardware Technician Expert. Right after the completion of a training, I established my own small business of

"Computer Repairing" with the help of my father. It's been more than six months since I have started my business and currently I am generating an average of Rs. 30,000/- per month from my computer repair shop. In the future, I am planning to expand my business in main commercial area of Hassanabdal or Wah Cantt. I must say that, it is all because of the training opportunity provided by SACHET and Punjab Skills Development Fund Programme that gave me the chance to equip myself with the technical skills. Thank You SACHET & PSDF.

**Saad Hassan, Pathargarh**

For women living in rural areas, independence is a constant question, and starting their own business is like a fantasy only to be dreamt about and never realized. I belong to a lower-middle-class family; I have six siblings. My father is not mentally healthy and not able to earn or feed us. My mother is only a bread earner. After completing my Matriculation, I was sitting idle at home without knowing what to do. Because I see so many educated girls in my village, after they complete their education, they just sit at home, after they become adults and are married off. One day, my neighbour came to me and told me about the skills development

program of SACHET in my village. I discussed this opportunity with my mother and she allowed me to get enrolled and get some skills. The next day I visited SACHET Vocational Training Center with my neighbour. And we both get registered, our first stitching class started with a group of 17 girls on 1<sup>st</sup> October 2019. It was an extensive program where we learned different techniques of professional fabric cutting and stitching under the supervision of a qualified instructor. After graduating I was so excited to have some technical skills. Initially, after graduation, I started stitching for my family, and then neighbours. But

afterward with the help and support of my mother; I started stitching for a lady who is running a ladies cloth store (Boutique) in Hassanabdal, by this am generating an average of Pkr 15,000/- per month. In future, I am planning to start my own business, because this training program not only provides me a source of income, also provides self-esteem and confidence. I must say SACHET-Pakistan transformed my life and pushed me into the path of being an independent woman. Thank You SACHET

**Saira Bibi, Pathargarh**

## AWARENESS AND ADVOCACY PROGRAM HIGHLIGHTS 2019-20

SACHET's program team has been holding gender specific advocacy gathering which are widely known as "Behna di Mehfil & Bharawan di Mehfil" within the local communities of Islamabad, Rawalpindi and Attock District. Mehfils are regularly held as an appropriate mechanism for initial sensitization, followed by active involvement and voluntary participation by women, men, girls and boys to develop healthy habits. Topics discussed in these Mehfils include;

1. General hygiene measures to prevent nosocomial infections.
2. Preventive Measures of COVID-19.
3. Winter Allergies especially in children.
4. Disadvantages of plastic bags and how badly the plastic bags effect the ocean life.
5. Dengue Virus.
6. Safety measure during flood emergencies (Monsoon Season).
7. Advantages of Implant (Family planning)



10

Awareness Raising Sessions organized at four SACHET Community Health Clinics.



311

Community Members participated in the Awareness and Advocacy Sessions.



1,866

indirect / secondary beneficiaries were provided information and awareness.

Due to COVID-19 guidelines, awareness sessions by holding community gatherings were discontinued during 2<sup>nd</sup> half of the reporting year.



Dr. Ishrat Ehsan (Medical Officer) conducting "Behna Di Mehfil" at SACHET Health Center Pinyali, District Rawalpindi.



## SACHET SCHOOL OF LANGUAGES & DIGITAL SKILLS



SACHET took a new initiative and established SACHET School of Languages (SSL) in 2019 to provide foreign languages training. SSL offers preparatory classes for IELTS, OET, SAT and language proficiency courses in English, Chinese, German, French and Arabic. Within a year SSL has come to be recognized as a popular, credible school for learning foreign languages.

SACHET School of Languages is an excellent facility for those who are seeking expert's assistance in order to learn basic, intermediate and an advance level of English, Chinese, German and Arabic. SSL is also offering emerging IT courses in Web Development, Digital Marketing, User Experience Design, Cyber Security, Animation/VFX, and E-Commerce.

SACHET School of Languages is an approved preparation centre for IELTS and member of the British Council Partnership Program.



196

Students attended IELTS & OET Preparatory classes



193

Students received training in Spoken English



6

Students completed Spoken Chinese course



IELTS Preparatory Class at SACHET School of languages, F-8 Markaz, Islamabad.



## SSL ALUMNI RE-UNION

SACHET School of Languages (SSL) organized its first annual alumni re-union on Tuesday, 31<sup>st</sup> December 2019 at SSL Auditorium, Al-Babar Center F-8 Markaz Islamabad. Over 70 alumni and guests participated to celebrate the evening. It was a fantastic opportunity for the students and teachers to meet Chief Guest Dr. A. Q. Khan NI & Bar, HI (Founder and President of SACHET-Pakistan) and to reconnect with instructors, friends and classmates.

Around 70 participants including Lt. General (R) Dr. Riaz Ahmad Chowhan (Member, BoD SACHET), Mr Ahmad Khan (Former Federal Secretary), Mr Muhammad Faheem (Chief Executive Director, SACHET), Amin Muhammad (ED, SACHET) Dr. Saeed Mustafa (Dental Surgeon), Raja Arshad Mehmood, current students and team members of SACHET were present at the occasion.

Honourable Chief Guest, Dr. A.Q. Khan NI & Bar HI, along with Lt. Gen Dr. Riaz Ahmed Chowhan, Mr Muhammad Faheem and Mr Ahmed Khan cut the cake and Dr. A.Q. Khan NI & Bar, HI presented the flower bouquets to the instructors and shared his views with the participants. He said "SACHET School of Languages is serving the community through arming the students with the skills of Modern Languages. It is very encouraging to see that as many as 200 students have graduated from SACHET School of Languages in such a small period of time. I truly understand the importance of learning these modern languages as myself worked very hard in learning some of the European languages i-e. English, German, French and Dutch and have benefited a lot by the means."



SSL Alumni re-union and New Year celebration with Dr. A.Q.Khan, NI & Bar, HI at SACHET School of languages F-8 Markaz, Islamabad.



## KASB-E-KAMAL



Kasb-e-Kamal brand of SACHET is an upscale health care clothing line for health care service providers at hospitals, clinics and diagnostic laboratories. Kasb-e-Kamal distinguishes itself as a socially conscious brand that gives back to the community, affordable quality clothing for men, women and children.

Our product line offers a high level of value and durability for the price, and give consumers confidence that their money is well and wisely spent.

Kasb-e-Kamal has a pool of 50 skilled human resource (women) trained and certified from Punjab Board of Technical Education Board working at two manufacturing units located in Rawalpindi, and Islamabad.

**For orders and inquiries call at 051-2254933, 0312-5139839**



Kasb-e-Kamal Production unit at Pinyali, District Rawalpindi.



## FINANCIAL SUMMARY FY 2019-20

Year	2019	2020
<b>Income</b>		
	Amount in PKR	Amount in PKR
Grant from Govt. of Pakistan	600,000	600,000
Amortization of deferred income	1,844,711	1,844,711
Income from programs	12,464,430	5,887,311
Investment Income	12,585,791	12,239,001
Other income	16,201,875	5,478,875
<b>Total Income</b>	<b>43,696,807</b>	<b>26,049,898</b>
<b>Expenditure</b>		
Administrative Support Cost	3,931,328	4,111,290
Program Development and Implementation Cost	7,669,970	7,020,615
Direct Program Cost	19,558,736	16,477,606
Bank charges	187,517	13,987
<b>Total Expenditure</b>	<b>31,347,551</b>	<b>27,623,498</b>
<b>Endowment</b>		
National Saving Certificates	107,650,000	108,900,000
Bank deposits	4,935,387	3,204,075
Land and Immovable Property	15,064,215	14,311,004

The detailed audit report for the year closing June 30, 2020 can be found on SACHET's website [www.sachet.org.pk](http://www.sachet.org.pk)

M/s JunaidyShoibAsad – Morison KSI (Chartered Accountants')  
[www.morisonksi.com](http://www.morisonksi.com)

## Members Board of Directors

Dr. A.Q. Khan, NI & Bar, HI	Founder, President
Lt. Gen. (R) Dr. Riaz Ahmed Chowhan, HI (M)	Member, Board of Directors
Prof. Justice Muhammad Al-Ghazali	Member, Board of Directors
Mr. Muhammad Sajid	Member, Board of Directors
Mrs. Hendrina Khan	Member, Board of Directors
Ms. Ayesha Khan	Member, Board of Directors
Mr. Raja Arshad Mehmood	Member, Board of Directors

## Executive Management

Mr. Muhammad Faheem, ndc  
*MBA (Rutger's), MS (QAU)*  
Chief Executive Director

Mr. Amin Muhammad  
*M.A, MS (Communications)*  
Executive Director

Mr. Aatif Nuhullah  
*CA, M.A, LLB*  
General Manager

## Program Implementation Team

Dr. Rehana Hidayat, *MBBS, SACHET Clinic Gagri*

Dr. Ishrat Ihsan, *MBBS, SACHET Clinic Pinyali*

Dr. Kanwal Riaz, *MBBS, SACHET Clinic Banigala*

Dr. Arooj Salahuddin, *MBBS, SACHET Clinic Pathargarh*

Mr. Raja Rookan Zaman, *MBA*

Ms. Chaman Malik, *MBA*

Ms. Saima Bashir, *M.A*

## Legal Status

Registration Number : **VSWA/ICT/306** | National Tax Number (NTN) : **2298778-9**

SACHET (Society for the Advancement of Community Health Education and Training) is a Pakistani organization registered on May 05, 1999 under the Voluntary Social Welfare Agencies (Registration and Control Ordinance 1961) issued and authorized by Islamabad Capital Territory Administration, Govt. of Pakistan.

Exempted from income Tax under Government of Pakistan, Central Board of Revenue's Notification no. SO-III-26(288)/2001-2002-7779 Date: 27-04-2002 and renewed dated 10-04-2006, under section 2 (36) of the income tax ordinance 2001. Exempted u/s 58(3) of the income tax ordinance 2001.

## Legal Advisers

M/s Mandviwalla & Zafar Advocates, Islamabad  
[www.mandviwallaandzafar.com](http://www.mandviwallaandzafar.com)

## Auditors

M/s JunaidyShoibAsad – Morison KSI (Chartered Accountants)  
[www.morisonksi.com](http://www.morisonksi.com)

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☎ 0092-51-2254933 Fax: 0092-51-2254933  
✉ info@sachet.org.pk 🌐 www.sachet.org.pk



## Program Unit Offices

SACHET Community Development Program Unit,  
Banigala Village Mohra Noor, Near Rawal Dam Banigala,  
Islamabad. Phone: 0092-51-2612629

SACHET Community Development Program Unit, Gagri  
Village Gagri Japani Road, Sihala District Islamabad  
Phone: 0092-51-4485525

SACHET Community Development Program Unit, Pinyali  
Village Pinyali Main Kahuta Road, District Rawalpindi  
Phone: 0092-51-4980094

SACHET Community Development Program Unit,  
Pathargarh Babraki Village Pathargarh, Hassan Abdal.  
District Attock



## SACHET Clinics

Healing hands, caring hearts  
Since 1999

SACHET Clinic, Banigala  
Phone: 0092-51-2612629

SACHET Clinic, Gagri  
Phone: 0092-51-4485525

SACHET Clinic, Pinyali  
Phone: 0092-51-4980094

SACHET Clinic, Pathargarh  
Phone: 0092-51-2562416



SACHET SCHOOL  
OF LANGUAGES

## IELTS™

registration center for The British Council

SACHET School of Languages (SSL) is a subsidiary of SACHET-Pakistan. SSL offers preparatory classes and registration services for IELTS, language proficiency courses in English (Spoken & Business English), Chinese (Spoken & Business Chinese) German, Arabic language and English for Educators.

📍 Office 16, First Floor, Al-Babar Center  
F-8 Markaz, Islamabad - Pakistan

☎ 051-225.5053, 225.4933

✉ info.ssl.sachet@gmail.com

📱 📷 📘 SACHET School of Languages

🌐 www.ssol.com.pk



Kasb-e-Kamal, brand of SACHET is an upscale health care clothing line for health care service providers at hospitals, clinics and diagnostic laboratories. Kasb-e-Kamal distinguishes itself as a socially conscious brand that gives back to the community. Our product line offers a high level of value and durability for the price, and give consumers confidence that their money is well and wisely spent.

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